

New Mexico Children, Youth & Families Department

CYFD Status Update – How Are We Doing?

LHHS July 9, 2021

CYFD Strategic Plan Priorities

More Appropriate Placements

Kinship Care

Community Based Mental Health Services

Specific protocols for vulnerable populations

Increased Permanency

Prevention

Institutionalization

Homelessness

Trauma

Optimization

Data

Accountability

Funding

Staffing

Vacancy Rates

Increased training/support

Workforce Development



What We Said We Would Do

Promises Made / Setting the Course

- Reduced Backlog
- Increased Kinship
- Mental Health
- Kids in School
- Staffing Shortages
- Staff Morale
- Lawsuits settled
- Texting and new services for kids

One of his immediate priorities will be to boost staffing in CYFD, the state agency that investigates child abuse and oversees a variety of programs for children.

Meet visionary tasked with transforming CYFD

The review by the transition team cites lawsuits against the agency, low morale among staff, persistent staffing shortages, an investigation backlog more than 2,000 cases deep and, most troubling, "preventable" child deaths that "have been normalized in the agency."

The state's embattled Children, Youth and Families Department will be led by Brian Blalock, the law and policy director of the nonprofit Tipping Point Community group that helps impoverished residents of the San Francisco Bay area secure housing, employment and a better education.

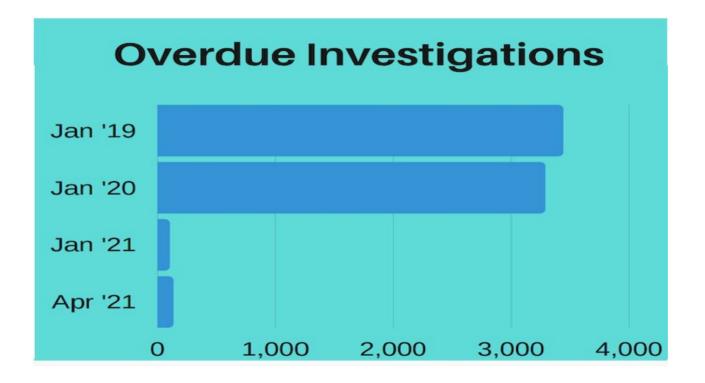
In appointing Blalock, Lujan Grisham said she wants to revamp the Children, Youth and Families Department to address chronic staffing shortages and transform the state's foster care system. The state's protective services system for abused or neglected children has struggled to keep pace with high rates of mistreatment, amid a string of high-profile child killings.

"We are not actively engaging to stop child abuse and minimizing the situations for those who are risk," the governor said.

By Russell Contreras and Morgan Lee Associated Press Monday, Jan. 7, 2019 3:44 PM

