



Bernalillo County Behavioral Health Initiative and Department of Behavioral Health Services (DBHS) Monthly Report

Project Status as of 09-03-19

Programs in Operation from the Behavioral Health Gross Receipts Tax (BH GRT)¹

Community Connections:

Re-entry and Frequent Utilizer Supportive Housing provides intensive case management linked with scattered site housing to a target population of homeless or precariously housed persons with mental illness or co-occurring disorders or other disabilities and whose lack of community-based services have resulted in criminal justice system involvement. The program provides high quality intensive wrap-around services and housing subsidies to support individuals. The program was expanded to include frequent utilizers. This expansion focuses on individuals with behavioral health issues who are homeless or precariously housed and are frequent utilizers of emergency room and other services. The expansion provides for 55 scattered housing vouchers with case management services. In FY19, there were 63 new admissions to the program.

- Bernalillo County Funding: \$1.3 million annually recurring
 - City of Albuquerque Funding: \$500,000 annually recurring
 - Program implemented May 2017
 - 100 vouchers
 - Bernalillo County Funding 1.2 million
 - Meeting held with University of New Mexico Hospital (UNMH) Pathways, Presbyterian, and other community providers to identify high utilizers and now working on admissions.
 - 55 vouchers
- Status Update: July 2019, 99 clients served and 524 hours of case management services provided. Funding increase approved by BCC in the amount of \$200,000 to increase case management services. Currently amending existing contracts to accommodate. A new RFP was issued for scattered site supportive housing for up to \$500,000. A contract was executed 8/30 with Crossroads for Women to serve 100 women in supportive housing. UNM contract has been amended to increase an additional 40 clients. Program policies and procedures will be updated to reflect the inclusion of transition age youth (18-24 years old) as approved by BCC.

Adverse Childhood Experiences (ACES):

ACES providers support at risk children and their families across the full continuum of services including primary prevention, identification, early intervention, support and treatment, harm reduction, outreach, and services in children's homes and within the community. Target Population: youth aged zero through five and school-aged youth up to age 18 at risk for experiencing adverse childhood experiences.

- Bernalillo County Funding: \$2.9 Million annually recurring
- Currently contracting with seven providers in the community to increase resiliency and decrease risk associated with ACES.

¹ *Data for BHI contracts is provided on the fifteenth of each month for the month prior so the data provided in this report is one month behind the current reporting date.

- Programs were implemented June 2017 with a few month ramp up period, renewals for two additional years for all seven contracts are complete.
 - In the 2019 legislative session, House Bill 267 passed the House and the Senate. Based partly on the work of a task force headed by former state Supreme Court Justice Ed Chavez this law amends a section of the mental health and disability code to allow the research agent of a governmental agency to view identified data for research purposes as long as they are subject to the review of an institutional review board and in compliance with the federal Health Insurance Portability and Accountability Act of 1996 or any succeeding legislation. Generally, this means that the research agent of the Department of Behavioral Health Services, the Institute for Social Research, will request identified data from providers in an effort to complete a comprehensive evaluation of services provided.
- Status Update: FY20 3,282 service hours were delivered to 579 clients in the month of July 2019. Sixty percent of clients served in July had a high ACE score of 4 or more.

Mobile Crisis Teams (MCTs):

MCTs are a City of Albuquerque and Bernalillo County collaboration that responds to individuals experiencing a nonviolent behavioral health crisis that necessitates a 911-response. There are four teams, with each consisting of a crisis intervention unit deputy paired with a masters' level, behavioral health clinician.

- Bernalillo County Funding: Not to exceed \$1 million annually recurring Four teams available for service (2 APD, 2 BCSO), seven days a week.
 - UNM ISR has an approved human subject study. ISR staff have reviewed calls for service data, de-identified clinician data, general calls for service data, and began ride alongs in January 2019 for evaluation purposes.
 - City of Albuquerque Funding: \$456,291
 - Implemented February 2018 with a ramp up period
 - ISR reports that Between the months of February 2018 to October 2018 there were 773 clinician encounters. The most common chief complaint on calls for service resulting in a clinician encounter was suicide (46%). Thirty-two percent of clients responded to having used substances in the past 30 days, 11% reported having legal involvement in the past 30 days, 6% reported having been in inpatient hospitalization in the past 30 days, and 12% reported psychiatric emergency services in the past 30 days. Only 3% of client encounters resulted in an arrest of the client, 55% resulted in the transport of the client, and 31% of client encounters resulted in the client being left in the community.
- Status Update: In July there were 224 MCT units dispatched. In July 53 individuals were transported, 103 were left in the community, 1 were arrested. APD is in the process of staffing up for two additional teams, one is in place and HopeWorks is in the process of finding a clinician to staff the second.

