At-A-Glance:
Colorado Family Planning Initiative (CFPI)

Between 2008 and 2014
• Provided over 30,000 LARCs to low-income women
• Teen birth rate dropped 40% and abortions fell 35%
• Medicaid avoided a median of $79 million in related health care costs over the first 3 years of CFPI*
• Cost of the program was $27 million over 7 years
  ▪ Training for health care providers
  ▪ Support for operational infrastructure
  ▪ Reduced or eliminated cost of LARCs

*Based on population estimates, the range is $49-$111 million.
Background:
Colorado Family Planning Initiative

- Why Colorado?
  - Politics
  - Strong Title X network
- Why LARC?
- Activities
  - Provider and health center staff training
  - Funds for LARC devices
  - Outreach & education
  - Infrastructure development
### Game Changer: Measurable Outcomes

<table>
<thead>
<tr>
<th></th>
<th>2008</th>
<th>2014</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Title X LARC insertions</strong> (ages 15-24)</td>
<td>.5%</td>
<td>9.6%</td>
</tr>
<tr>
<td><strong>Title X IUD &amp; implant use</strong> (ages 15-24)</td>
<td>4%</td>
<td>29.6%</td>
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<tr>
<td><strong>Title X Oral contraceptive use</strong> (ages 15-24)</td>
<td>44%</td>
<td>29.9%</td>
</tr>
<tr>
<td><strong>State Fertility rates</strong> (per 1,000 women 15-19)</td>
<td>39.6</td>
<td>19.4</td>
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</tbody>
</table>
Total Number of Births and Fertility Rates
Ages 15-19, Colorado, 2007-2013

Number of Births and Fertility Rates

<table>
<thead>
<tr>
<th>Year</th>
<th>Number</th>
<th>Birth Rate</th>
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<tbody>
<tr>
<td>2007</td>
<td>6,657</td>
<td>40.2</td>
</tr>
<tr>
<td>2008</td>
<td>6,569</td>
<td>39.5</td>
</tr>
<tr>
<td>2009</td>
<td>6,201</td>
<td>37.4</td>
</tr>
<tr>
<td>2010</td>
<td>5,422</td>
<td>33.1</td>
</tr>
<tr>
<td>2011</td>
<td>4,687</td>
<td>28.0</td>
</tr>
<tr>
<td>2012</td>
<td>4,122</td>
<td>24.3</td>
</tr>
<tr>
<td>2013</td>
<td>3,807</td>
<td>22.3</td>
</tr>
<tr>
<td>2014</td>
<td>3,361</td>
<td>19.4</td>
</tr>
</tbody>
</table>
Number of second and higher order births, ages 15-19, Colorado, 2007 to 2013

<table>
<thead>
<tr>
<th>Year</th>
<th>Number of Births</th>
</tr>
</thead>
<tbody>
<tr>
<td>2007</td>
<td>1,317</td>
</tr>
<tr>
<td>2008</td>
<td>1,258</td>
</tr>
<tr>
<td>2009</td>
<td>1,183</td>
</tr>
<tr>
<td>2010</td>
<td>947</td>
</tr>
<tr>
<td>2011</td>
<td>777</td>
</tr>
<tr>
<td>2012</td>
<td>653</td>
</tr>
<tr>
<td>2013</td>
<td>551</td>
</tr>
</tbody>
</table>
Other Impacts

- **42% reduction** in teen abortion rates statewide
- **25% reduction** in WIC infant enrollment (all ages)
- **$79 million** Median Medicaid costs averted*
- **20% reduction** in infant mortality

*Based on population estimates, the range is $49-$111 million.

Insights & Lessons Learned

- Maximize existing systems (low hanging fruit)
  - Title X
  - FQHCs

- Champions are key to meaningful change

- Clinical training doesn’t end with providers
  - Clinic efficiency
  - Billing/coding

- Follow best clinical practices and guidelines
Insights & Lessons Learned (cont.)

- Policy work is key
  - Supportive minor consent laws
  - Insurance & Medicaid
    - Confidentiality
    - Benefits and reimbursement
    - Essential community providers
  - Contracting
  - Media and normalizing the issues
Insights & Lessons Learned (cont.)

- Challenges
  - Late adopters and skeptics
  - Provider limitations
  - Confidentiality and insurance

- What about STI risk?
  - CG/GC rates actually went down
  - Condom use didn’t change (went up among teens)
The Future

• Funding
  - Past legislative work to increase existing line item in the general fund (failed)
  - Funders Forum hosted at CDPHE will bring 14 Colorado Foundations to support project $2,000,000
  - National Foundation will support with $500,000
  - Working on 2015-2016 legislative decision item

• Activities
  - Provider training
  - Post partum LARC
  - Research
Questions?
Contact Us

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THANK YOU!