

Survey and Comparison
Of
Medicaid Disability Supports Waivers

Prepared for

The New Mexico Legislative
Disabilities Concerns Subcommittee
Senator Nancy Rodriguez, Chair

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Prepared By

Robert Kegel and Associates

P.O. Box 215

Santa Fe, NM 87504

In response to testimony provided to the New Mexico Legislative Disability Concerns Subcommittee regarding the provision of services to persons on the waiting list for the DD and Mi Via waivers administered by the New Mexico Department of Health and the New Mexico Human Services Department a survey was conducted to find out how other states provide services to this group of individuals.

New Mexico serves most of its intellectually and developmentally disabled (IDD) population through waiver programs allowed by the federal Centers for Medicaid and Medicare Services (CMS). These programs allow the state to receive federal matching funds to serve the needs of these individuals in the community as opposed to placing them in institutions. They are known as Home and Community Based Service Waivers (HCBS).

Until recently the New Mexico Department of Health erroneously believed its DD waiver was one of the most expensive in the country. The error was based on the departments misunderstanding of how other states were serving their IDD population with various waivers and thus misunderstanding their comparative costs.

There are 450 approved Medicaid waivers listed for the 50 states on the Federal CMS website. The average state runs 8.5 different waivers. In addition to Comprehensive waivers that provide 24 hour care like New Mexico's DD and Mi Via wavers most states offer Support Waiver services that do not provide 24 hour care or the comprehensive array of services that are common to comprehensive waivers.

Thirty-one states appear to offer Supports Waivers. The overall cost including both state and federal funds ranges from around \$ 400,000 in Montana to over a billion dollars in Florida. Five states have overall cost less than ten million. (See the table on the next page)

Numbers of person served range from 30 in Montana to over 36,000 in Illinois and the average cost per person for all the support waivers is around \$ 15,000 including both state and federal funds.

The array of services and supports that are provided by the states is highly variable and a description of each state waiver is included in the addendum. The information was copied verbatim from the CMS website. It appeared that he most common services or supports that were provided included Respite, Employment Support and Day Hab.

Connecticut and Washington appear to operate two supports waivers. It should be noted that other states also operate separate Children's Waivers in addition to or along with supports waivers.

States with Supports Waivers	Number of persons	Average cost per person
Alaska	2672	\$ 31,388
Alabama	569	\$ 13,054
Arkansas	9205	\$ 7,875
Colorado	4451	\$ 12,753
Connecticut	1350	\$ 19,579
Connecticut	4250	\$ 24,487
Florida	32400	\$ 36,068
Georgia	7793	\$ 11,397
Idaho	10872	\$ 14,416
Illinois	36068	\$ 12,147
Indiana	14171	\$ 8,410
Kentucky	17050	\$ 3,716
Louisiana	2500	\$ 6,956
Massachusetts	2052	\$ 38,231
Maine	1450	\$ 14,291
Missouri	3125	\$ 6,216
Mississippi	3500	\$ 36,250
Montana	30	\$ 13,509
Nebraska	1330	\$ 17,406
New Hampshire	3909	\$ 13,740
North Carolina	1150	\$ 13,401
Ohio	3000	\$ 13,742
Oklahoma	1151	\$ 16,428
Oregon	7805	\$ 5,895
Pennsylvania	11900	\$ 16,524
South Carolina	3300	\$ 8,152
South Dakota	959	\$ 3,598
Tennessee	1802	\$ 10,142
Texas	6026	\$ 8,341
Virginia	300	\$ 14,666
Washington	5256	\$ 12,966
Washington	3351	\$ 930

Source: Centers for Medicare and Medicaid Website.

https://www.medicaid.gov/medicaid-chip-program-information/by-opics/waivers/waivers_faceted.html

In order to project a cost for a Supports Waiver in New Mexico to cover the waiting list a number of steps would have to be followed and certain information gathered. First a determination must be made of the number of person on the waiting list that are 21 and under.

