

**Alice
Liu
McCoy**

Aging and Long-Term
Services Department.



**Brian
Blalock**

Children, Youth, & Families
Department

New Mexico Health Cabinet Secretaries.

Working Together for New Mexicans

**Dr. David
Scrase, MD**

Human Services
Department.



**Kathy
Kunkel**

Department of Health

Legislative Health and Human Services Committee, July 24-25, 2019



Governor Michelle Lujan Grisham



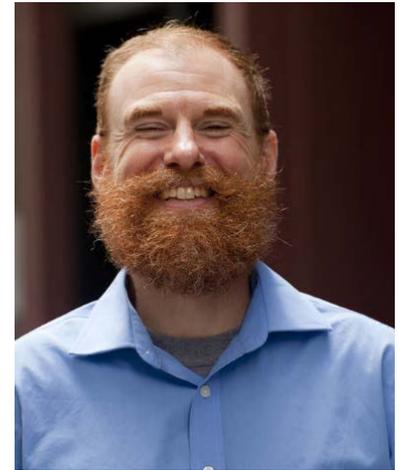
Secretary David Scrase, M.D.
Human Services Department



Secretary Kathy Kunkel
Department of Health



Secretary Alice Liu McCoy
Department of Aging and
Long-Term Services



Secretary Brian Blalock
Children, Youth and Families
Department

Office of the Governor Staff



Teresa Casados
Chief Operating Officer



Jane Wishner
Executive Policy Advisor
for Health and Human
Services



Mariana Padilla
Children's Cabinet Director

Aging and Long Term Services Department (ALTSD) Agenda

- Introduction to ALTSD
- ALTSD Strategic Plan
- Key Legislative Issues
- Q&A

Introduction to ALTSD

- Consumer and Elder Rights Division (CERD)
 - Anthony Romero, Acting Director & Deputy Director
- Adult Protective Services Division (APS)
 - Emily Floyd, Director
- Aging Network Division (AND)
 - Kimberly Ulibarri, Acting Director & Senior Services Bureau Chief
- Office of the Long-Term Care Ombudsman (LTCO)
 - Linnea Forsythe, State Long-Term Care Ombudsman
- Office of Indian Elder Affairs (OIEA)
 - Ed Ackron, Acting Director
- Office of Alzheimer's and Dementia Care (ADC)
 - Tracy Wohl, Program Manager

New Mexico's Growing Older Population

By 2030 in New Mexico:

- 32.5% of the population will be 60 and older (Proximity, 2013)
- 60 and older population will be the 3rd largest in the nation by percentage (Pew Research Center, 2010)
- More people 65+ than under 18 (Administration on Aging, 2011)
- 85 and older population will have more than tripled from 23,306 in 2000 to 75,629 in 2030 (U.S. Census Bureau)
- According to the New Mexico Department of Health, approximately 224,160 American Indian/Alaska Natives (AI/AN) reside in New Mexico, with approximately 17,650 individuals identified as AI/AN elders, age 65+ (2014)

Rural and Vulnerable

- 693,172 people live in rural areas (USDA-ERS)
- 95% of the Navajo Nation's elders live in isolated rural and frontier areas
- Self-neglect is consistently one of the most commonly-substantiated allegation reported to APS
- More than 58,000 New Mexicans 60 and older are food insecure (Ziliak, 2016)
- 15% of the 60 and older population live at or below the federal poverty level (U.S. Census Bureau)
- 38,000 people over 65 are directly suffering from Alzheimer's disease or related disorders, which is projected to increase to 53,000 by 2025

ALTSD Mission

The Mission of the Department is to provide accessible, integrated services to older adults, adults with disabilities, and caregivers to assist them in maintaining their independence, dignity, autonomy, health, safety, and economic well-being, thereby empowering them to live on their own terms in their own communities as productively as possible.

