

Update to the Legislative Health and Human Services Committee



Myles Copeland

Cabinet Secretary Designate

Agenda

- Demographics
- Adult protective services
- Program evaluation
- Other challenges and ALTSD Programs

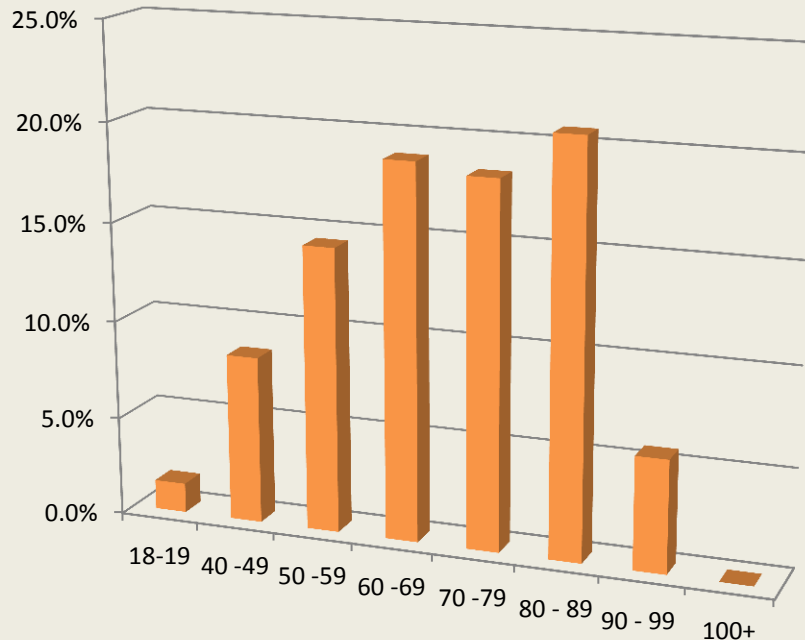
Changing Demographics

New Mexico – 2030

- 32.5% of population will be 60 and older
- 3rd largest 60+ population % in the nation
- More people 65+ than under 18
- New Mexico's 80+ population will increase 80.5% by 2030

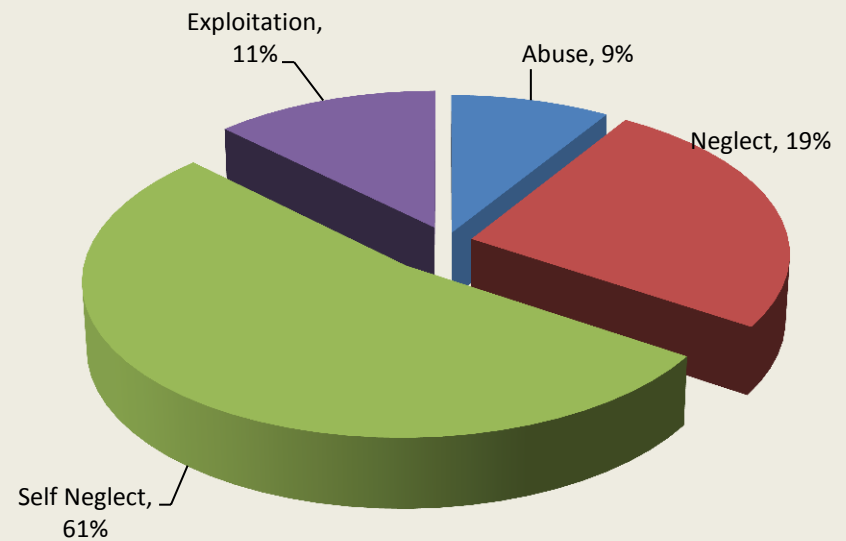


Adult Protective Services (FY14)