Once this information is garnered then the entire waiting list population should be polled to determine what services or supports are the most needed. At that point the department should undertake a comprehensive review of other states with support waivers to determine the most effective and cost efficient method to deliver the services and supports.

The information from the review should be aggregated and made public prior to a number of meetings across the state to garner public input. Asking for public input without providing real information regarding the department's intent or providing information on the various options the department considered is not realistic input and clearly fails to meet the intent of state law. (NMSA. 28-16A-13.)

The Developmental Disabilities Planning Council should be consulted in accordance with applicable state law to insure all the appropriate input is considered prior to submitting a plan to the legislature to enact legislation authorizing a Supports Waiver.

Previous plans developed by the department such as the response to Senate Memorial 20 had serious flaws. Senate Memorial 20 requested the department address the cost to reduce the waiting list to three years. The department selected a figure of 3900 participants and estimated it would take 86 million dollars of state money to serve them. (86 million at 30% would be a total of about 286 million with the federal share or an average budget of about \$ 73,500 each)

In the age breakdown provided in the report, the 3900 persons to be served would include all of those over 22 and all of about 934 from 18 to 21 and about 600 of those below 18 years of age. The problem is that individuals under 22 still receive services from the schools and get therapy and a day program. Further, those under 18 get school services and don't qualify for residential care without a special exception. Thus the average budget of \$ 73,500 used in the report exaggerates the need of these groups by a large factor and thus grossly exaggerates the cost to serve this group of 3900 persons.

Currently there are about 6000 persons are on the waiting list. Serving them all with a supports waiver at a third of the cost of the comprehensive waiver would result in a state share of around 42 million for the care. Serving all the waiting list adults (2448) on the DD or Mi Via waiver with an average budget of \$70,000 would result in a state cost of about 51 million. Add the 624 at ages 18 to 22 at a half of average budget of \$35,000 total and the cost to the state would be about 6.5 million. And add the 3393 persons under age 18 at a \$15,000 annual budget at a state cost of about 15.5 million and everyone would get realistic services for 73 million dollars in state share.

ADDENDUM

Supports Waiver Breakdown By State

Alaska - AK Alaskans Living Independently (0261.R05.00) Provides adult day, care coordination, respite, chore, environmental mods, meals, residential supported living, specialized medical equipment and supplies, specialized private duty nursing, transportation for aged individuals 65 - no max age, physically disabled ages 21-64

Alabama - AL HCBS Living at Home Waiver for Persons w/ID (0391.R03.00) Provides day habilitation, employment support, personal care, prevocational services, respite, assistance in community integration, benefits and career counseling, community experience, community specialist services, crisis intervention, environmental accessibility adaptations, individual directed goods and services, occupational therapy, personal emergency response system, physical therapy, positive behavior support, residential habilitation other living arrangement (OLA), skilled nursing, specialized medical equipment, specialized medical supplies, speech and language therapy, supported employment emergency transportation for individuals w/IID ages 3 - no max age.

AL Home and Community -Based Waiver for the Elderly and Disabled (0068.R06.00) Provides adult day health, case management, homemaker, personal care, skilled respite, companion service, home delivered meals-breakfast meals (7/wk), home delivered meals-frozen meals (14/wk), home delivered meals-frozen meals (7/wk), home delivered meals-shelf stable meals (2 annually), unskilled respite for aged individuals 65 no max age.

Arkansas - AR Alternative Community Services (0188.R04.00) Provides case management, respite, supported employment, supportive living, specialized medical supplies, adaptive equipment, community transition, consultation, crisis intervention, environmental mods, supplemental support for individuals with autism, IIDR, DD ages 0 - no max age.

Colorado - CO Support Living Services (0293.R04.00) Provides day hab, homemaker, personal care, prevocational, respite, supported employment, dental, vision, assistive technology, behavioral services, home accessibility adaptations, mentorship, nonmedical transportation, personal emergency response, professional services, specialized medical equipment and supplies, vehicle mods for individuals w/DD ages 18 - no max age.