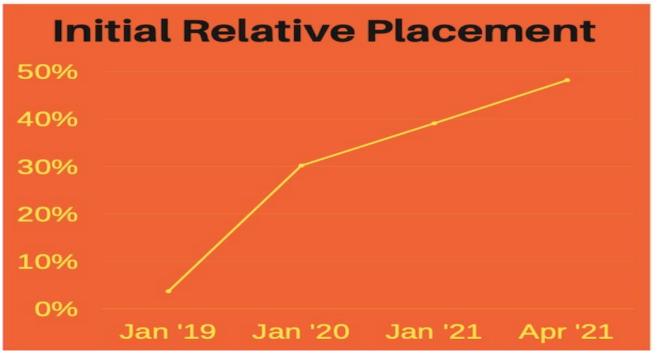






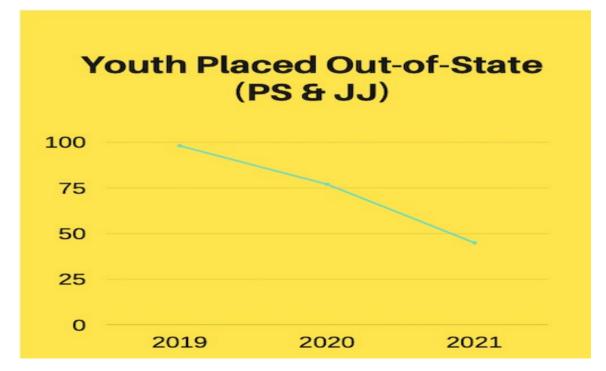








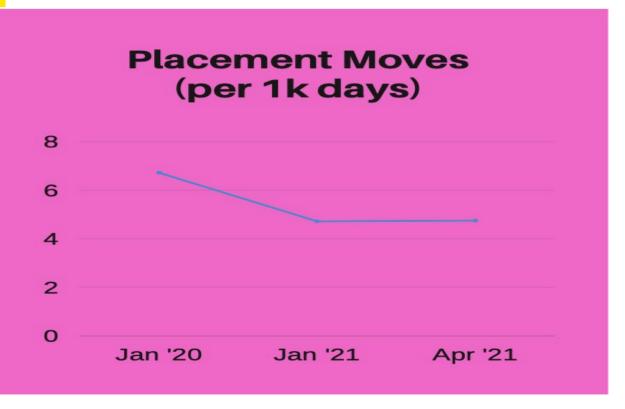
What we said we would do: bring our kids back home with supports





Results: Overall health indicator of a child welfare system

Children Youth & Families Departn



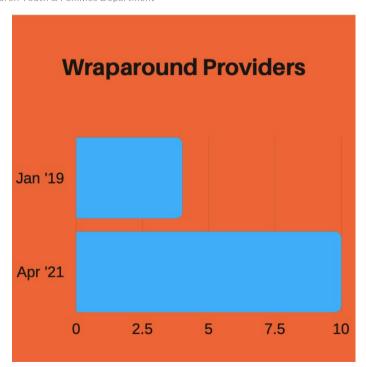


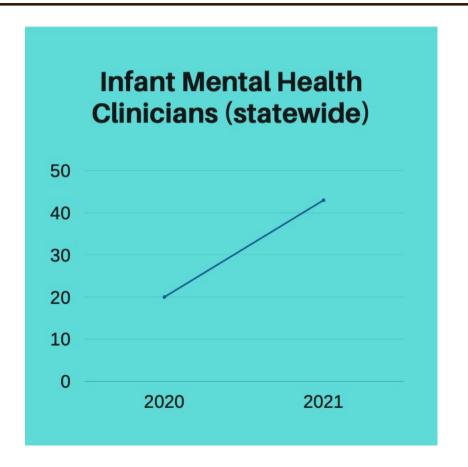




What we said we would do: rebuilding community based mental health

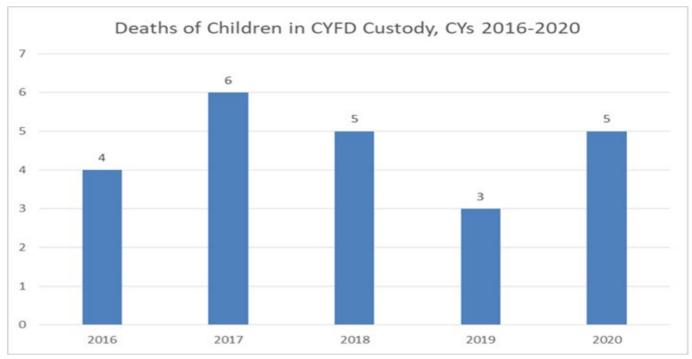
Children Youth & Families Department







What we said we would do: keeping children safe



Causes of death 2019-2020: 4 natural, 2 inconclusive medical related, 1 gun death by law enforcement, 1 due to injuries caused before coming into care.