Community Engagement Teams (CETs):

CETs help people and their families voluntarily cope with the effects of mental illness and substance abuse disorders in the comfort of their homes and communities pre and post crisis. CET helps individuals avoid the criminal justice system or emergency room, and provides case management, brief solutions focused therapy, and linkages to community resources. Individuals or family members who could benefit from a CET will be referred through crisis and warm lines, such as the New Mexico Crisis and Access Line, (1-855-NMCRISIS), as well as the local law enforcement Crisis Intervention Team database and case management systems.

- Bernalillo County Funding: Not to exceed \$1 million, currently redrafting RFP to strengthen and specify language and reissue RFP this fall. Initial issuance of RFP was unsuccessful.

- Bernalillo County Funding: \$1 Million annually recurring
- Contract with CET provider was terminated and Bernalillo County is going back out to RFP.

Youth Transitional Living (YTL):

YTLS services are for at-risk youth who are precariously housed or homeless with a mental health or substance abuse diagnosis. The funding provides youth transitional living services and housing for clients who are not currently funded by the Children Youth and Families Department, Bernalillo County, or other third party-funded programs. This initiative also provides a housing bridge to youth, who would otherwise would continue to be detained at YSC due to lack of safe transitional housing. Four agencies provide these services:

- Bernalillo County Funding: Not to exceed \$800,000.00 annually recurring
 - Currently contracting with four providers for Youth Transitional Living Services (Casa Q, YDI, A New Day, and Serenity Mesa).
 - Implemented May 2018 with a ramp up period
- Status Update: In July 2019, 75 clients have been served, including 8 youth from YSC and 810 case management hours were provided. All four contract providers meet monthly as collaborative to address systems issues and better align services with support from the County. Currently three of the providers (New Day, YDI and Serenity Mesa) are working on a collaborative application to HUD through the Albuquerque COC for youth transitional living.

Peer Support Drop in Centers:

Peer support driven drop-in centers work to serve community members living with mental health and/or co-occurring substance use disorders. Recovery services are provided by peers who have lived experience, creating an environment where members have a robust opportunity to engage in healthy life-changing recovery efforts.

- Bernalillo County Funding: Not to exceed \$300,000.00 annually recurring
 - Implemented September 2018 with a ramp up period
 - Albuquerque Center for Hope and Recovery (ACHR) is providing adult services, including the Addicts 2 Athletes substance abuse program at the Westside Community Center in the South Valley and 4th street main offices. ACHR ACHR is providing services at the Unser and Central Westside Library. New Day's Youth BLAST ("Building Lives around Self Truth") Peer Support Drop-in Center is partnering with other youth serving agencies to create a safe place for young people (16-22 years old). The drop in center is at Johnny Tapia Community Center at Wells Park and the hours of operation are Wednesday-Friday 12-7:30pm.
- Status Update: In July 2019, 174 clients have been served and provided more than 200 hours of services..

Transition Planning-Resource Reentry Center (RRC):

Bernalillo County's Metropolitan Detention Center (MDC) and the Behavioral Health Department, in partnership with the University of New Mexico (UNM) operate a Resource Reentry Program (RRC). All Metropolitan Detention Center releases are transported to the RRC where they can be linked with services. Additionally, transition planners work with inmates at the jail to develop transition plans that identify the services and supports inmates will need upon release. Once at the RRC, case manager assists these individuals to carry out their transition plans. This project involves significant cross-agency coordination and the collection, sharing and reporting of data related to case management and transition planning for individuals cycling through the criminal justice (CJ) and behavioral health (BH) systems.

