

Behavioral Health in New Mexico: Challenges and Opportunities

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Key Behavioral Health Challenges Facing New Mexico

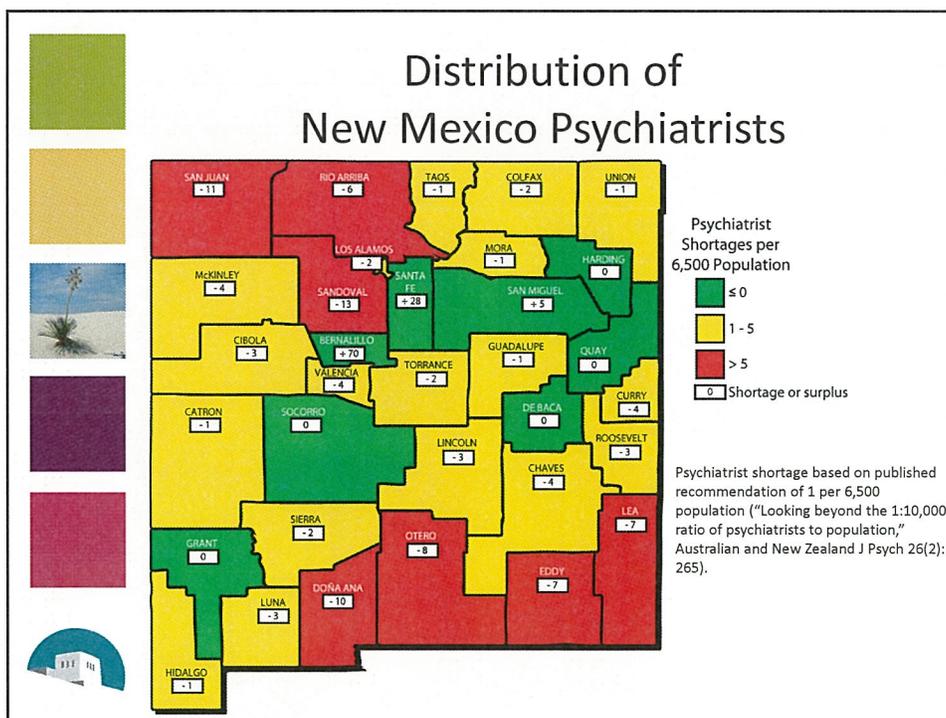
- Substantial behavioral health disparities compared to national rates
 - Deaths from suicide (20.9/100,000 in NM vs. 12.1/100,000 in US)
 - Deaths from drug overdoses (50.5/100,000 in NM vs. 27.6/100,000 in US)
- System is fragmented and needs better care coordination framework including expanded use of traditional case management
- Limited behavioral health workforce at all levels
- Need for prevention, screening and early intervention programs
- Need for coordinated crisis system of care statewide
- Need for expansion of all levels of behavioral health care and, especially, intermediate-level programs such as partial hospitalization, day treatment, ACT teams, intensive outpatient
- Need for expanded supportive services, especially supportive housing
- Longstanding concerns about inadequate reimbursement rates