Connecticut - CT Employment and Day Supports (0881.R01.00) Provides adult day health, community based day support options, individual supported employment formerly supported employment, respite, independent support broker, peer support, assistive technology, behavioral support services, group supported employment formerly supported employment, individual goods and services, individualized day support, interpreter, specialized medical equipment and supplies, transportation for individuals w/DD ages 18 - no max age and ID ages 3 - no max age.

CT Individual and Family Support (0426.R02.00) Provides adult day health, community companion homes (formerly community training homes), group day supports, individual supported employment (formerly supported employment), live-in companion, prevocational services, respite, independent support broker, assistive technology, behavioral support, companion supports (formerly adult

companion), continuous residential supports, environmental mods, group supported employment (formerly supported employment), health care coordination, individualized day supports, individualized home supports, individually directed goods and services, interpreter, nutrition, parenting support, peer support, PERS, personal support, senior supports, shared living, specialized medical equipment and supplies, training and counseling services for unpaid caregivers, transportation, vehicle mods for individuals w/DD ages 18 – no max age, and IID ages 3 – no max age.

Florida - FL DD Individual Budgeting (0867.R01.00) Provides residential habilitation, respite, support coordination, adult dental services, occupational therapy, physical therapy, respiratory therapy, skilled nursing, specialized medical equipment and supplies, specialized mental health counseling, speech therapy, transportation, behavior analysis services, behavior assistant services, dietitian services, environmental accessibility adaptations, life skills development, personal emergency response system, personal supports, private duty nursing, residential nursing, special medical home care, supported living coaching for individuals w/autism, IID, DD ages 3 - no max age.

Georgia - Georgia New Options Waiver (0175.R05.00) Provides community living support, prevocational, respite, support coordination, supported employment, specialized medical equipment, specialized medical supplies, community guide, FMS, adult dental, adult OT, adult PT, adult speech/language therapy, behavioral supports consultation, behavioral support services, community access, environmental accessibility adaptation, individual directed goods and services, intensive support coordination, natural support training, skilled nursing services (SNS), transportation, vehicle adaptation for MR/IID ages 0-no max.

Idaho - ID Aged & Disabled (1076.R05.00) Provides adult day health, day habilitation, homemaker, residential habilitation, respite, supported employment, attendant care, adult residential care, chore service, companion services, consultation, environmental accessibility adaptations, home delivered meals, non-medical transportation, personal emergency response system, skilled nursing, specialized medical equipment and supplies for aged individuals ages 65 - no max age and individuals w/PD and disabled-other ages 18-64.

Illinois - IL Persons w/Disabilities (0142.R06.00) Provides adult day care, homemaker, individual provider (personal assistant - non agency), respite, home health aide, occupational therapy, physical therapy, speech therapy, environmental accessibility adaptations, home delivered meals, in-home shift nursing, intermittent nursing, personal emergency response system, specialized medical equipment for physically disabled individuals ages 0 – 59.

Indiana - IN Family Supports (0387.R03.00) Provides adult day, case management, prevocational, respite, OT, PT, psychological therapy, speech/language therapy, behavioral support services, community based hab-group, community based hab-individual, extended services, facility based hab-group, facility based hab-individual, facility based support services, family and caregiver training, intensive behavioral intervention, music therapy, participant assistance and care, PERS, recreational therapy, specialized medical equipment and supplies, transportation, workplace assistance for individuals w/autism, IID, DD ages 0 - no max age.

Kentucky - KY HCBS (0144.R06.00) Provides adult day health, conflict free case management, specialized respite, participant directed coordination, attendant care, environmental and minor home adaptation, goods and services, home and community supports, home delivered meals, non-specialized respite for people with physical disabilities 0-64 yrs, other disabilities 0-64 yrs, and aged individuals ages 65 - no max age.