- Bernalillo County Funding: \$1 Million annually recurring
 - Implemented May 2018 with a ramp up period
- Status Update: Between 7/3/19 and 8/6/19, there were 249 transports to the RRC and 2134 clients went through the RRC; 1238 cups of coffee and 954 snacks were provided; 956 people used the phone and 132 used a computer; and 32 people spent the night. DBHS is currently navigating modifications to the RRC program and contractors in order to ensure the clients have the best possible outcomes in the community. DBHS, staff at the RRC, and staff at MDC have been working closely with the new contracted provider to ensure that the receiving screening form that collects information during intake at MDC with work effectively in the database and that data will be shared with the entities that need it. The new receiving screening was implemented on February 1st, 2019.

Training and Education:

This effort will provide education and training on behavioral health awareness, information, skills, and education for community members and individuals with direct contact with populations that have behavioral health needs or who need assistance to navigate behavioral health and other health and community services. Examples include Trauma Informed Care and Motivational Interviewing train-the-trainer courses.

- Bernalillo County Funding: Not to exceed \$1,000,000 per year for three years for a total of \$3,000,000.
 - Implemented February 2019 with a ramp up period
- Status Update: Contracts awarded to Motivational Interviewing Inc., including a train-the-trainer program, Bernalillo County Community Health Council for Medication Assisted Treatment and Opioid Use Disorder trainings and Serna Solutions for behavioral health trainings. Classes are currently scheduled and many have filled rapidly. The department has made a concerted effort to engage current contractors to help build capacity. Serna Solutions provided Trauma Informed Care training to community organizations including the Boys and Girls Club in July and RFK Charter School in August.
- As of the start of FY20 184 clients have been served and providers have completed a total of 7 trainings. For the month of July 100% satisfaction with trainings reported.

Housing Voucher Support:

This funding will support additional housing vouchers to provide housing assistance short-term (up to two months) in sober living or other short-term housing. The target populations are individuals who are adults in Bernalillo County: 1) who have completed a-treatment program of 28 days or longer in MDC or in the community and who wish to stay alcohol and drug free in sober living housing; or 2) who have a substance use disorder and/or a serious mental illness who are receiving services and supports (whether BHI funded or not) and for whom short term housing is a part of their treatment plan.

- Bernalillo County Funding: Not to exceed \$1,000,000 (one-time)
- Status Update: Currently developing process for awarding vouchers.

Behavioral Health Crisis and Stabilization Services:

The intended interventions include collaborations between the Bernalillo County Department of Behavioral Health Services and the University of New Mexico Hospital in order to expand existing programs to meet gaps in the crisis continuum and to further develop crisis triage services in Bernalillo County.

- Up to \$3 million annually re-occurring funding from BH GRT and one time capital investments on a date to be determined.
- DBHS and UNMH have signed the IGA for agreed upon services to be provided on the MATS campus.
- Proposal passed through BCC 11/13

- Status Update: DBHS has received its licensure from DOH and is expecting a soft opening of stabilization services in July of 2019. DBHS has been working with UNMH to hire medical staff and develop protocols for medical staff on the MATS campus. UNMH will take over medical services July 1.

Single Site Supportive Housing:

This joint City/County project will provide 40 to 60 individual housing units with on-site services for single adults aged 18 or older who are homeless or precariously housed; who have a diagnosable mental, behavioral or emotional disorder, substance abuse disorders, and/or serious mental illness; and experience significant behavioral health challenges that require a more intensive level of services to maintain stability. The building will be staffed 24-hours a day, with security cameras both inside and outside of the building. The single site model will be a collaboration between Bernalillo County and the City of Albuquerque (COA).

- Up to \$3 million from Bernalillo County and \$2 million from COA
- Status Update: COA has awarded a contract for development and land acquisition for the single site and Bernalillo County has selected HopeWorks as the provider of supportive services.

Peer Case Management:

Promising practice utilizing peers to assist as a part of a team to provide case management to those with behavioral health needs. No longer in RFP process, contracts are executed.

- Status Update: FY20 July 182 clients served. Contract with Centro Savila was executed for peer case management services to include support at the Westside shelter for \$500K. Centro Savila staff are collaborating closely with CABQ and UNM medical staff at the Westside Shelter to assist some of our most vulnerable citizens. Crossroads for Women aftercare program was executed for 68k. All services began July 1.