Data Approaches to Child Fatalities: Finding and Responding to Trends

- Per DOH, New Mexico is below the national average in both child abuse related fatalities and child maltreatment.
- For all child fatalities with some CYFD involvement (including PS investigations and JJ) within 2 years of involvement dating back to 2015:
 - **SAFE SLEEP:** 77% of all fatalities of <1 year old were safe sleep related
 - **GUN SAFETY:** 43% of CYFD-involved youth fatalities 11-17 years old were gun related
 - SUICIDE: 38% of CYFD-involved youth fatalities between ages 11-17 were suicides



What we said we would do: transform to increase prevention

Prevention Approach to Child Welfare





Federal Government Drives Child Welfare practice

- Family First Prevention Services Act 2018 promotes prevention services for states.
- Administration for Children and Families, Associate Commissioner Jerry Milner 2020 "Foster Care should be a support to families not a substitute for parents"
- Thriving Families and Safer Children 2021
 — New Mexico is a Round Two site:
 - Awareness of poverty and racism in decision making
 - Keep children in their communities
 - Provide support to families
 - Empower families to care for their children





Institutionalization

Unnecessary System Involvement

Trauma+ACES

Suicide

Homelessness



Differential Response- Family OutReach and Community Engagement (FORCE)

2019 NM Legislation HB 376- Structured Decision-Making Tool to divert families at Intake

Community Service Providers in 4 sites will reach out proactively to families to provide services and support.

Will expand services and sites later this year



Structured Decision Making Safety Assessment Tool

- Evident Change formerly know as National Center on Crime Delinquency
- Implementation second year
 - Working on training and additional guidance
- Guide to ensure the right children come in to foster care- only those where the danger indicators cannot be mitigated. Danger must be imminent.
- Service Matrix- guides Caseworkers to type of intervention needed based on safety and risk (likelihood of children returning)



Prevention of Trauma to Children - Intervention Response

- Children belong with their families
- Placement in foster care is traumatizing to children
 - Kinship placement reduces this trauma

- Increase from 8 agencies to 32 agencies statewide to provide case management services:
- Caseworkers conduct a "warm handoff" with provider agencies who then link to other needed services for the children and their families
- Use of Structured Decision-Making tool and matrix to guide level of service provision

Investing in Older Youth + Housing



Fostering Connections-

July 1, 2020 through January 25, 2021

Entry is Voluntary and Youth Driven

- Year One Implementation:
 - 140 Entries (including Tribal youth)
 - 95% Entry Rate
 - 100% in stable housing currently
 - 77% Eligible for Title IV -E federal reimbursement
- <u>Living Arrangement Types 100% Stable Housing:</u>
 - Relatives/Biological Family
 - Non-Relative Foster Family
 - Transitional Living Program
 - Group Home
 - Supportive Housing through CYFD, FUP or FYI vouchers
 - Own Apartment
 - College Dorms

January 1, 2020 through June 30, 2021

- CYFD anticipates an additional 40 entries in FY21
- Projected increase in Title IV-E eligibility to 83%
 - FY21 allowed for entry of youth that turned 18 in FY20, many did not meet AFDC eligibility standards due to income over \$287.00 per month as set by federal rule.

July 1, 2021 through June 30, 2022

- Approximately 100 entries expected in FY22
- <u>Projected</u> Care and Support Budget FY22 for youth entry (approximately 200 eligible adults):
 - \$2.4 million at current eligibility rate (77%)
 - \$1.84 million Title IV -E federal reimbursement
 - \$552k State General Fund

Housing Supports-Transitional Living Programs

SFY 2020 and Prior

- \$380k Transitional Living Programs (Chafee)
 - 18 Youth Served Annually
 - 4 Communities
 - Bernalillo
 - Lea
 - Santa Fe
 - Taos

SFY 2021

- Transitional Living Programs
 - \$380k (Chafee)
 - 18 Youth Served Annually
 - \$2.5 million (State General Funds, including re-investment)
 - Increase to 55+ Youth Served Annually by June 30, 80+ by October 1
 - 8 Communities
 - Bernalillo
 - Chaves
 - Colfax
 - Dona Ana
 - Lea
 - Rio Arriba
 - Taos
 - Union
 - Building Community Based Provider Network to access Title IV-E, Medicaid and TANF to move into funding streams for SFY 2022
 - Increase capacity to provide Behavioral Health services in addition to case management and life skill development.