Populations Served

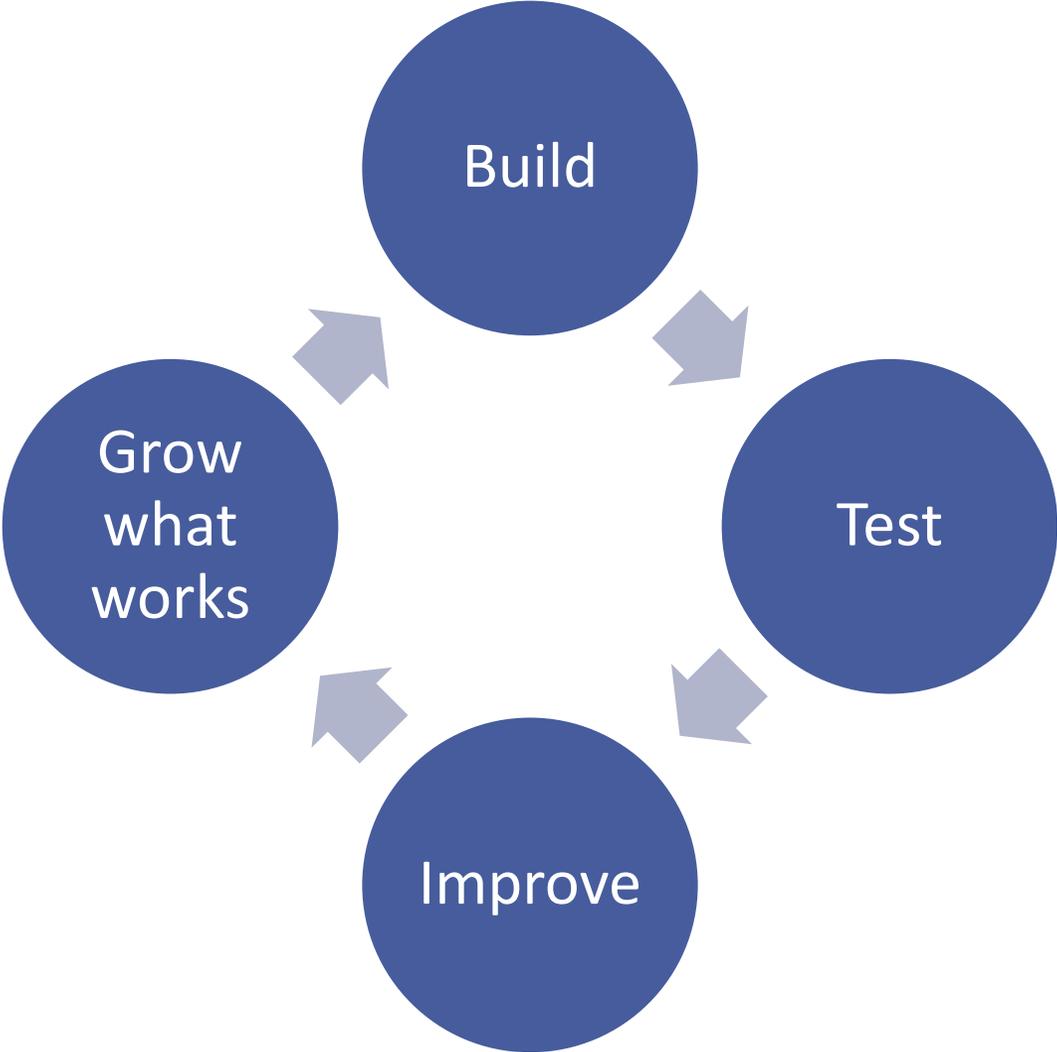
- Seniors (50 and older)
- Adults living with disabilities, including brain injury and HIV/AIDS
- Tribes, Pueblos, Navajo Nation
- People dealing with employment barriers
- Retirees with no family support
- Long-term care facility residents
- Veterans with long-term needs
- Families and caregivers
- People living with Alzheimer's and other dementia-related diseases
- People living with behavioral health challenges

ALTSD Strategic Plan

GOAL:

Build sustainable service delivery system to meet the needs of our state's rapidly growing population of older New Mexicans and adults living with disabilities.

How We Get There: Help Now + Future Build



Strategic Plan Foundation

Services

Broaden range of services

Increase level of services

Streamline access to
services

Infrastructure

Develop comprehensive
data system

Increase & retain staff

Reorganize & rebuild aging
network



Broaden Range

Researching and implementing innovative healthy aging programs
Behavioral health services
Caregiver support
Expanding Alzheimer's and dementia-related disease research in NM



Increase Level

Comprehensive array of services statewide, including rural communities
Eliminating wait lists
Strong state general fund base budget
Maximizing federal funding sources (OAA, Medicaid, grants)