Currently in the Request for Proposal (RFP) Process

Single-Site Multifamily Permanent Supportive Housing:

This proposal will provide on-site services for single individuals or individuals with families, an option not provided for in the first single site proposal, who are housed in a 40 to 60-unit single-site multifamily permanent supportive housing community. By clustering services on-site, residents and their families will be able to easily access much needed supports including case management, medical and behavioral health services, non-medical transportation, counseling, employment, family and education services, assistance with federal and state benefits, and group meetings/therapy. The single-site multifamily permanent supportive housing community will need to be staffed 24-hours a day, with security cameras both inside and outside of the building. Offerors will be required to describe the ways in which they will provide these services on site.

- Bernalillo County Funding: Up to \$8 million (one-time) for site development and up to \$1 million annually recurring for services and vouchers
- Status Update: Proposal passed in the BCC in February. The RFP is in development.

Law Enforcement Assisted Diversion project (LEAD):

Bernalillo County and DBHS, in collaboration with – Albuquerque Police Department (APD), Bernalillo County Sheriff, District Attorney’s Office, and Office of the Public Defender – are working together to develop and implement a LEAD program that will appropriately divert non-violent adults with a Serious Mental Illness and/or Substance Use Disorder from the criminal justice system to community-based alternatives and services prior to arrest and booking. Currently a Memorandum Of Understanding outlining the responsibilities of all the Partners and signed by all of the partners (City of Albuquerque, Bernalillo County District 2 District Attorney, Law Office

of the Public Defender, an individual with lived experience, Santa Fe LEAD and the New Mexico Drug Policy Alliance has been finalized. Furthermore, an ABCGC Resolution has been completed and will go before the ABCGC when LEAD is formally launched. Inclusionary and exclusionary criteria have been determined. Our Planning Team continues to meet monthly as part of the Criminal Justice Coordinating Council's Diversion and Reentry Subcommittee. This Team includes representation from: Bernalillo County, Albuquerque Police Department (APD), Bernalillo County Sheriff's Office (BCSO), Office of the Public Defender, District 2 District Attorney's Office. Additionally, APD Southeast Area Command, Problem Response Team officers, Sergeant Dosal and Sam Howarth and Ramses Leyva meet bi-weekly to work on issues and get the SOP and LEAD officer training module approved by APD.

- Funding to date includes up to \$250,000 a year recurring from Behavioral Health Gross Receipts Tax and \$50,000 from the Urban Institute and the Joh D and Catherine C MacArthur Foundation's Innovation Fund allocated for 15 months between 10/01/2018 and 12/31/2018. Additionally, the Legislature approved \$189,714 for LEAD Bernalillo County. We are putting together a budget presently.
- Status Update: We hired our first LEAD case manager, Ramses Leyva. He and the 3 Intensive Case Managers that work from the MATS Campus, Sargent Dosal and Detective Blutworth (APD) and Sam Howarth went to Santa Fe on April 2nd to get trained by Santa Fe LEAD case managers. Sargent Dosal and Detective Blutworth have developed the APD training for LEAD police officers and they are pushing it and the draft LEAD Standard Operating Procedure through the APD system towards adoption. I presented on LEAD at the ECHO CIT, the CJCC, and the CJCC Diversion and Reentry Subcommittee. We just received the packet from HR with resumes from candidates who applied for two additional LEAD Case Manager positions with the County. We have made one offer and are now waiting on HR. The DA's Office has identified their LEAD point person. His name is John Osbourne and he handles LEAD deferrals for Santa Fe and Rio Arriba County so is very familiar with LEAD
- BCSO went live with LEAD in the South Valley beginning July 2nd. Initially, they trained 2 deputies. To date they have trained approximately 35.
- APD conducted a training for the Southeast Area Command, Problem Response Team officers (6 officers) on August 13th.
- APD LEAD went live on August 14th.
- Deputy DA, John Osborne has been dedicated as their representative for LEAD.
- BCSO, DA, LOPD a person with lived experience and DBHS (Ramses Leyva and Sam Howarth) held the first ever LEAD Case Coordinating meeting on August 5th at which we discussed cases and lessons learned. Currently we have intake 4 individuals into LEAD.
- We have a second LEAD Case Manager hired. She works at MATS currently and will move to LEAD as the volume of referrals increases.
- Currently there 12 individuals enrolled in LEAD.