Louisiana - LA Supports Waiver (0453.R02.00) Provides day hab, habilitation, prevocational services, respite, support coordination, supported employment, housing stabilization service, housing stabilization transition, PERS for individuals w/autism, IID, DD ages 18 - no max age.

Massachusetts - MA Community Living (0826.R01.00) Provides center based day supports, group supported employment, individualized home supports, live-in caregiver, respite, day hab supplement, adult companion, assistive technology, behavioral supports and consultation, chore, community based day supports, family training, home mods and adaptations, individual goods and services, individual supported employment, individualized day supports, OT, peer support, PT, specialized medical equipment and supplies, speech therapy, stabilization, transportation, vehicle mods for individuals w/ID ages 22 - no max age.

Maine - ME Home and Community Services for Adults with Intellectual Disabilities or Autism Spectrum Disorder (0159.R06.00) Provides community support, home support (1/4 hr), per diem home support, work support-group, adult foster care/shared living, assistive technology, career planning, communication aids, consultation, counseling, crisis assessment, crisis intervention, employment specialist services, home accessibility adaptations, home support-remote support, home support-residential hab-family centered support, non-traditional communication consultation, non-medical transportation, non-traditional communication assessment, OT (maintenance), PT, (maintenance), specialized medical equipment and supplies, speech therapy (maintenance), work support-individual for individuals w/autism, IID ages 18 - no max age.

Missouri - MO Partnership for Hope (0841.R01.00) Provides individual community employment, job preparation, personal assistant, temporary residential service, dental, assistive technology, behavioral analysis service, co-worker supports, community specialist, environmental accessibility adaptations-home/vehicle mods, group community employment, independent living skills development, job discovery, OT, person centered strategies consultation, PT, professional assessment and monitoring, specialized medical equipment and supplies (adaptive equipment), speech therapy, support broker, transportation for individuals w/autism, IDD, DD ages 0 - no max age.

Mississippi - MS Independent Living (0255.R04.00) Provides case management, personal care attendant, FMS, environmental accessibility adaptation, specialized medical equipment and supplies, transition assistance for aged individuals ages 65 yrs - no max age and physically disabled and other disabilities ages 16-64.

Montana - MT Supports for Community Work and Living (1037.R00.00) Provides job discovery/job preparation, respite, supported employment-follow along support, supports brokerage, behavioral support services, environmental mods/adaptive equipment, individual goods and services, meals, PERS,

personal supports, supported employment-co-worker supports, supported employment-individual employment support, supported employment-small group employment support, transportation for individuals with IID and DD ages 16 - no max age.

Nebraska - NE Day Services Waiver for Adults w/DD (0394.R02.00) Provides integrated community employment, prevocational workshop hab, respite, assistive technology and supports, behavioral risk services, community inclusion day hab, community living and day supports, home mods, medical risk services, PERS, retirement services, team behavioral consultation, vehicle mods, vocational planning hab, workstation hab for individuals w/autism, MR, DD ages 21 - no max age.

New Hampshire - NH Choices for Independence (0060.R06.00) Provides adult medical day, home health aide, homemaker, personal care, respite, adult family care, adult in-home services, community transition, consolidated services, environmental accessibility, home-delivered meals, non-medical transportation, PERS, residential care facility, skilled nursing, specialized medical equipment, supportive housing services for aged individuals 65 yrs -no max age, physical and other disabilities ages 18-64 yrs.

North Carolina - NC Supports Waiver (3.5) (0663.R01.00) Provides adult day health, day supports, home and community supports, personal care, respite, supported employment, behavior consultation, crisis respite, crisis services, home mods, individual and caregiver training, individual goods and services (SD only), long term vocational supports, PERS, specialized consultative services, specialized equipment and supplies, transportation, vehicle adaptation for individuals w/autism, DD, IID ages 0 - no max age.

Ohio - OH Transitions DD (0383.R03.00) Provides adult day health center services, personal care aide services, emergency response, home delivered meals, home mods, out-of-home respite, supplemental adaptive and assistive devices, supplemental transportation, waiver nursing services for individuals w/autism, IID, DD ages 0 - no max age.