Age of victims

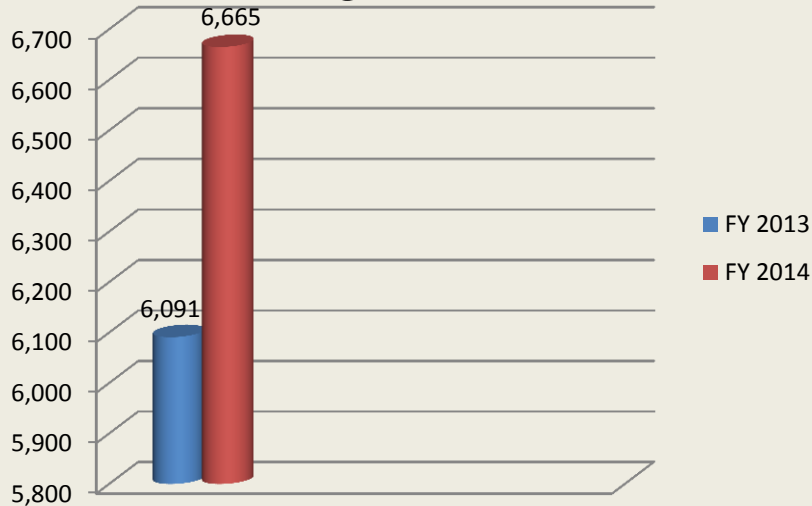
Substantiated Allegations



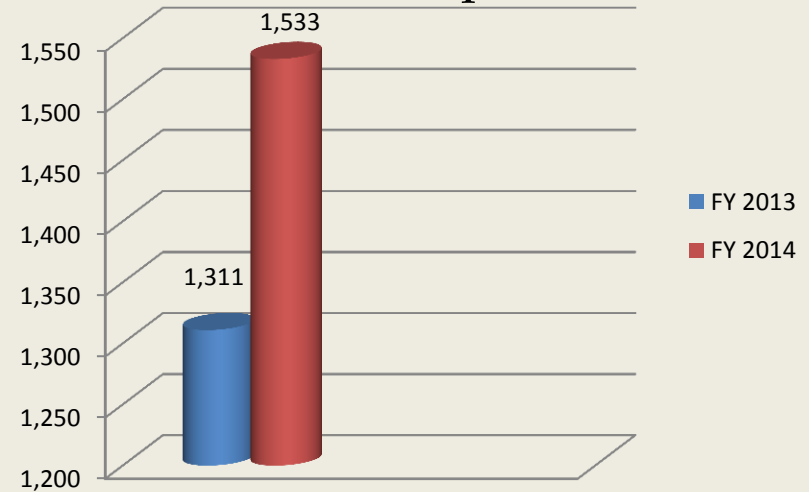
The most frequently-encountered problem is self neglect, and 64% of Adult Protective Service victims are over age 60.

Adult Protective Services

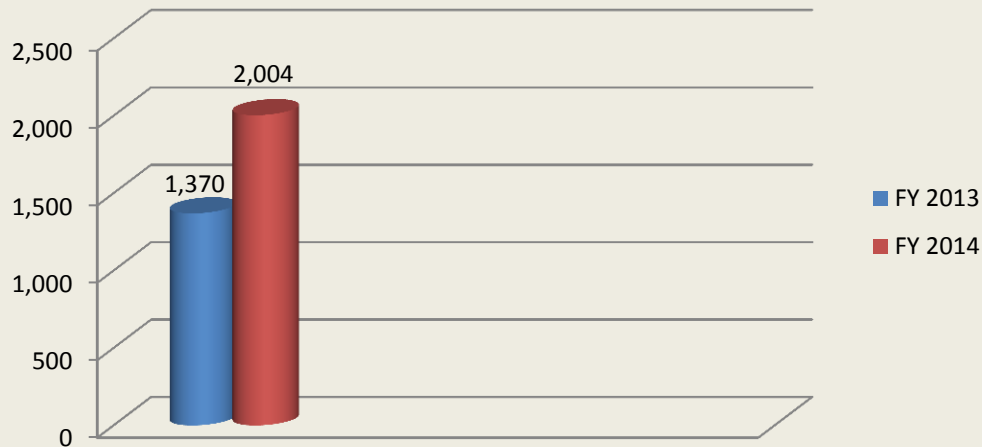
Investigations



Service recipients



Substantiations



Adult Protective Services

- Provides a system of protective services to persons over the age of 18 who are incapacitated and unable to protect themselves from abuse, neglect or exploitation (A/N/E).
- Investigate reports of adult A/N/E on a 24 hour-a-day, 7 day-a week basis throughout NM