➤ **Suicide Prevention:**

Suicide is a difficult and complex social health problem facing residents of Bernalillo County. Understanding how social factors like mental illness, substance use, violence, isolation, and stress may be interrelated motivating factors for the prevalence of suicide is important in the development of strategies of prevention for this prevalent social problem. Suicide prevention strategies and programs aim to prevent the risk of suicide, and lessen the immediate and long-term harms of suicidal behaviors. Individuals and the communities they are a part of are in urgent need of training, education, and services focused on suicide prevention. The Prevention, Intervention and Harm Reduction subcommittee has recommended a proposal to fund programs targeting suicide prevention in the amount of \$1 million.

- Up to \$1 million annual recurring funding from BH GRT
- Status Update: Contract negotiations are currently pending with three providers presenting an array of services for youth and adults.

Current and Upcoming Services by DBHS on Zuni Road

Public Inebriate Intervention Program (PIIP): Developed and implemented in FY13. The DBHSDBHS collaborated with the University of New Mexico Health Services (UNMHS) and the Albuquerque Police Department (APD) to implement a pilot program known as the Public Inebriate Intervention Program (PIIP) to relieve congestion in UNMH's Emergency Room and Psychiatric Emergency Services. Its intent was to reduce the number of bookings at MDC by providing stabilization, observation and placement support services at the MATS Facility to public inebriates. The program provides for individuals to be housed in a safe place while struggling with the effects of alcohol or other substance use. Individuals are provided with a sack meal and a place to stay for up to 24 hours unless they choose to enter and participate in the MATS Detox Program.

- In July, 2019 there were 587 PIIP intakes by 258 unique individuals. 98 of the admissions were female, 466 were male and 14 were transgender.

Detox Program:

Provides a short term social model program that is designed to address the alcohol and alcohol abuse problem in Bernalillo County. The program provides a safe environment to individuals who require detoxification services, non-medical interventions and referrals. It also serves those individuals who would otherwise be transported by law enforcements or emergency medical services to jail or to one of the local emergency rooms. Medical services are available to clients through a collaborative effort with the New Mexico Department of Health (NM DOH) Turquoise Lodge Hospital, the University of New Mexico Hospital and other local hospitals. Medical Services are expected to be provided entirely by University of New Mexico Hospital Starting 03/01/2019. The program currently manages a forty-eight (48) bed capacity (32 male and 16 female). Program services are offered to public inebriates for the purpose of withdrawing from alcohol and/or other drugs. Staff provides observation, intervention, safety and educational services on the disease of addiction to all clients entering the program. Staff also provides screening, brief assessment, referral, AccuDetox, substance abuse psycho-education groups, recovery planning, treatment planning.

- In July, 2019 we served 202 unique individuals in our detox program. We had 237 intakes (Some individuals were served more than once in July).
- The average length of stay was 4.05 days, up from 3.83 days in July

Addiction Treatment Program (ATP):

Provides a four week inpatient jail-based treatment program treating DWI offenders and offenders with substance use disorders who are referred by the Judicial System. The ATP program utilizes a Community Reinforcement Approach (CRA) treatment modality. Each ATP participant receives a week of structured assessment by a licensed clinical staff member. The week of assessment is followed by three weeks of curriculum designed to provide a solid base core of knowledge and skills that can aid clients in maintaining a substance free life in the community.

- In July, 2019 we served 76 individuals through our ATP program, up from 58 in June.
- Average length of stay was 26.92 days.