20

Housing Support- CYFD Supportive Housing Vouchers

FY 2020 and prior

- \$180k State General Funds
 - 1 Community Served
 - Bernalillo
 - 20 Youth Annually

FY 2021

- \$240k State General Funds
 - Expanding program to increase youth served in Bernalillo County
 - Potential extension to greater Albuquerque Metro Area

21

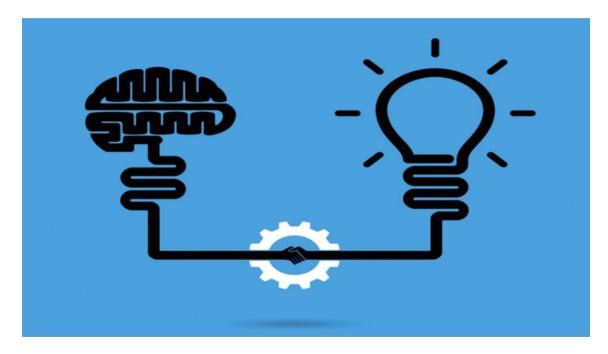
FY 2021

New Partnerships and Housing Program Development

- MOU's between CYFD and Local Housing Authorities to Support Youth FYI & FUP vouchers:
 - Socorro
 - San Juan
 - Santa Fe
 - Dona Ana
 - Bernalillo County
 - In Development:
 - Bernalillo County
 - Albuquerque City
 - Dona Ana
 - Eastern Regional (Curry, Roosevelt)
 - Western Regional (Cibola, McKinley)
 - Gallup (city)
- Host Home Development
 - Pilot in Albuquerque with New Day
 - TANF Funded
- Pregnant and Parenting Group Homes
 - Lea County
 - Second site in development
- Safe Home for Survivors of Human Trafficking
- Re-vamp Keeping Families Together Program (TANF)
 - Will include support for young families at risk of homelessness



New Innovative Projects



Reach NM

First of its kind, text -based reporting platform designed by and for older youth.





CONTACT REACH NM

24/7

TEXT US AT 505-591-9444

SCAN THE CODE TO ADD TO YOUR CONTACTS





A New Way for Youth to Reach CYFD

REACHNM TEXT REPORTING NOW AVAILABLE TO NEW MEXICAN YOUTH

The New Mexico Children, Youth and Families Department has launched a new service, REACH NM, providing text-based reporting and engagement. REACH NM allows young people to connect directly with CYFD workers for resources, help, and reporting potential abuse or neglect. The service is free to any New Mexican with a text-message enabled cell phone.

REACH NM is available 24 hours a day, 365 days a year. You can text with an expert for help finding resources in your community, reach out for assistance with basic needs for yourself or others, report concerns of abuse and neglect in your home, or report suspected abuse or neglect that may be occurring in someone else's home or in the community.

Help is a text away.

EMS CORPS



Building a Child Well Being System

Services not predicated on court involvement

Trauma responsive

Up stream + prevention

Data driven fueled by predictive analytics

Public health model at its core

Less restrictive placements with emphasis on families, kin, community







Community Based Mental Health Services





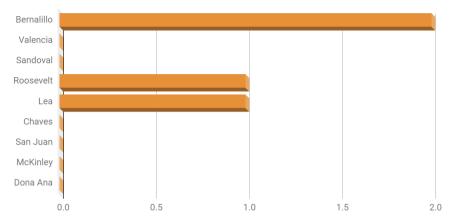
"Such other necessary health care, diagnostic services, treatment, and other measures ... to correct or ameliorate defects and physical and mental illnesses and conditions discovered by the screening services, whether or not such services are covered under the State plan."