Adult Protective Services

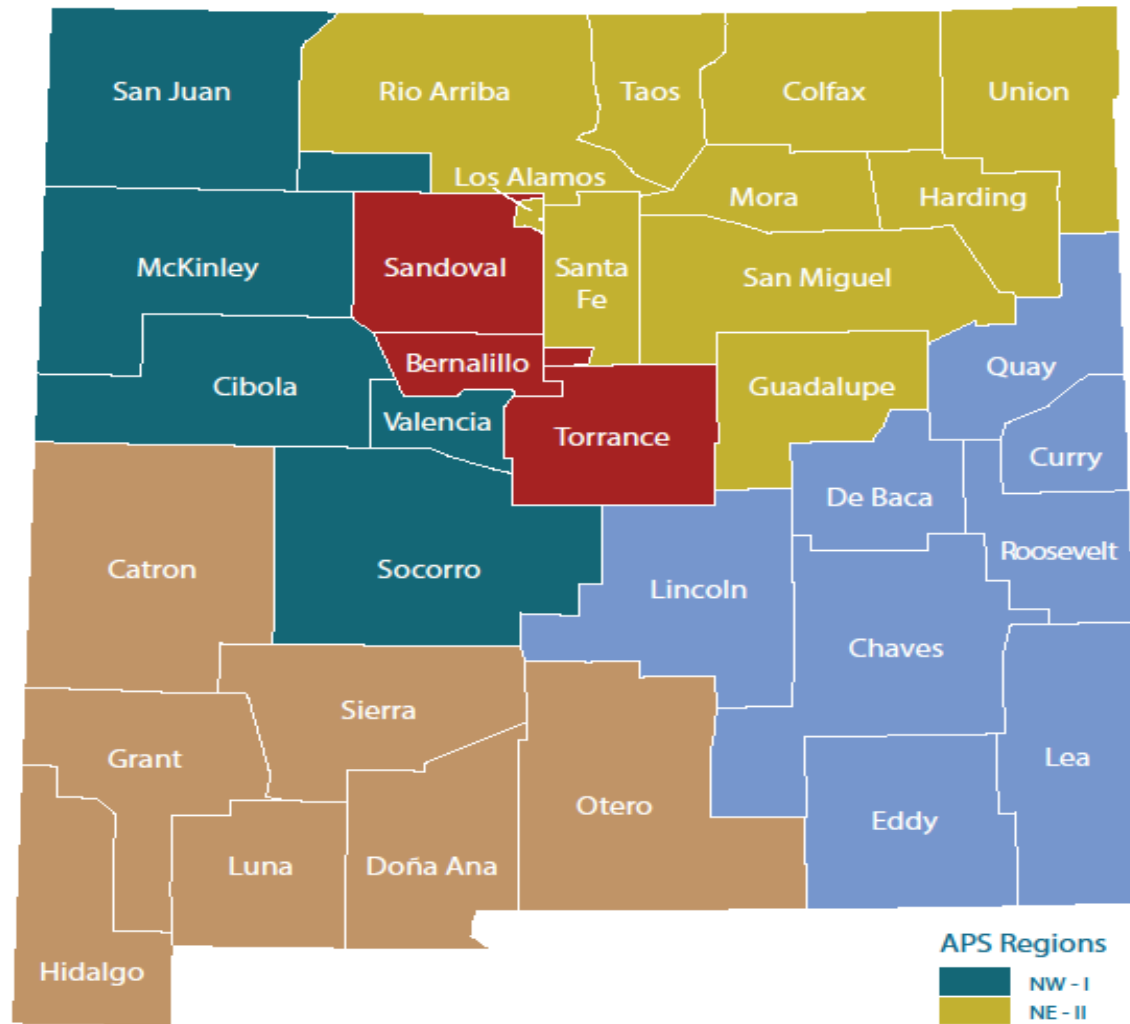
New Mexico Adult Protective Services Act Duty to Report

Anyone who suspects that an adult is being abused, neglected, or exploited has the duty to report to Adult Protective Services






Only 6% of victims ask for help themselves

To make a report:
Call APS at 1-866-654-3219





APS Regions

	NW - I
	NE - II
	METRO - III
	SE - IV
	SW - V

Adult Protective Services

APS investigates appropriate reports within specific time frames:

- ✓ **Emergency: 1 to 3 hours**
 - ✓ **Priority 1: 24 hours**
 - ✓ **Priority 2: 5 calendar days**
- APS will gather facts to assess safety and risk, as well as make a determination whether abuse, neglect or exploitation occurred.
 - Provide short-term services or make referrals for community services.



