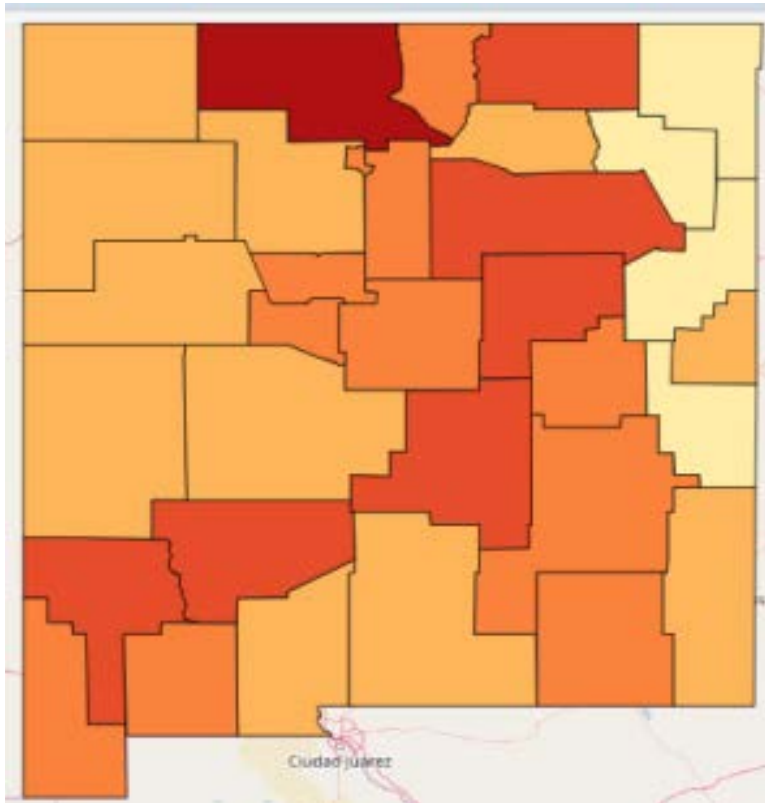


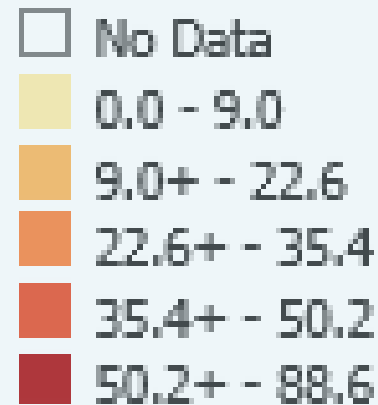
San Miguel County Detention Center MAT Program



Addiction in our Community



Drug Overdose Deaths per 100,000 Population (Age-adjusted)

