



New Mexico Aging and

Long-Term Services

Department

Contact Information

The Aging and Disability Resource Center

Santa Fe 505-476-4846 Toll Free in New Mexico 800-432-2080 Fax: 505-476-4710

Website:

www.nmaging.state.nm.us

### **HELP STOP ADULT ABUSE**

If you suspect adult abuse, please report it to the proper tribal authorities, or call, toll free, 1-866-654-3219

The Department's mission is to provide accessible, integrated services to older adults, adults with disabilities, and caregivers to assist them in maintaining their independence, dignity, autonomy, health, safety, and economic well-being, thereby empowering them to live on their own terms in their own communities as productively as possible.

# Indian Area Agency ON Aging

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1-866-842-9230

## Indian Area Agency On Aging



Do you know a senior who needs:

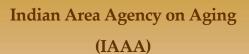
- Meals
- Transportation
- Adult Day Care











The Indian Area Agency on Aging was created in October 1991, under General Appropriations Act of the New Mexico Legislature and designated by the State of New Mexico as a focal point for addressing issues affecting New Mexico's Indian elders.

The IAAA supports Indian elders' unique cultural and traditional needs and promotes services that improve their quality of life. IAAA staff serve as advocates for New Mexico's Indian elders. The IAAA has developed an area plan for strengthening and coordinating services such as training, information & assistance, transportation, volunteer opportunities, nutrition programs, and health promotion activities.

The Indian Area Agency on Aging provides funding for 21 senior centers and 3 adult day care centers. Funding is for age eligible individuals living on their respective tribal lands. Age eligibility is determined locally.



The Indian Area Agency on Aging is a unit of the NM Aging & Long-Term Services Department. New Mexico has 6 Planning & Service Areas (PSAs) statewide, including 2 tribal Planning & Service Areas . PSA 5 consists of the Navajo Nation and PSA 6 consists of the 19 Pueblos and 2 Apache Tribes.

# CONTINGENT UPON FUNDING & AVAILABILITY, SENIOR CENTER SERVICES MAY INCLUDE:

- Congregate Meals
- Home-Delivered Meals
- Case Management
- Information & Assistance
- Transportation
- Homemaking/Housekeeping
- Personal Care
- Respite Care
- Adult Day Care
- Physical Fitness/Exercise
- Education/Training
- Interpreting
- Shopping Assistance
- Health Promotion/Disease Prevention
- Volunteer Opportunities, etc.

#### New Mexico Tribal Senior Centers

Pueblo of Acoma	505-552-6316
Pueblo de Cochiti	505-465-3133
Pueblo of Isleta	505-869-9770
Pueblo of Jemez	505-834-9168
Pueblo of Laguna	505-552-9072
Pueblo of Nambe	505-455-2770
Ohkay Owingeh	505-852-4516
Pueblo of Picuris	575-587-2116
Pueblo of Pojoaque	505-455-2240
Pueblo of Sandia	505-771-5140
Pueblo of Santa Ana	505-967-5274
Pueblo of Santa Clara	505-692-6244
Pueblo of Santo Domingo	505-465-0689
Pueblo of San Felipe	505-867-2349
Pueblo of San Ildefonso	505-455-7326
Pueblo of Taos	575-758-7502
Pueblo of Tesuque	505-955-7781
Pueblo of Zia	505-867-9603
Pueblo of Zuni	505-782-5541
Jicarilla Apache Nation	575-759-3653
Mescalero Apache Nation	575-464-1614
Eight Northern	505-852-1381
Five Sandoval	505-771-5376
Navajo Nation	928-871-6868