



HEADING HOME

“The Smart Way to do the Right Thing”

Who We Serve

Population is homeless for average 7.5 years (some as long as 20 years) and is 48 ½ years old.

- 66% of them are male
- 83% have mental health issues
- 81% have substance abuse issues
- 79% are dually diagnosed
- 31% have been treated for mental illness against their will
- 86% have been in jail; 33% in prison
- 44% have traumatic brain injuries
- 18% are veterans
- 13% are Native American

What Happens?

Because Maslow’s basic need for survival and safety is met, people are able to engage with their behavioral health treatment plans and they succeed.

- Hospital inpatient costs decreased by 39%
- Jail time decreased by 64%
- Patients (our neighbors) have improved mental health outcomes and stick with treatments

How Do We Know It Works?

- April 2009 – Journal of Community Psychology
 - Study of 80 individuals with mental illness and co-occurring substance-related issues, 84% retention rate at 12-months.
 - <http://onlinelibrary.wiley.com/doi/10.1002/jcop.20303/abstract>

(over)

- 2011 – Paths to Recovery Project, Cincinnati, Ohio (most like CABQ)
 - Study of 91 individuals, 96.9% retention rate at 24-months
 - http://static.squarespace.com/static/513e08bfe4b0b5df0ec24cda/t/533f141be4b0258f11595826/1396642843315/P2R_Housing%20First%20Conference%20Presentation_Pieples.pdf

- Dec. 2013 – American Journal of Public Health
 - Study of 111 individuals with substance abuse and mental health issues, over two-year period of housing, 77% retention rate.
 - <http://ajph.aphapublications.org/doi/abs/10.2105/AJPH.2013.301312>

- 2014
 - Study of 2,148 individuals across Canada. Too complex a study to summarize in a bullet. Findings replicate previous research.
 - http://static.squarespace.com/static/513e08bfe4b0b5df0ec24cda/t/533f13f3be4b0258f115957fc/1396642811607/LookingAtTheCanadianAtHome_Ly_Rabouin_Latimer.pdf