Oklahoma - OK In-Home Supports Waiver for Adults (0343.R03.00) Provides adult day, habilitation training specialist services, homemaker, prevocational, respite, supported employment, prescribed drugs, audiology, dental, environmental accessibility adaptations and architectural mods, family counseling, family training, nutrition services, OT, PT, physician services (provided by a psychiatrist), psychological services, self-directed good and services, specialized medical supplies and assistive technology, speech therapy, transportation for individuals w/IID ages 18 - no max age

Oregon - OR ICF/IDD Support Services (0375.R03.00) Provides employment path services, supported employment - individual employment support, waiver case management, direct nursing, discovery/career exploration services, environmental safety modifications, family training - conferences and workshops, financial management services, special diets, specialized medical supplies, supported employment - small group employment support, vehicle modifications for individuals w/ID/DD ages 18 - no max age.

Pennsylvania - PA Person/Family Directed Support (0354.R03.00) Provides education support services, home and community hab (unlicensed), homemaker/chore, licensed day hab, prevocational, respite, supported employment-job finding/support, supports coordination, nursing services, therapy services,

supports broker, assistive technology, behavioral support, companion, home accessibility adaptations, specialized supplies, transitional work, transportation, vehicle accessibility adaptations for persons w/IID ages 3-no max.

South Carolina - SC Community Supports (0676.R01.00) Provides adult day health care, personal care, respite care, waiver case management, incontinence supplies, adult day health care-nursing, adult day health care-transportation, assistive technology and appliances, behavior support, career preparation, community services, day activity, employment services, environmental mods, in-home support, PERS, private vehicle mods, support center services for individuals w/IID ages 0 - no max age. 3300 - \$ 8152

South Dakota - SD Family Support (0338.R03.00) Provides personal care 1, respite, support coordination, supported employment, personal care 2, companion care, environmental accessibility adaptations, nutritional supplements, specialized medical adaptive equipment and supplies, vehicle mods for individuals w/DD and IID ages 0 - no max age.

Tennessee - TN Self-Determination (0427.R02.00) provides respite, nursing, nutrition, OT, PT, specialized medical equipment and supplies and assistive technology, speech/language/and hearing, adult dental, behavior services, behavioral respite, emergency assistance, environmental accessibility mods, individual transportation, orientation and mobility services for impaired vision, personal assistance, PERS, semi-independent living services for individuals w/IID ages 0 - no max age and DD ages 0-5.

Texas - TX Home Living Program (0403.R02.00) Provides day hab, respite, supported employment, prescription medications, FMS, support consultation, adaptive aids, audiology, behavioral support, community support, dental, dietary, employment assistance, minor home mods, OT, PT, skilled nursing, speech/language therapy for individuals w/IID/DD ages 0 - no max age

Virginia - VA Building Independence Waiver (0430.R02.00) Provides group day services, independent living supports, individual supported employment, assistive technology, center-based crisis supports, community coaching, community engagement, community-based crisis supports, crisis support services, electronic home-based supports, environmental modifications, group supported employment, personal emergency response system, shared living, transition services for individuals w/autism and ID/DD ages 18 - no max age

Washington - WA New Freedom (0443.R02.00) Provides personal assistance services, environmental and vehicle mods, individual directed goods/services and supports, training and educational supports, treatment and health maintenance for aged individuals ages 65 - no max age, physically disabled and disabled other individuals ages 18-64.

WA Individual and Family Services (1186.R00.00) Provides respite, OT, PT, speech/hearing/language, assistive technology, behavior support and consultation, behavioral health stabilization services-behavior support and consultation, behavioral health stabilization-specialized psychiatric services, community engagement, environmental accessibility mods, nurse delegation, peer mentoring, person-centered planning facilitation, psychosexual evaluation and skilled nursing for DD individuals ages 3 with no maximum age.