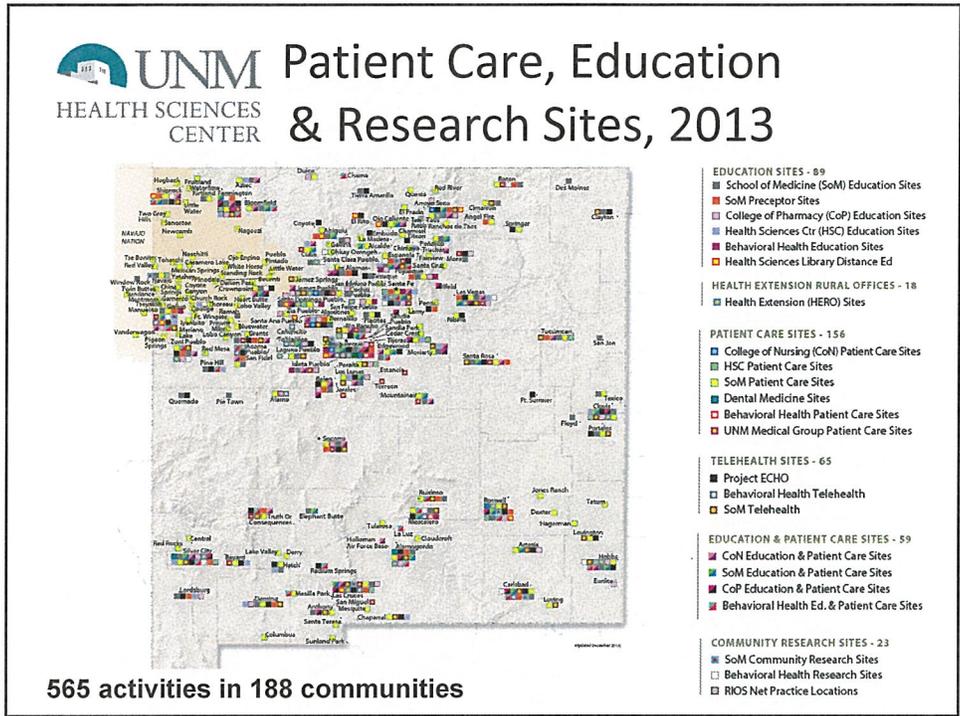


HB 19: The Health Care Work Force Data Collection, Analysis and Policy Act

In 2012, HB 19 became law and the following occurred:

- Licensure boards are required to develop surveys on practice characteristics.
- Licensure data was directed to UNM HSC for stewardship and storage.
- The establishment of the New Mexico Health Workforce Committee, to include state-wide constituents.
- The Committee is required to evaluate workforce needs and make recommendations.





Brain and Behavioral Health Institute

- Objectives
 - Become a national leader in development of effective interdisciplinary clinical teams.
 - Facilitate or establish effective partnerships between the BBHI and communities throughout New Mexico.
 - Develop major new research programs.



BBHI is Addressing Behavioral Health in New Mexico

New Research Teams and Programs

- Interventions for behavioral health consequences of brain injury (CoBRE).
- Improved quality of life for those living with behavioral health comorbidities of degenerative neurological disorders (PCORI).

New Community Education Initiatives

- Panel discussions with consumers, family members, clinicians and researchers.
- Education on the "Role of the Brain in Addiction" at the Heroin Awareness Program at the Albuquerque Film and Music Experience Festival.
- Ongoing Monthly education seminars to a BBHI-supported consortium of community advocacy groups. Upcoming talks include "What causes psychiatric illness?" and "How do psychiatric medications work?"

Support for Interdisciplinary Efforts

- Bringing together clinical providers, from diverse departments across campus.



Behavioral Health System



- Expanded Crisis Services including Mobile Crisis Teams



- Development of a Crisis Stabilization Center in Bernalillo County.
- Expanded integration of behavioral health services into primary care settings and vice versa.

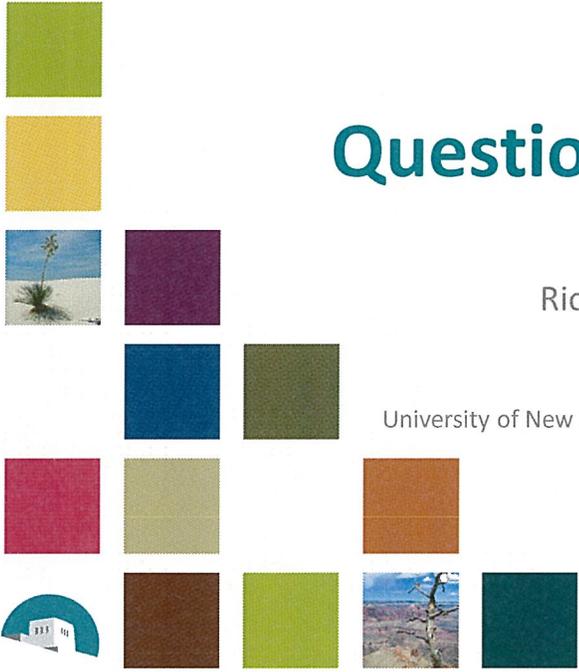


- Enrollment of Medicaid patients at the time of release from the Metropolitan Detention Center, and better connection upon release of inmates into services.



- Parity for Behavioral Health Services with Physical Health and administrative simplification.





Questions?

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