Streamline Access

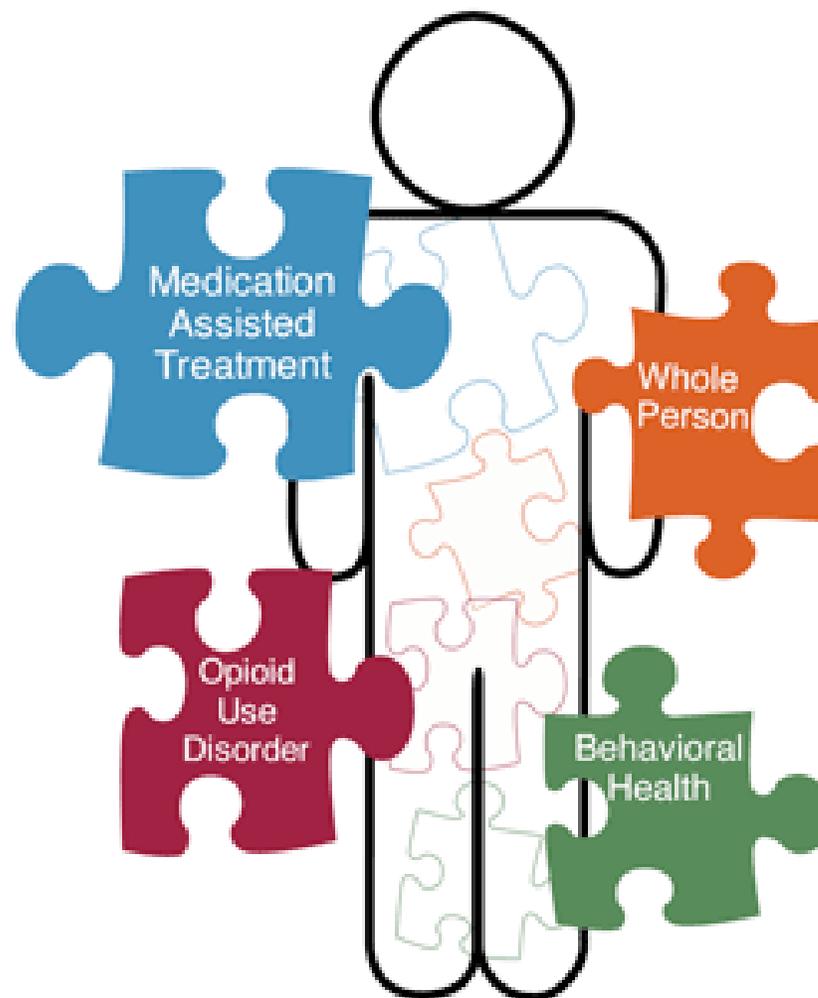
Coordination across ALTSD divisions to increase efficiency and effectiveness
Coordination across health departments to strengthen community-based services
Statewide community outreach



SERVICES

Behavioral Health Collaborative (BHC) Goals

- Expansion of Behavioral Health Provider Network
- Expansion of Community Based Mental Health Services for Children
- Effectively Address Substance Use Disorder (SUD)
- Provide Effective Behavioral Health Services for Justice-Involved Individuals





