

SJOA SIERRA JOINT OFFICE ON
AGING PROGRAMS

TITLE III

TITLE XX

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PAST CHAIRMAN SJOA BOARD OF DIRECTORS 2013-
2014, CURRENT SECRETARY

SIERRA COUNTY
DEMOGRAPHICS

- Population 2013 estimate 11,572
- Persons 65 and older 32.9% = 3,807
- NM % 65 and older 14.7%
- % of those 65 and older with a disability 59% = 2,246
- Persons 60 and older 39%
- All persons 60 and older eligible for services under Older Americans Act

SIERRA COUNTY INCOMES

- 12 % of seniors 65 and older live below the Federal Poverty Level
- For a single person \$11,670. (2014)
- For two persons \$15,730. (2014)
- 2013 – single person \$11,490.
- 2013 – two persons \$ 15,510

HUNGER IN SIERRA COUNTY

- 16% or 1,910 individuals live in food insecure households
- SNAP income level is 165% of poverty
- 88% (highest in NM) of those living in food insecure households are below 165% of poverty
- 11% are between 165% and 185 % of poverty, only 1% are above 185%.
- 1% is the lowest county level in NM

WHO WE SERVE

- SENIORS 60 AND OVER
- SPOUSES OF SENIORS 60 AND OVER EVEN IF THEY ARE NOT 60.
- HANDICAPPED WITH A CARETAKER OVER 60, WE SERVE BOTH
- TITLE XX CLIENTS UNDER 60 (APS REFERRALS)
- HANDICAPPED INDIVIDUALS LIVING IN LOW-INCOME, HANDICAPPED AND SENIOR HOUSING

TITLE III

• CONGREGATE MEALS AT 3 SITES

- Ken James Senior Center at 360 W. 4th
- Hacienda Orgullo Senior Housing
- Arrey Community Center – MWF

Funding from NSIP, (Nutrition Services Incentive Program) Title III (State, local dollars, and donations)

FUNDING FOR TITLE III CI CONGREGATE MEALS

- **FEDERAL DOLLARS-** \$49,766
- **STATE DOLLARS-** \$30,635
- **LOCAL DOLLARS -** \$18,900 – Municipal Contributions
- **NSIP** \$29,915 domestic foods only
- **Program Income -** \$64,000 ? – from those contributing to the program – recipients
- **TOTAL -** \$129,216 hard dollars
- **? \$64,000 soft money donations**

CONGREGATE MEALS EXPENSES

- **BUDGET =** \$193, 216 (this includes soft dollars or donations)
- This must cover salaries, supplies contractual services, maintenance, etc.
- Estimate we will serve 43,564 meals, and serve 656 unduplicated users
- \$4.43 per meal.
- Recommended donation \$2.00 meal

CONGREGATE MEAL REALITIES

- Currently serving 110 to 140 meals daily at the three sites (Arrey only 3X/wk)
- With influx of snowbirds this will rise to 160 to 210 meals daily.
- $43,564 \text{ meals} / 52 = 837 \text{ weekly} / 5 = 167.$
- Last year we exceeded units by more than 3,000 units and received no reimbursement for those meals.

TITLE III C2- HOME-DELIVERED MEALS - HDM

- FEDERAL DOLLARS- \$27,234
- STATE DOLLARS- \$73,411
- NSIP -\$ 19,943
- LOCAL DOLLARS- \$12,600- this is Municipal contributions
- Projected Income - \$14,251 this is recipient donations
- TOTAL - \$147,439

HOME DELIVERED MEALS BUDGET

- Budget \$147,439 covers salaries, expenses including gasoline, Hot Shot Truck maintenance, food and other supplies
- Budgeted to serve 165 unduplicated users, provide 29,869 meals including weekend frozen meals/ \$4.94 meal
- Currently providing 600 meals a week X 52 weeks = 36,400 per year/ \$4.05 meal.

MEAL DONATIONS

- LUNCH - \$2.00 – this is a voluntary contribution donation box must be 6 ft. away from the sign in book at mealsite.
- MOW – Meals on Wheels, hot meal delivered 5 days per week, frozen weekend meals, suggested donation \$2.00 per meal.
- Reality most MOW are poorer than those that come to the meal site as well as being more handicapped and often cannot donate.

MEAL REQUIREMENTS

- Obligated to meet 1/3 of the DRI or Daily Reference Intake.
- For lunch must contain 700 Kcal.
- 1/3 DRI for protein, calories, calcium, Vitamin, C, D and B-12.
- Must serve milk to everyone who wants milk for congregate and home delivered meals.

