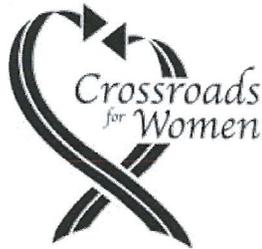


CO-OCCURRING DISORDERS: MENTAL HEALTH AND ADDICTION



K.C Quirk: Crossroads for Women-Executive Director

Monique Asbury: Young Women United-Policy Intern & client of Crossroads for Women

Linda Nastacio: Young Women United-Policy Intern & client of Crossroads for Women

Amanda Hamilton: Client of Crossroads for Women

Centering Women in the Criminal Justice System



Young Women United

- Young Women United leads community organizing and policy change efforts by and for women of color in New Mexico.



Crossroads for Women

Crossroads for Women is a non-profit organization that empowers New Mexico women through wrap-around services to achieve successful reentry, sustainable recovery, and secure futures as they break the cycle of homelessness and incarceration.



Overview

- ❖ Co-occurring disorders
- ❖ Personal Experiences
- ❖ Co-occurring disorders of women in the NM criminal justice system
- ❖ Homelessness and Safety

Personal Experiences



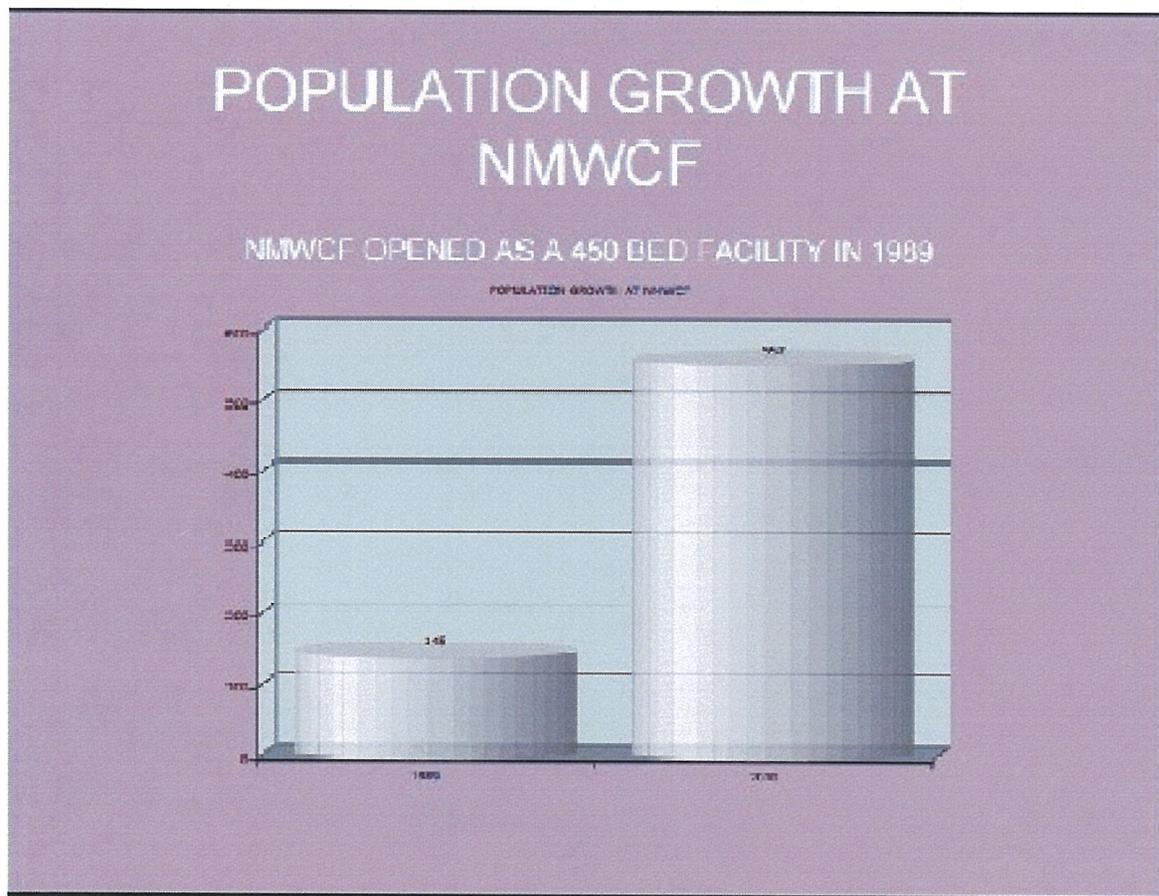
Co-occurring Disorder: Mental Health and Addiction

Co-occurring disorders describes the presence of two or more disorders at the same time.

Mental health disorders and addiction are often co-occurring disorders.

According to SAMHSA's 2012 National Survey on Drug Use and Health (NSDUH). An estimated 43.7 million (18.6%) Americans ages 18 and up experienced some form of mental illness. In the past year, 20.7 million adults (8.8%) had a substance use disorder. Of these, 8.4 million people had both a mental disorder and substance use disorder, also known as co-occurring mental and substance use disorders.

Women in the NM Criminal Justice System



“Since fiscal year 2010, the female inmate population [in New Mexico] has increased by 14%”

-Executive Summary:
Prison Program
Utilization and
Recidivism Among
Female Inmates in New
Mexico

-Treatment Through the Criminal Justice System
Yvonne Lutter, Psy.D., M.S.W.

Women in the NM Criminal Justice System

- “Incarcerated women have higher rates of mental illness than either incarcerated men (73% vs. 55% reporting mental health symptoms currently or within the past year) or than women in the free world (12%)”

Women in the criminal justice system have a higher rate of co-morbid substance abuse and trauma related disorders than either men in criminal justice system or women in general population.

-James and Gaze 2016 (pulled from Treatment Through the Criminal Justice System presentation, April 23, 2010)

-Treatment Through the Criminal Justice System Presentation, April 2010

Women of Color in the Criminal Justice System

- According to the SAMHSA communities of color tend to experience greater burden of mental and substance use disorders often due to poorer access to care; inappropriate care; and higher social, environmental, and economic risk factors.
- New Mexico follows national trends of over-representation of women of color in state Prisons. For example, although 42% of adult women in New Mexico are Hispanic, this group makes up 65% of all incarcerated women in the state.

-SAMHSA.gov

-ps.psychiatryonline.org

What do Women in the Criminal Justice System with Co-Occurring Disorders need?

More investment in what works: some examples

- Crossroads for Women: comprehensive trauma informed services and housing.
- Health Care for the Homeless: no cost medical care for homeless persons
- Milagro: UNM ASAP
- Barrett House: Emergency Shelter
- Accessible gender specific and trauma informed mental health services and substance abuse detox. and treatment

Expanding services through out New Mexico including rural areas that currently lack any services.

Invisibility of the Needs of Homeless Women and their Safety