Data

HHS 2020

Better practices based on better data

Optimizing data collection across aging network



Staff

Recruitment and retention

Mission-driven training

Ensuring internal and external accountability



Aging Network

Empowering local communities, including tribes and pueblos

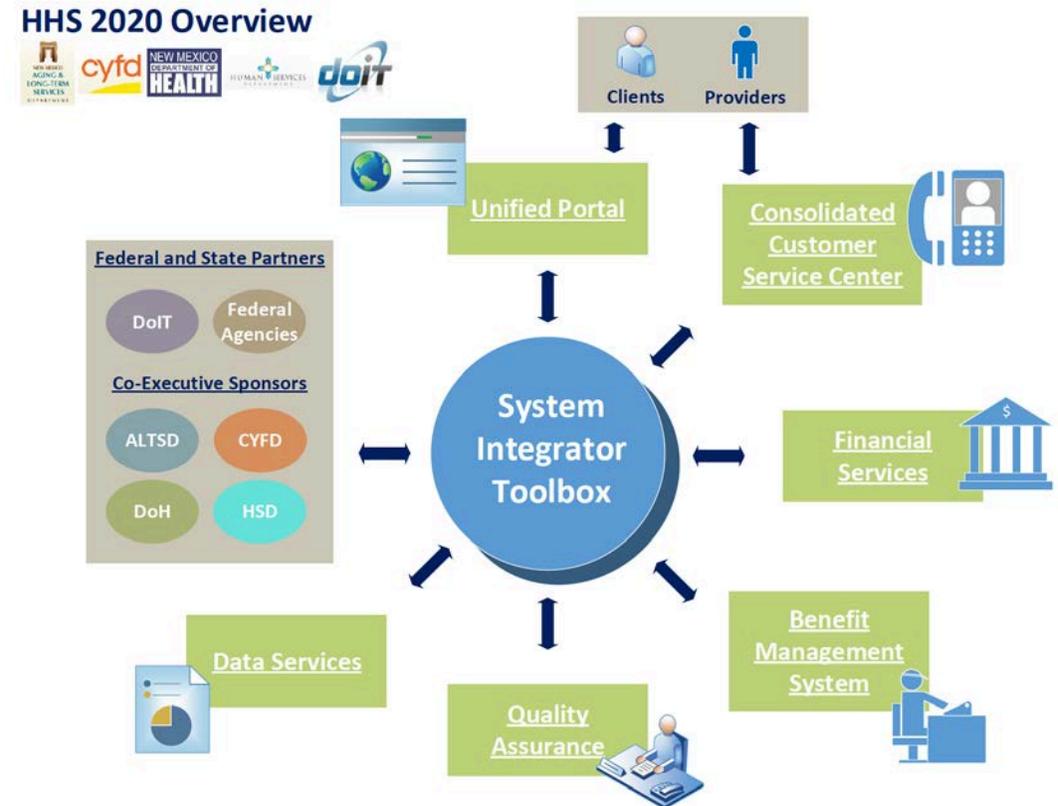
Coordination across Area Agencies on Aging

Statewide Aging Network training

INFRASTRUCTURE

HHS 2020

- ALTSD is an Executive Co-Sponsor of HHS 2020 and meets monthly to set direction and provide oversight for project.
- ALTSD is developing a data system to accomplish the following goals:
 - Integrate service access across all ALTSD divisions and health departments
 - Remove barriers to access and reduce duplication of services
 - Eliminate unnecessarily burdensome reporting for aging network providers
 - Collect crucial data to determine and implement best practices



PLANNING AND SERVICE AREAS (PSA's)

New Mexico is unique in its establishment of planning and services areas. Planning and Service Areas 1 through 5 are designated under federal law. Planning and Service Area 6 is designated under state authority.

PSA 1: Bernalillo County

PSA 2: Cibola, Colfax, Los Alamos, McKinley, Mora, Rio Arriba, Sandoval, San Miguel, San Juan, Santa Fe, Taos, Torrance and Valencia Counties