TITLE IIIB TRANSPORTATION (ACCESS)

- FEDERAL DOLLARS - \$25,251.
- STATE DOLLARS - \$43,965.
- LOCAL INCOME - \$3,000.
- PROJECTED INCOME - \$10,818 (donations)
- TOTAL - \$83,034.
- Covers salaries, gasoline, maintenance

SERVICE UNITS AND REIMBURSEMENT

- Projected number riders unduplicated – 221
- Total number of reimbursable units – 9,960
- Budgeted \$86,034/ 9,600 = \$8.65 per unit.
- Reimburses for local trips but not to Las Cruces or Albuquerque. Currently request \$10.00 donation for Las Cruces and \$ 25.00 for Albuquerque.

Sierra County Transportation Realities

- **NO** taxi or local transportation services except SJOA
- SJOA is the only provider of local transportation for those 60 and over.
- Local transportation is for trips to meal site, medical, pharmacy pick-ups and shopping. Weekdays only.
- Vans run from 8 am until 2 pm but will pick up as late as 3:30 for medical.

OUT OF TOWN TRIPS LAS CRUCES

- Twice a week trips to Las Cruces almost all for medical appointments.
- Generally 4 to 7 passengers including wheel chair transportation.
- Can take clients under 60 if they fall under Title XX (APS clients) if room available.
- Will schedule extra trips for day surgery and pick-up.

OUT OF TOWN TRIPS ALBUQUERQUE

- Primarily for medical including to VA Hospital, other medical, airport and if space – Casino (they had to pay \$25.00)
- Discussion of stopping twice weekly trips to Albuquerque because of tight budget and increasing cost of gasoline and vehicle wear and tear.
- VA van now making more regular trips to Albuquerque.

REGIONAL TRANSPORTATION AUTHORITY – NEW PLAYER

- Certain days – Monday and Wednesday – trips to Las Cruces.
- Leaves T or C at 6:50 am.
- Reaches Las Cruces 9:00 am. – goes to the local transit authority.
- Rider must take buses or taxis to appts.
- Must return to Hub by 12:50 pm as the bus leaves to T or C at that time.

FUNDING FOR IIIB – HOMEMAKER SERVICES

- FEDERAL DOLLARS – \$0.00
- STATE DOLLARS –\$82,413
- LOCAL DOLLARS - \$3,000
- RECIPIENT DONATIONS - \$250.00
- TOTAL - \$85,413

RESPIRE SERVICES

- \$20,465 To provide 770 hours of services to allow caregivers to shop, go to medical appointments, etc.
- Often respite workers will also clean while providing these services.

2013-2014

- SJOA provided more services under Congregate meals, Home Delivered Meals and Transportation than we were budgeted.
- Flat-funded for the past three years despite exceeding units in these categories.
- Increasing number of those needing services.

LOCAL INCOME

- T or C \$20,000
- County \$30,000
- Elephant Butte \$6,000
- Williamsburg \$3,000
- TOTAL - \$59,000 – two years ago we received \$58,000 from T or C, last year \$30,000 and this year \$20,000.
- Competition for sub-recipient funding is increasing and all groups got a little.

TOTAL INCOME TITLE III

- Federal \$ 102,251.
- State \$250,889
- NSIP \$ 49,858
- Local \$59,000
- Program Income – projected
- \$10,818 – transportation donations?
- MOW - \$14,251 donations?
- Congregate Meals - \$64,685 – donations?

INCOME CONTINUED TITLE III

- Homemaker Services - \$1,000 donations
- TOTAL HARD DOLLARS - \$ 421, 998.
- TOTAL SOFT MONEY - \$90, 754.
- TOTAL BUDGET - \$ 512.752
- SJOA has to fund raise – through special events – dances, thrift store, etc.

TITLE XX – ADULT PROTECTIVE SERVICE CLIENTS

- Low – Income adults ages 18 and over who are referred by Adult Protective Services because of abuse, neglect or exploitation. Most are self-neglect.
- Provide homemaker services, transportation, shopping and limited food.
- Unless they are 60 or older or have a waiver do not receive services under Title III including meals.

TITLE XX SERVICES

- Most require a minimum of 4-6 hours of services a week including personal care.
- Often they have multiple handicaps both mental and physical.
- Currently we see around 30 Title XX clients.

2013-1014 REALITIES

- OVER BUDGETED MEALS SERVED AT CONGREGATE SITES BY 9.5%
- OVER BUDGETED MEALS DELIVERED BY 6.2%
- TRANSPORTATION WAS OVER BY 9.8% BECAUSE THERE IS NO TAXI AND NO OTHER PUBLIC TRANSPORTATION FOR SENIORS.

CURRENT REALITIES

- Sierra County has increasing numbers of seniors who are low income and need services
- Seniors want to 'age in place', and services provided often assist in keeping seniors in their own homes or apartments
- Dollars must NOT be cut from future budgets that address 'senior programs'.

SENIOR PROGRAMS

- Senior Programs that keep seniors at home are far more cost effective than nursing homes
- Senior Programs are crucial to allow seniors a choice when they need services such as HDM in order to remain in their homes.
- THANK YOU FOR LISTENING.