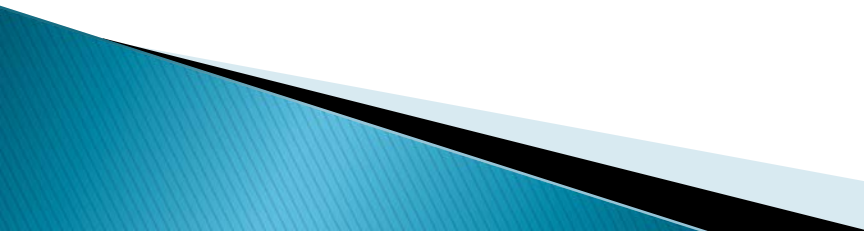


Grouping: Jenks Natural Breaks

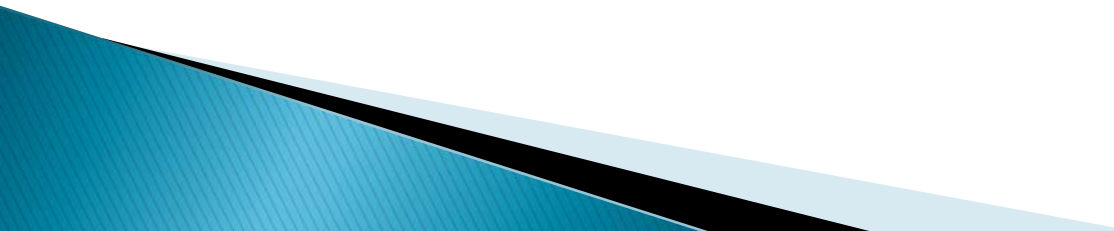
Data Table

| Decedent's County of Residence | Drug Overdose Deaths per 100,000 Population (Age-adjusted) | 95% CI LL | 95%CI UL | Number of Deaths | Number in the Population (person-years) | Statistical Stability | |
|--------------------------------|--|-----------|----------|------------------|---|-----------------------|---------------|
| Bernalillo County | 26.3 | | 24.1 | 28.6 | 547 | 2,037,961 | - |
| Catron County | 15.1 | | 0.0 | 44.7 | 1 | 10,743 | Very Unstable |
| Chaves County | 25.4 | | 18.0 | 32.8 | 47 | 196,556 | - |
| Cibola County | 22.6 | | 11.6 | 33.5 | 17 | 81,715 | - |
| Colfax County | 45.6 | | 21.2 | 70.0 | 16 | 37,288 | - |
| Curry County | 20.4 | | 12.4 | 28.5 | 26 | 150,546 | - |
| De Baca County | 29.6 | | 0.0 | 87.6 | 1 | 5,522 | Very Unstable |
| Dona Ana County | 16.6 | | 13.2 | 20.1 | 96 | 650,659 | - |
| Eddy County | 24.9 | | 17.3 | 32.5 | 43 | 173,453 | - |
| Grant County | 39.3 | | 23.9 | 54.7 | 28 | 84,712 | - |
| Guadalupe County | 37.8 | | 3.7 | 71.9 | 5 | 13,323 | Unstable |
| Harding County | 0.0 | | 0.0 | 163.2 | 0 | 2,078 | Unstable |
| Hidalgo County | 34.6 | | 2.9 | 66.2 | 5 | 13,180 | Unstable |
| Lea County | 19.7 | | 13.5 | 26.0 | 40 | 210,881 | - |
| Lincoln County | 48.0 | | 27.4 | 68.7 | 23 | 59,054 | - |
| Los Alamos County | 23.8 | | 9.9 | 37.6 | 12 | 55,869 | - |
| Luna County | 28.7 | | 14.7 | 42.8 | 17 | 73,871 | - |
| McKinley County | 13.7 | | 8.3 | 19.0 | 26 | 217,363 | - |
| Mora County | 12.7 | | 0.0 | 37.7 | 1 | 13,724 | Very Unstable |
| Otero County | 18.7 | | 12.3 | 25.1 | 36 | 198,201 | - |
| Quay County | 9.0 | | 0.0 | 19.8 | 3 | 25,306 | Very Unstable |
| Rio Arriba County | 88.6 | | 69.9 | 107.3 | 92 | 118,271 | - |
| Roosevelt County | 6.6 | | 0.0 | 13.3 | 4 | 58,412 | Very Unstable |
| Sandoval County | 20.1 | | 15.7 | 24.5 | 83 | 429,254 | - |
| San Juan County | 18.5 | | 13.9 | 23.1 | 65 | 384,690 | - |
| San Miguel County | 50.2 | | 32.9 | 67.5 | 36 | 84,156 | - |
| Santa Fe County | 30.1 | | 24.5 | 35.7 | 119 | 448,276 | - |
| Sierra County | 42.1 | | 13.8 | 70.4 | 11 | 33,759 | Unstable |
| Socorro County | 16.2 | | 4.5 | 27.9 | 8 | 51,774 | Unstable |
| Taos County | 29.6 | | 17.4 | 41.8 | 24 | 99,256 | - |
| Torrance County | 32.0 | | 14.7 | 49.4 | 15 | 47,184 | - |
| Union County | 0.0 | | 0.0 | 26.6 | 0 | 12,752 | Unstable |
| Valencia County | 35.4 | | 27.2 | 43.6 | 75 | 228,046 | - |
| Overall | 25.3 | | 24.0 | 26.6 | 1,525 | 6,307,837 | - |