42 U.S.C. § 1396d(r)

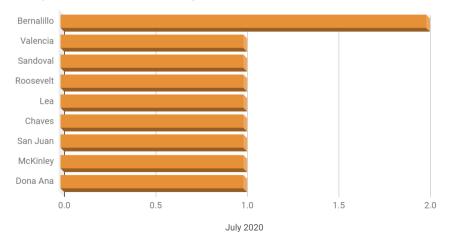
COMMUNITY BASED MENTAL HEALTH SERVICE

Wraparound
Sites increased
by more than
100% since 2018

Wraparound Sites Before 2019

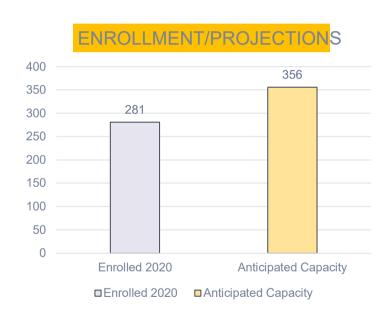


Wraparound Sites as of July 2020



Wraparound

WRAPAROUND PROJECTION				
County		# of Providers	# of Staff	Enrolled
2020	9 Counties	10	53	281
Anticipated	3 counties	3	9	75
Growth by				
June 2022	Anticipated Total	13	62	356



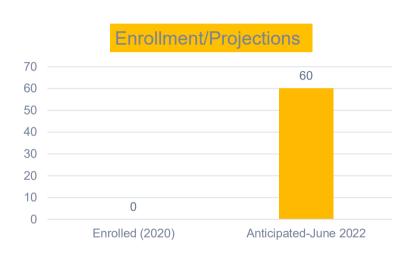
Wraparound – Infrastructure and Sustainability

EFFORTS TO EXPAND WRAPAROUND IN NEW MEXICO

- □ CYFD-BHS in cooperation with NM HSD Medicaid Assistance Division is pursuing an amendment to the Medicaid 1115 waiver to make Wraparound Medicaid reimbursable. When this is finalized it will create fiscal sustainability and a pathway for new behavioral health providers to implement Wraparound.
- CYFD-BHS has partnered with the New Mexico State University to develop the Center of Innovation (COI). The COI is developing a plan to increase Wraparound training and coaching capacity in New Mexico. This is in anticipation of the growth Wraparound will experience once it becomes Medicaid reimbursable
- □ CYFD-BHS has partnered with the University of New Mexico to develop a data base to consolidate Wraparound administrative, enrollment, outcome and fidelity data. This is a strategic step to monitor the growth of the program while maintaining fidelity practice and adjust training and coaching needs.

Respite

Respite Projections				
	County	# of Providers	# of Staff	Enrolled/Cap acity
2020	Bernalillo	1	Unknown	Unknown
	Valencia	1	Unknown	Unknown
	Chavez	1	3	12
	Valencia	1	3	12
Anticipated	Sandoval	1	3	12
Anticipated Growth by				
June 2022				
	Anticipated Total	5	12	60



Respite – Infrastructure and Sustainability

EFFORTS TO EXPAND RESPITE IN NEW MEXICO

- □ Behavioral health providers have advocated for a higher rate to provider Respite in New Mexico. CYFD-BHS in cooperation with the NM Behavioral Human Services Department state wide family organization, Families ASAP, and behavioral health providers are reviewing the current Respite service definition and rate. This group will be making recommendations to update the definition and rate.
- CYFD-BHS has a SAMHSA grant, SOC III, which has a deliverable to expand Respite in three counties in New Mexico: Chaves, Valencia, Sandoval. The grant will be able to provide fiscal support while the service definition and rate are reviewed and adapted.

Mobile Response

Mobile Response Projections				
County		# of Providers	# of Staff	Enrolled/Capacity
	Chaves	1	4 (2 Teams)	One team can have the ability to respond to one crisis every four hours on average
Anticipated Growth by June 2022	Sandoval	1	4 (2 Teams)	One team can have the ability to respond to one crisis every four hours on average
	Valencia	1	4 (2 Teams)	One team can have the ability to respond to one crisis every four hours on average
	Anticipated Capacity	3	12 Staff or 6 Teams	

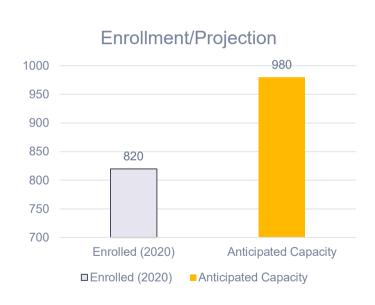
Mobile Response Infrastructure and Sustainability

EFFORTS TO EXPAND MOBILE RESPONSE IN NEW MEXICO

- ☐ CYFD-BHS has a SAMHSA grant, SOC III, which has a deliverable to introduce Mobile Response to three New Mexico Counties: Chaves, Sandoval, Valencia
- ☐ CYFD-BHS will be consulting with the University Of Maryland's Institute for Innovation and Implementation to receive technical assistance in the development of Mobile Response in New Mexico.