Adult Protective Services

Can:

- Investigate allegations of abuse, neglect and exploitation
- Intervene with least restrictive means possible
- Initiate or coordinate services with the client's consent
- Utilize law enforcement to gain access to an alleged victim
- Make a report to law enforcement if deemed necessary
- Share information with agencies as allowed by law

Can't:

- Take custody of an individual
- Force services on an individual if they are found to have decisional capacity
- Force an individual to take medication
- Investigate allegations solely involving substance abuse, domestic violence, mental health, or homelessness, unless the person is incapacitated



Adult Protective Services

Decisional Capacity

NMAC DEFINITION

An adult's ability to understand and appreciate the nature and consequences of proposed protective services or protective placement, including benefits, risks and alternatives to the proposed services or placement and to make or communicate an informed decision.



Adult Protective Services

- Honors decisional capacity of adults
- Fosters self-determination & personal choice of adults
- Maintains adults in their home or community when possible
- Intervenes in least-restrictive manner



APS Program Evaluation

- Demonstration of outcomes
- Performance measures
- Staffing / office locations
- Emotional abuse as separate allegation
- Clarified definitions of “neglect” and “self-neglect”
- Independent validation of client risk assessment tool



APS Program Evaluation

- Expand social work internships
- Explore additional federal funding
- Expedite rollout of new audit requirements
- Interagency collaboration
- Bilingual intake



Healthy Aging

➤ Chronic conditions such as

- Cardiovascular
- Diabetes
- Obesity
- Alzheimer's and related dementias
 - Erode quality of life and independence
 - Account for 75% of the \$2.7 trillion in annual healthcare costs in the U.S.

What are we doing about it?

Addressing modifiable risk

- Enhance Fitness
- Manage Your Chronic Disease
- Know Your Numbers
- Senior Olympics



What are we doing about it?

- Employment Programs
 - 50+ Employment Connection = 1010 people served
 - State and Federal Senior Employment=178 people; 150,000 hours
- Volunteer programs
 - 4,140 volunteers; 1.5+ million hours
- Aging and Disability Resource Center (ADRC)
 - Connects people with resources to maximize personal choice
- Transportation
 - 693,949 trips
- Meals



Senior Hunger

More than 46,000 New Mexicans 60-and-older are food insecure.

Food insecurity is associated with:

- High blood pressure
- Cardiovascular disease
- Diabetes
- Aggression and anxiety
- Depression

What are we doing about it?

The New Mexico Aging Network served:

- 50,922 people
- 3.7 million meals

92% of home-delivered meal recipients said meals allowed them to live at home

End Hunger in New Mexico Summit



Caregiving

- 419,000 New Mexicans served as family caregivers in 2009
 - Contributed \$3.1 billion in unpaid care
- U.S. unpaid caregivers provide more than \$450 billion-worth of care
 - Provide 80% of Alzheimer's care

Feinberg, L., et al. (2011, July). *Valuing the Invaluable: 2011 Update: The Economic Value of Family Caregiving in 2009* (Table 1). AARP Public Policy Institute publication. <http://assets.aarp.org/rgcenter/ppi/ltc/fs229-ltc.pdf>



Caregiving

Caregivers are at higher risk for:

- Depression
- Stress
- Heart disease
- Stroke

Caregiving

Alzheimer's Caregivers

- 61% rate their stress from caregiving as high or very high
- 33% report symptoms of depression
- Incurred \$61 million in higher healthcare costs in New Mexico
- Development of chronic conditions
- 60% are employed
 - 65% had to go in late, leave early, or take time

What are we doing about it?

- The New Mexico State Plan for Family Caregiver
- ADRC (42,680 calls in FY14)
- Care Transitions Bureau (313 nursing home residents served in 2014)
- Respite (379,097 hours provided through Area Agencies on Aging in FY14)



What are we doing about it?

- Senior Companion Program
- *New Mexico Plan for Alzheimer's Disease and Related Dementias*
- Expansion of Savvy Caregiver Program
- Meals and transportation



References

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Ziliak, J and Gunderson, C. (2013, Sept. 1). *Supplement/The State of Senior Hunger in America 2011: An Annual Report*.



Contact Us

Adult Protective Services
1-866-654-3219

Aging and Disability Resource Center
1-800-432-2080

<http://www.nmaging.state.nm.us/Services.aspx>

Aging and Long-Term Services Department
1-866-451-2901

<http://www.nmaging.state.nm.us>