Las Vegas, New Mexico

- ▶ Las Vegas is a small rural community with a population of 13,107.
 - ▶ Hispanics serve as the majority minority.
 - ▶ 36% in the poverty rate.
 - ▶ Average household income is \$24,890
 - ▶ Two School Districts
 - ▶ One University
 - ▶ One Community College
 - ▶ Behavioral Health Institute
 - ▶ Armand Hammar United World College
- 

Why should we target those incarcerated?

- Statistically 90% of those incarcerated abuse or are addicted to drugs and or alcohol.
 - Recidivism Rate for San Miguel County is 85%
 - 47% of Detainee population self claim opioid abuse (41 detainees of 88)
 - 33 males – 45%, 8 females – 57%
- 

Medication Assisted Treatment

- Use of medication to treat addiction
 - Naltrexone
 - Evidence Based Education
 - Moral Reconciliation Therapy (MRT)
 - Matrix Model
 - Counseling
 - Addiction
 - Group
 - Individual
 - Family
 - Gardening
 - Release Planning
 - Community Involvement
 - Continuum of Care – Six Months to a Year
- 

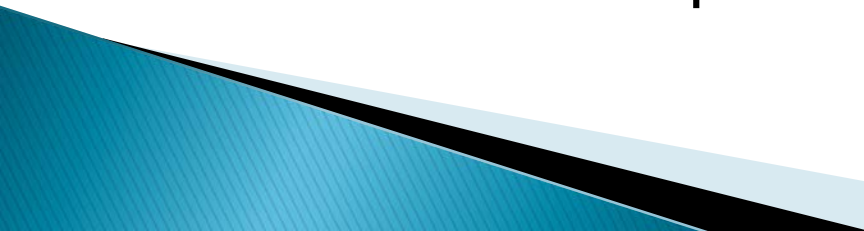
Intensive Inpatient



Programming
7 days a week
8:00 a.m. – 8:00 p.m.

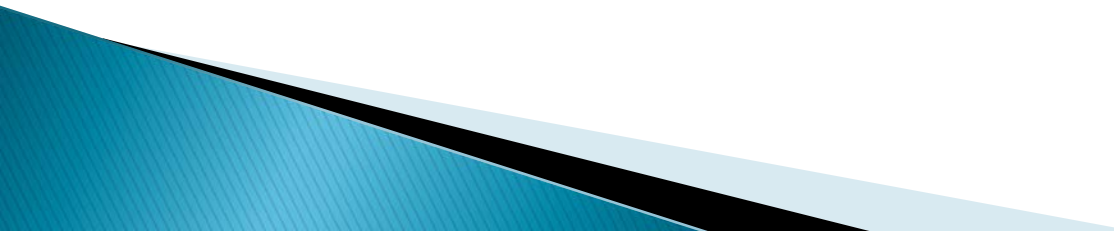


Reintegration Center

- 12 Bed Facility
 - Programming concept
 - Daily Schedule 8:00 am to 8:00pm Structured Programming
 - Individualized Treatment
 - Release Planning – Wrap around model
 - Zero Tolerance Program
 - Female Population will utilize the facility classroom along with day room activities
 - We are the only facility in New Mexico to have a Reintegration Center in a jail setting, and are the first to offer Outpatient/Aftercare Programming
- 



Screening

- ▶ The Opioid Risk Tool – determine if the participant is at low, moderate, or high risk for Opioid Abuse.
 - ▶ Several qualitative questions that will help determine client's motivation to change.
 - ▶ Personal Interview
 - ▶ Random Drug Testing
- 