Supportive Aftercare Community Program (SAC):

Provides a low-intensity residential service social model program that is designed to allow the clients to remain in a supportive recovery environment after completing alcohol and drug detoxification and/or rehabilitative services. This program provides clients with the opportunity to reintegrate back into the community as productive drug-free members of the community. The program provides a structured living environment that emphasizes daily living skills and long-term management of recovery through life skills training geared for individuals in recovery from a

substance use disorder. The modality used for classes in SAC is the Community Reinforcement Approach (CRA). Program participation in the SAC program is voluntary and is provided at no cost to qualifying New Mexico residents seeking a supportive recovery environment after completing alcohol and drug detoxification and/or rehabilitative services. Potential clients are screened by a team to ensure appropriateness for the level of care and support provided at the facility. Individuals may be referred to SAC from DOH's Turquoise Lodge, other DBHS programs, or other referral agencies. Any New Mexico resident, age 18 or over, who has had an inability to maintain post-treatment recovery in their respective community and who is in need of continued supportive care can apply.

- In July, 2019 we had 3 admissions into our SAC program.

Mariposa Residential Program:

Provides housing, medical services, case management, and drug rehabilitation services to Pregnant/Post-Partum Women and their infants. Through collaborative efforts with the NM DOH and UNMH, DBHS operates the eight-bed Milagro Residential Program on the MATS campus. The program serves women in the community, as well as women transitioning from the Metropolitan Detention Center. To be considered for the program, an application must be completed and submitted to DBHS. Admissions to the program are based on a joint decision from UNM, DOH, and DBHS to ensure all aspects of care needs are met.

- During the month of July, 2019 we averaged 5 mothers and 3 babies.

Renee's Project Supportive Housing Program:

Provides supportive housing assistance and case management services for homeless women who have children and are recovering from drug and/or alcohol addiction. Renee's Project works closely with identified women to reintegrate them into the community after being homeless. Renee's Project staff encourages and facilitates the reunification process between women and their minor children. Participants in Renee's Project are provided with rental assistance vouchers for themselves and their minor children. Case management services include links to community-based recovery services as well as other supportive services. Through the comprehensive services provided by Renee's Project, the women will receive workable solutions, interventions related to independent living, and development of a community-based support network designed to strengthen and preserve the family unit.

BHI PROJECTS VETTED AND FUNDED TO DATE

<u>PROGRAM</u>	<u>BCC APPROVED DATE</u>	<u>NON RECURRING</u>	<u>RECURRING</u>
Administrative Payroll	October 11th, 2017	\$0.00	\$1,597,488.24
Behavioral Health Advisor	September 27th, 2016	\$0.00	\$140,000.00
Evaluation and Data Analysis	September 27th, 2016	\$0.00	\$357,000.00
Mobile Crisis Teams	December 13th, 2016	\$0.00	\$1,000,000.00
Re-Entry Resource Center	January 10th, 2017	\$700,000.00	\$1,041,188.00
Crisis and Stabilization	November 13th, 2018	\$30,000,000.00	\$3,000,000.00
Adverse Childhood Experiences	September 27th, 2016	\$0.00	\$3,000,000.00
Community Engagement Teams	September 27th, 2016	\$0.00	\$1,000,000.00
Training and Education	January 9th, 2018	\$3,000,000.00	\$0.00
Bridging Behavioral Health	June 11th, 2018	\$100,000.00	\$100,000.00
Suicide Prevention	November 13th, 2018	\$0.00	\$1,000,000.00
Law Enforcement Assisted Diversion	November 13th, 2018	\$0.00	\$250,000.00
Peer Supports Drop In Centers	May 14th, 2018	\$0.00	\$300,000.00
Peer Case Management	January 9th, 2018	\$0.00	\$620,000.00
Living Room Model	May 14th, 2018	\$640,000.00	\$0.00
Community Connections	April 16th, 2016	\$30,827.00	\$2,700,000.00
Youth Transitional Living	September 27th, 2016	\$0.00	\$800,000.00
Single Site Housing	March 27th, 2018	\$2,000,000.00	\$1,000,000.00
Transitional Housing Vouchers	September 11th, 2018	\$1,000,000.00	\$0.00
Single Site (Multi Family) Housing	February 27th, 2019	\$8,000,000.00	\$1,000,000.00
Westside Emergency Shelter	May 14th, 2018	\$400,000.00	\$0.00
Capital for Behavioral Health Services	August 20th, 2019	\$3,000,000.00	\$0.00
Safe Housing for Sex Trafficked Youth	August 20th, 2019	<u>\$1,000,000.00</u>	<u>\$0.00</u>
	TOTAL	\$49,870,827.00	\$18,905,676.24

