

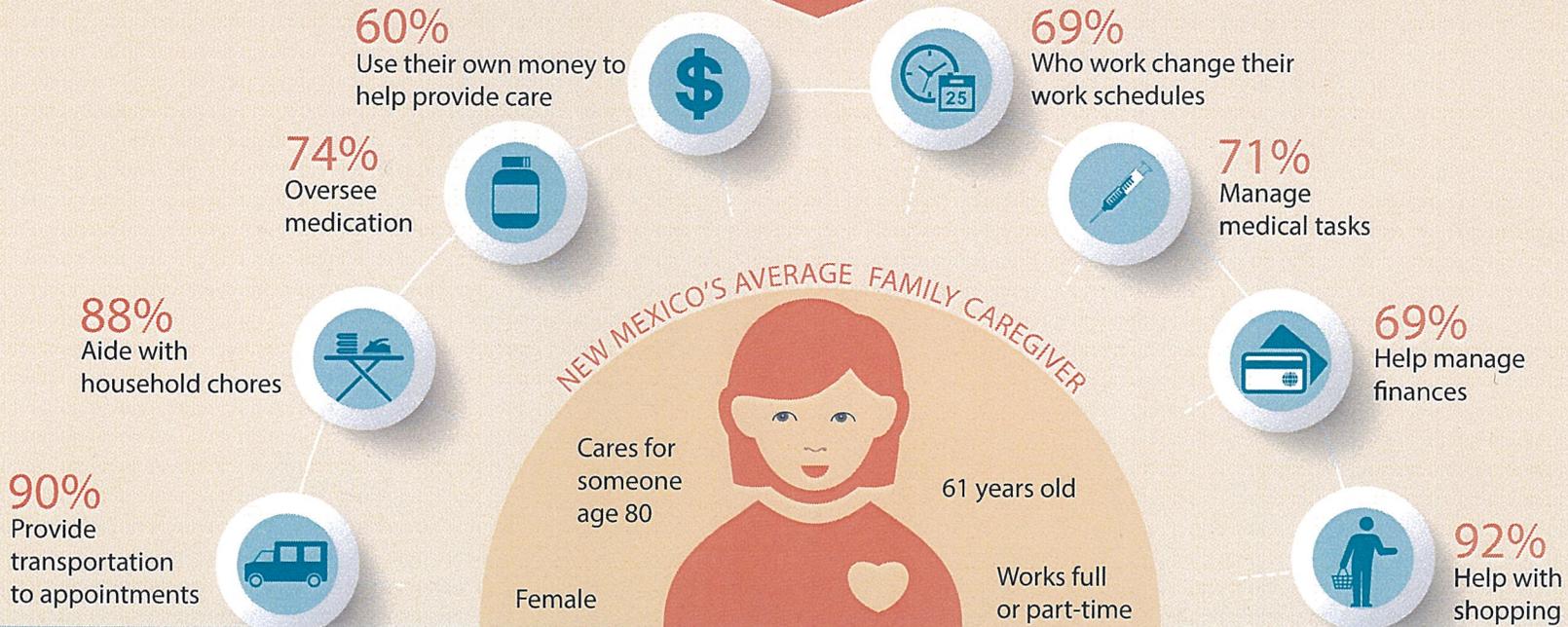
NEW MEXICO RESIDENTS ARE FAMILY CAREGIVERS

Across New Mexico 419,000 family caregivers give their hearts every day, helping their parents, spouses, and other loved ones stay at home. AARP recently surveyed 1,000 New Mexico voters age 45+ about caring for their families. Here's what we learned.

53%  Current or Former Caregivers

44%  Likely Caregivers in the future

While they wouldn't have it any other way, family caregiving is a huge job. They:



Family caregivers need support to make their big responsibilities a little bit easier. New Mexico voters support:

90%

Services to help older New Mexicans stay at home

78%

Resources and training for family caregivers

88%

Community services so family caregivers can take a break

95%

Hospitals instructing family caregivers on medical tasks before loved ones are discharged