AS PART OF THE INTAKE PROCESS PLEASE ANSWER THE FOLLOWING QUESTIONS: (USE BACK OF PAPER IF NECESSARY)

1. WHAT ARE THE MOST IMPORTANT REASONS FOR A CHANGE AND PARTICIPATION IN THE PROGRAM?

2. WHAT WOULD BE SOME OF THE BENEFITS ABOUT MAKING A CHANGE AND PARTICIPATING?

3. WHAT CONCERNS DO YOU HAVE ABOUT CHANGING YOUR USE OF PRESCRIPTION DRUGS?

4. IF ACCEPTED IN THE PROGRAM PLEASE LIST 3 INDIVIDUALS WHO WOULD BE SUPPORTIVE AND ACTIVE IN YOUR RECOVERY. TO INCLUDE ATTENDANCE TO A FAMILY/SUPPORT EDUCATION GROUP:

- 1.
- 2.
- 3.



(Mark each box that applies)

Opioid Risk Tool Assessment(Intake)

Date: _____

Patient Name _____

1. Family History of Substance Abuse

Alcohol []

Illegal Drugs []

Prescription Drugs []

2. Personal History of Substance Abuse

Alcohol []

Illegal Drugs []

Prescription Drugs []

3. Age (Mark box if 16-45) []

4. History of Preadolescent Sexual Abuse []

5. Psychological Disease []

Attention Deficit Disorder

Obsessive Compulsive Disorder

Disorder

Bipolar

Schizophrenia

Depression []

Medication Assisted Treatment Program (MAT)

FOR OPIOID/POLYSUBSTANCE
DEPENDENCE

An Opioid Treatment Program and or Medication Assisted Treatment Program (MAT) assists with the use of medications, combined with counseling, to treat substance use disorders. Determined treatment is for an individual addicted to an opiate, such as OxyContin, hydrocodone, heroin, Vicodin, Percocet, Lortabs, and fentanyl.

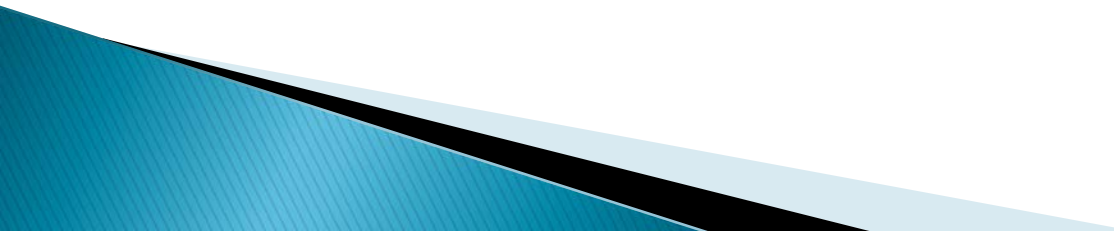
Opioid addiction is a chronic, relapsing brain disease that affects people psychologically and physically. Effective treatment programs often focus on both aspects of addiction through counseling and medication.^{1,2} VIVITROL is a non-addictive, once-monthly treatment proven to prevent relapse in opioid dependent patients when used with counseling following detoxification. VIVITROL blocks opioid receptors in the brain while you work with the psychological aspects of counseling.

****Please note if forms are not placed in the Grievance Box they will not be reviewed****

Krystal C'deBaca updated 9/5/19

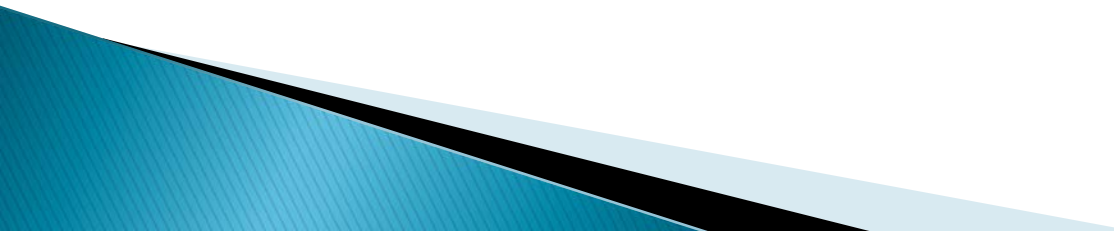
The Need For Evaluation

- ▶ Accountability (funders)
 - ▶ Process Measures
 - ▶ Future Funding Opportunities

