### **About Us**

The Bernalillo County Department of Behavioral Health Services (DBHS) is a department of the Public Health & Safety division. The department provides services to all Bernalillo County residents at no cost, regardless of insurance. The department is designed to engage the community to assist all persons with a substance use disorder or behavioral health needs and achieve optimal health.

#### **CARE CAMPUS**

The CARE Campus is located in Southeastern Albuquerque and is open 24/7. The campus provides a variety of direct-care services, including Detox (in-patient social model), Crisis Stabilization, Public Inebriate Interventions, Observation and Assessment, and transitional living services. The programs administered at the CARE Campus provide comprehensive community support services and housing options that empower individuals to improve their lives. Through rehabilitation and education, individuals learn about personal motivation and the challenges of mental illness and substance use.

#### **RESOURCE RE-ENTRY CENTER**

The Resource Re-entry Center (RRC) is located in the heart of downtown Albuquerque and serves as the first stop for individuals being released from the Metropolitan Detention Center (MDC) as they reintegrate back into the community. The RRC helps former inmates navigate the transition from jail back into society by offering access to the services and support they need to stabilize, stay healthy, and regain self-sufficiency.

#### **COMMUNITY PROGRAMS**

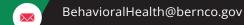
The department works with a variety of law enforcement agencies and fire & rescue teams to meet individuals where they are at, and ensure individuals enter the continuum of care. Programs include Addiction Treatment Program (ATP), Law Enforcement Assisted Diversion (L.E.A.D.), and Mobile Crisis Teams (MCT). The programs aim to improve public health while reducing jail and emergency room recidivism rates for program participants.



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www.bernco.gov/dbhs



Department of Behavioral Health Services

# CARE CAMPUS

Comprehensive

Assessment and

Recovery through

Excellence Campus



#### **Direct Care Services**

#### **Detoxification**

Social model detoxification is a 10-day in-patient program where individuals are able to safely withdraw physically from their alcohol and/or substance addiction. The on-site Medical Observation Treatment Unit (MOTU) is operated by the University of New Mexico Hospital, and provides medical support for individuals accessing detoxification services including patient evaluation, medication management, as well as induction services for Suboxone Medication Assisted Treatment.

#### **Public Inebriate Intervention**

The Public Inebriate Intervention Program (PIIP) provides emergency room and jail diversion for public inebriates in the community. The program allows for individual walk-ins as well as drop-off referrals by law enforcement and first responders for voluntary individuals, who meet the social model criteria for observation. Individuals will be seen for up to 23 hours, rather than being placed at local emergency rooms or going to jail for citable offenses.

#### **Crisis Stabilization Unit**

The Crisis Stabilization Unit (CSU) provides crisis stabilization supports for up to 14 days for individuals living with a mental health and/or co-ocurring disorder. Individuals who participate are experiencing a behavioral health crisis and are in need of short-term 24/7 support, but do not meet the criteria for inpatient hospitalization. CSU is accepting referrals from providers throughout the community from 7:00 A.M.-7:00 P.M., 7 days a week. Providers can make a referral by calling the CSU Hotline at 505-252-9473.

#### **Residential Services**

#### **Supportive After Care**

The Supportive After Care Program (SAC) is a low-inensity residential social model program that is designed to allow clients to remain in a supportive recovery enviornment after completing substance use detoxification and/or rehabilitative services. The program provides cleints with the opportunity maintain recovery, and be productive members of the community in a structured living enviornment and emphasizes daily living skills and long-term management of recovery thorugh live skills training, targeted for substance use recovery clients.

Download application & eligibility criteria at www.bernco.gov/dbhs.

## **Additional Services**







- ✓ Introduction to 12-step recovery programs
- Transportation to clients on a case-by-case basis to and from social service agencies, and other treatment programs
- Discharge support and case management services for all programs
- Public health prevention and education information and planning
- Referral and/or linkage to in-patient and outpatient programs based on the client's needs
- Medication Assisted Treatment (MAT)
- ✓ Narloxone (Narcan) training & distribution

## **Community Programs**

#### **Addiction Treatment Program**

The Addiction Treatment Program (ATP) is offered at the Metropolitan Detention Center (MDC), and is a jail based addiction treatment program with licensed addiction counselors and case managers, who are experienced in treating addiction.

ATP is a jail-based intensive treatment program treating inmates who have an addiction to alcohol and/or drugs. The program uses evidence-based therapy and Community Reinforcement Approach (CRA) curriculum in conjunction with relapse prevention planning, DWI prevention education, psychoeducational programming, and life skills education. Participants develop a recovery and aftercare service plan before completion of the program.

# Law Enforcement Assisted Diversion (L.E.A.D.)

L.E.A.D is a pre-booking diversion program that aims to improve public health and to end the cycle of recidivism. Instead of being charged and booked following an arrest, the arresting officer identifies the arrestee as a potential participant for the diversion program and subsequently connects them with a case manager.

#### **Mobile Crisis Teams**

Mobile Crisis Teams (MCT) are a City of Albuquerque and Bernalillo County collaboration that responds to individuals experiencing a nonviolent behavioral health crisis that necessitates a 911-response. MCTs provide specialized responses to 911-calls involving a behavioral health element. This is a co-responder model: two-person response teams with an MCT trained law enforcement member and an MCT trained master's level behavioral health clinician.