



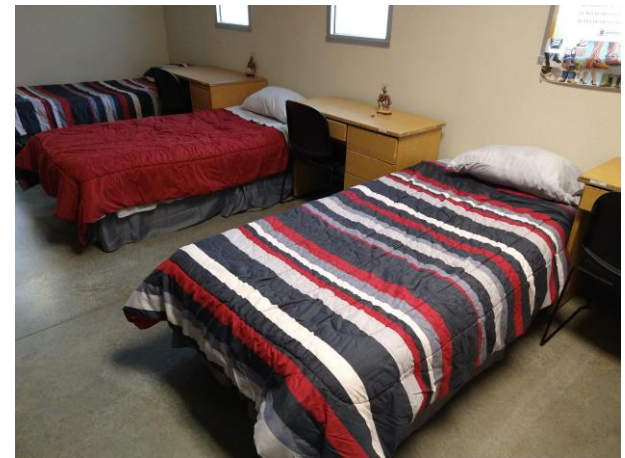
Barry Ore, Program Director
Four Corners Detox Recovery Center
September 2022

Objectives

1. Introduce Four Corners Detox Recovery Center
2. Provide overview of programs and review progress in building continuum of care in Gallup
3. Explore next steps and plans for expansion

Program Description

- A division of Santa Fe Recovery Center
 - Providing SUD services since 2005
 - CARF Accredited since 2007
- Currently located at 2105 Hasler Valley Rd, Gallup, NM 87301
 - Former McKinley County Juvenile Detention Center
- 45 Bed Capacity
- Detox, short-term residential levels of care
- We accept all NM insurance
 - As of October 1, 2020 Medicaid covers Detox services
 - Arizona insurance pending approval
- Funding for uninsured available from BHSD/Falling Colors



Program Descriptions

- **Medically monitored detox**
 - Began 12/28/2020 to meet needs of community
 - Voluntary recovery engagement in a safe, comfortable environment
 - Adults, men and women
 - housed separately, program together
 - Capacity of 15
 - Help with withdrawal management
 - Address complex medical and social needs
 - Medical, counseling, case management services

Program Descriptions

- Short-term **residential** treatment (30 days) –
 - Began 6/24/2021 to meet needs of community
 - Adults 18 and over, men and women
 - housed separately, program together
 - Capacity of 30
 - Services include: individual and group counseling, Case Management, medication management, 12-steps, worship services, traditional healing

Program Descriptions

- **Demographic overview**
 - The majority of clients are Native American.
 - Accepting clients from across NM (including Santa Fe) and AZ
 - Primary hospital partner, referral source is GIMC
 - Referrals from Zuni, Crownpoint, Shiprock, and surrounding communities
 - Most clients have co-occurring disorders; a primary substance use disorder, mental health diagnoses, and/or medical conditions.
 - Most have polysubstance use disorder, with alcohol use disorder or opiate use disorder present in almost all cases.
 - Alcohol use disorder 85%
 - Stimulant use disorder 10%
 - Opiate use disorder 5%

Program Descriptions

- Blend evidence-based with traditional services
 - Holistic programming
 - Traditional healers, Navajo wellness groups
 - Gardening, arts, physical activity, mindfulness, 12-steps, interactive journaling, psychoeducation, recovery skills, emotional regulation, Acudetox
 - Volunteers – health education, worship services
 - Follow ASAM Model
 - Use of evidence based models (MI, CBT, Peer Support, Seeking Safety, CRA)
 - Emphasis on community reintegration and promoting long-term recovery
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Program Descriptions