Multi -systemic Therapy (MST)

	MST PROJECTION				
County		# of Providers	# of Staff	Enrolled	
2020	8 Counties	7	41	820	
Anticipated Growth by June 2022	5 counties	4	8	160	
	Anticipated Total	11	49	980	



^{1.} Number of staff is quantified as number of active FTE therapist positions

^{2.} This number is based upon the projection that each therapist will be billing between 20 -24 clients per year

Multisystemic Therapy (MST) – Infrastructure and Sustainability

EFFORTS TO EXPAND MST IN NEW MEXICO

Multisystemic Therapy (MST) is an evidence-based, intensive family and community-based treatment for serious behaviors, including possible substance abuse issues, and their families.

- In recognition of MST's efficacy as an EBP youth-based intervention, the New Mexico 2020 Legislative Session approved an allocation of non-recurring funds to support additional MST services in New Mexico. With this funding, University of Denver's Center for Effective Interventions (DU-CEI), which is a licensed Network Partner to administer MST, developed an MST rebuilding program that will both increase MST outreach to New Mexico's underserved youth and support the sustainability of all MST teams. This plan is being accomplished in close collaboration with New Mexico Children Youth and Family Department and the evaluation team at University of New Mexico. Over the last few months, DU-CEI and CYFD disseminated a RFA, reviewed all RFA applications, and chose five viable candidates. All five candidates have been fully vetted and approved through DU-CEI, are in the process of training, and have begun the recruitment process for staff.
- ☐ In addition to the five teams funded through the 2020 Legislative Session, two additional teams have begun the process of applying for MST credentials. CYFD and DU-CEI will continue to support the development of new teams.

Functional Family Therapy (FFT)

FFT Projections				
	County	# of Staff	Enrolled/Capacity	
2020	N-A	N-A	N-A	
Anticipated Growth by June 2022 (n)	County 1	3	10	
	County 2	3	10	
	County 3	3	10	
	Anticipated Total capacity (June 2022)	9	30	

Functional Family Therapy (FFT) Infrastructure and Sustainability

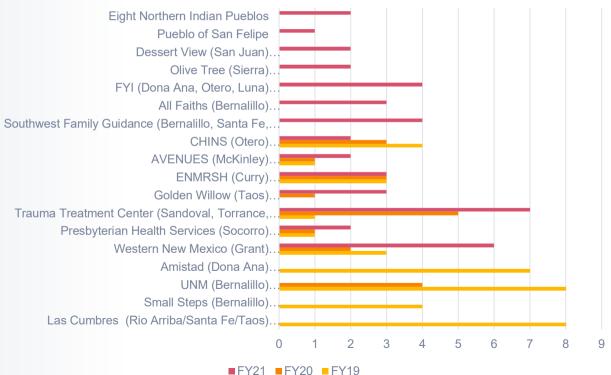
EFFORTS TO EXPAND FFT IN NEW MEXICO

Functional Family Therapy is an evidence-based, intensive, short term intervention/prevention program that offers in -home family counseling designed specifically to address problematic behaviors from a relational/family based perspective.

- ☐ Identify FFT as a priority EBP to be implemented statewide with dedicated work group.
- ☐ Develop MOU with BHSD to identify barriers to FFT provision.
- ☐ FFT trainer has been identified and CYFD BHS is currently coordinating training with NMSU Center of Innovation.
- ☐ CYFD has scheduled meeting with Bernalillo County to discuss their FFT provision project.

COMMUNITY BASED MENTAL HEALTH SERVICES

Infant Mental Number of Infant Mental Health CPP Clinicians Per Site Health



COMMUNITY BASED MENTAL HEALTH SERVICES

Infant Mental Health

Number of IMH CPP Clinicians Per Year