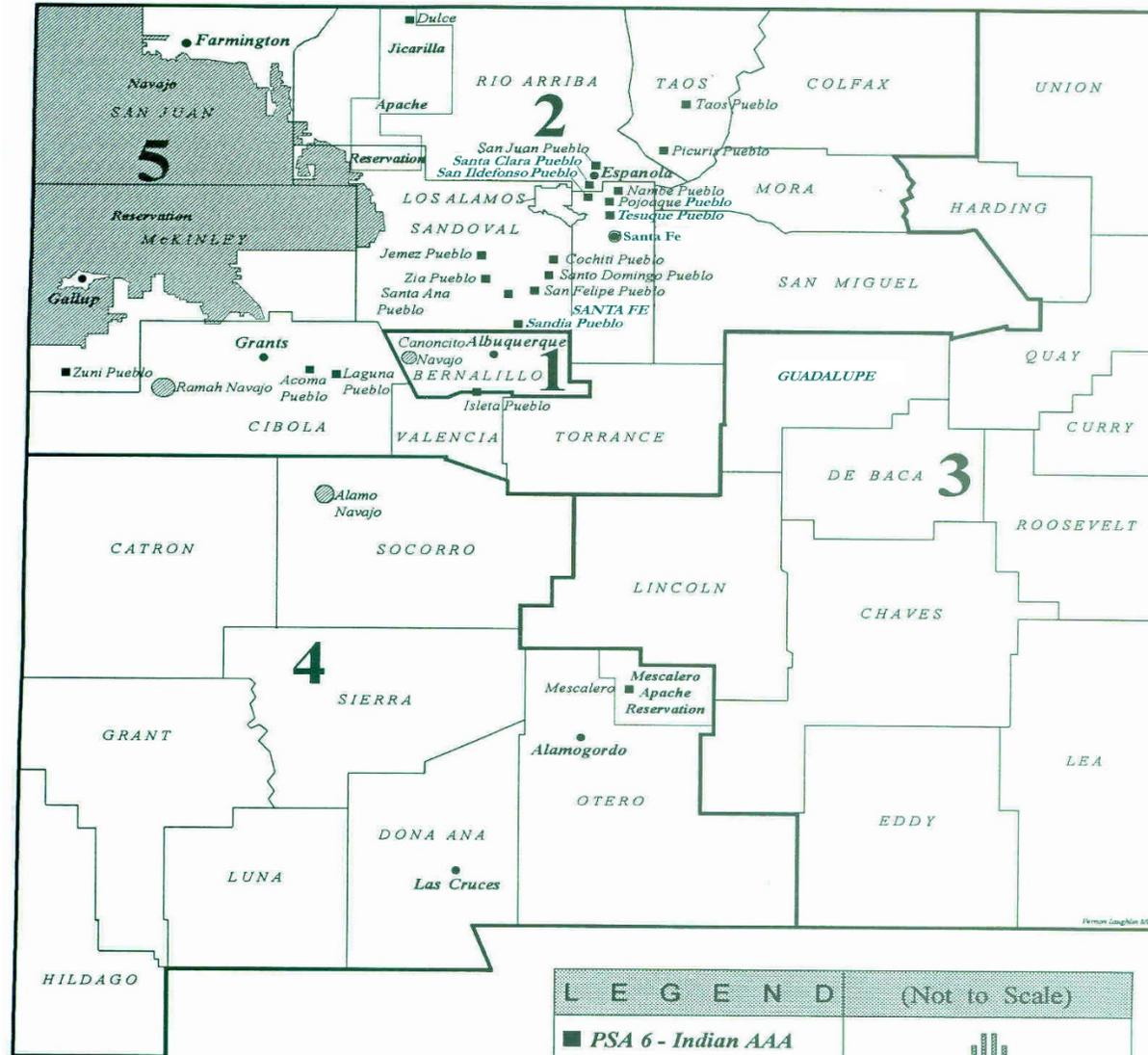
PSA 3: De Baca, Chaves, Curry, Guadalupe, Eddy, Harding, Lea, Lincoln, Quay, Roosevelt and Union Counties

PSA 4: Catron, Dona Ana, Grant, Hidalgo, Luna, Otero, Sierra and Socorro Counties

PSA 5: the New Mexico portion of the Navajo Nation, which includes areas within Bernalillo, Cibola, McKinley, Sandoval, San Juan and Socorro Counties. PSA 5 is an interstate planning and service area established under a tri-state agreement with the states of Arizona and Utah.

PSA 6: New Mexico's 19 Pueblos and 2 Apache Tribes.

Planning and Service Areas (PSAs)



Area Agency on Aging (AAA)

- An organization designated by ALTSD to plan, develop, and administer a comprehensive and coordinated system of services for older persons within one or more planning service areas (PSA)
- Coordinate and deliver services that help older adults remain their homes by providing services such as home-delivered meals, homemaker assistance, and other services to make independent living possible
- Existing AAA's in NM:
 - Albuquerque/Bernalillo County AAA – PSA 1
 - Non-Metro AAA – PSA 2, 3, 4
 - Navajo AAA (controlled by Navajo Nation) – PSA 5
 - Indian AAA (state designation only) – PSA 6

Rebuilding the Aging Network

- Empowering local communities, including tribes and pueblos
 - Determine PSA/AAA system that works best for New Mexico
 - Support local control and decision-making
 - Ensure equitable distribution of resources
 - Meet the needs of New Mexico's rural communities, tribes, and pueblos
- Coordination across Area Agencies on Aging
 - Quarterly AAA meetings for planning and updates
 - Consistent tribal representation in AAA meetings
- Statewide Aging Network trainings
 - Host trainings across the state
 - Identify and address key issues faced by aging network providers

Key issues for the next Legislative session

- HB 2 – Base budget commitment to building sustainable service delivery system
 - Aging Network services, including senior employment and volunteer programs
 - ALTSD staffing
 - HHS 2020
 - Behavioral health initiatives
 - Drastic expansion of Long-Term Care Ombudsman program to protect residents of long-term care facilities
 - Pay equity and APS reclassification to bolster staff recruitment and retention
 - Expansion of ADRC & APS services
 - Building and strengthening partnerships with tribes and pueblos