Traditional Healing



Program Descriptions

Community Garden

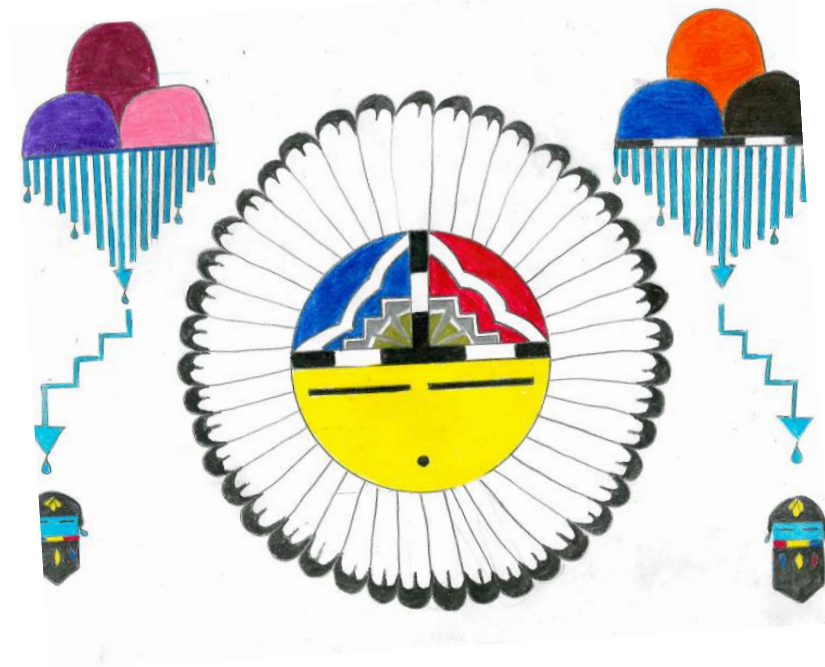
A metaphor for program growth



Program Descriptions

Client Art

Empowerment of cultural expression



Street Outreach

- Street Outreach initiative began October 2021
- Project funded by 2 HRSA Grants
- Filling gaps in services and meeting people where they are with harm reduction and SUD services
- Emphasis on collaboration and community engagement
 - Formally partnered with BHSD, GIMC, RMCHS, Hozho, NCI, Community Pantry, Lexington Shelter, and others – the consortium continues to grow.
 - Working with other agencies including tribal chapter houses, IHS clinics, law enforcement, and other community organizations.
- Team includes Outreach Coordinator and 4 Outreach workers
 - Outreach workers are CPSW, CHW, and Case Managers
 - Activities include community Case Management and education workshops at partner agencies (substance use treatment, health, DV, resiliency)
- Groups at McKinley County Detention Center, NCI, and Lexington Shelter
- Monthly consortium meeting - average attendance of 35

- Services provided in 2021
 - 813 detox admissions
 - 581 male, 228 female
 - 573 unique clients
 - 244 of 573 clients transferred to residential (43%)
 - 157 residential admissions
 - 118 male, 39 female
 - 140 unique clients
 - 103 of 140 finished 30-day program (74%)
- Services provided in 2022
 - On pace for over 1,000 detox admissions and nearly 400 residential admissions

Program Reputation

- Challenges to re-shape perception of detox in Gallup community
- Diverse local staff help with cultural competency
- Work closely with community partners
 - Weekly collaborative community meetings
 - GIMC (IHS hospital); RMCHS Hospital; Gallup PD; McKinley County IOP; Hozho; Shelters, etc.
 - Reputed as strong program
 - Recruitment of 45 staff and earned staff buy-in
 - Feedback from Governor, City, Police, providers, etc.
- Still gaining trust, raising awareness

Objectives

- Short-term
 - Increase utilization to meet needs of community
 - Operated at low census for first year
 - Waiting list first started February 2022
 - Expand services to include outpatient Fall 2022
 - Provides step-down services for residential programs
 - Contracted with McKinley County to provide Treatment Court IOP for DWI Drug Court and Pretrial
 - Adding CRAFT groups
 - Have reached capacity at current location
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Objectives

- Longer term
 - Secure new, permanent location by 2024
 - Capital outlay funds from state for building
 - McKinley County would act as fiscal agent to purchase and renovate a building
 - Need additional funding for building renovation
 - Expand capacity for detox and residential services
 - Add to continuum of care; including outpatient services, extended residential, recovery housing, workforce development
 - Start an Outreach/Case Management ECHO with training curriculum

Client Story Telling

Littlelobe Visits Gallup for VOCA Project:

As part of the Santa Fe Recovery Center's VOCA Project, Littlelobe is creating 3-4 short films for social media focusing on indigenous females who have young children, are pregnant or of childbearing age who live in and near Gallup, NM and who are dealing with substance use issues. Littlelobe travelled to Gallup and filmed on site at FCDRC to interview staff and clients/former clients to help share stories and resources through these short films. Clients found it empowering. We cannot wait to see the finished product!



Video:

- [About 4 Corners \(Part 3\) - YouTube](#)



Questions? Contact us –

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Thank you for your time and support!