 - ▶ **Does this work?**
- 

Evaluation

Monthly Surveys

- ▶ Beck Depression Scale
 - ▶ Generalized Self-Efficacy Scale
 - ▶ Rosenberg Self-Esteem Scale
 - ▶ Stress Related Questionnaire
 - ▶ Symptom Checklist.
- 

Program First Night Deep Reflection Assignments

- ▶ Obituary
- ▶ Letter of Forgiveness to self and others

HOPE

[Handwritten text, likely a prayer or reflection]

"It wasn't for the girls taking a chance on me, I wouldn't be here today."
Antonio Diaz

"I'm not out the night
Learning his name"

"It's very hard, but it's worth it!"
Johnny Roybal

[Handwritten text, possibly a letter or journal entry]

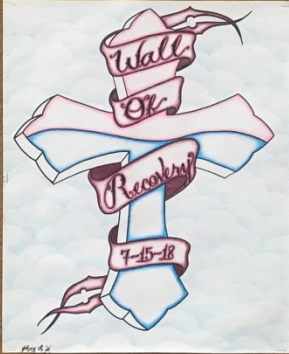
"If you're real with God, God will be real with you."
Pastor Paul

[Handwritten text on a blue sticky note]

This program is being held for the 100th Anniversary of the U.S. Army. It's a great opportunity to see the history of the U.S. Army and to learn about the sacrifices of our soldiers. The program will be held on [Date] at [Location]. Tickets are available at [Location].



"Determined path I want to walk on a solid foundation and learn to live a different life"
Richard Carillo



"All I want is peace"
Gabriel Gonzalez



"I'm allergic to drugs, every time I get high, I break out in hives."
Dennis

Often it's your deepest pain in which empowers you to grow into the highest version of yourself.



"I'm now uncomfortable even hearing about drugs"
Ignacio Galvan

"I finally know my worth"
Gilbert Garcia

[Handwritten text on a blue sticky note]

"I know my worth and I won't accept anything less"
Marissa Lomas

[Handwritten notes on lined paper]



[Handwritten text on lined paper]

"I was going to do it for myself"

"I'm okay... continuous improvement"
L.S. Steven Garcia

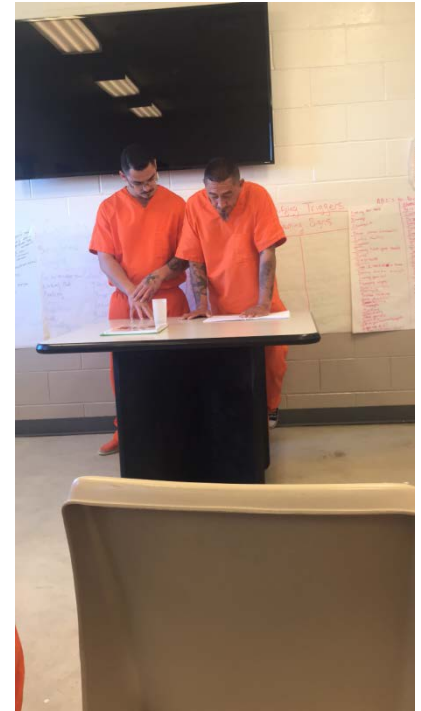
"This isn't my problem"

[Handwritten text on lined paper]

"DON'T REACT... RESPOND"
DANE

Ignacio

Presentations to the Citizen Advisory Committee



MRT Graduation



Do you want to build a snowman?



For Some Clients this was the first snowman they had ever made.

GARDENING



Birthdays



Congressman Ben Ray Lujan

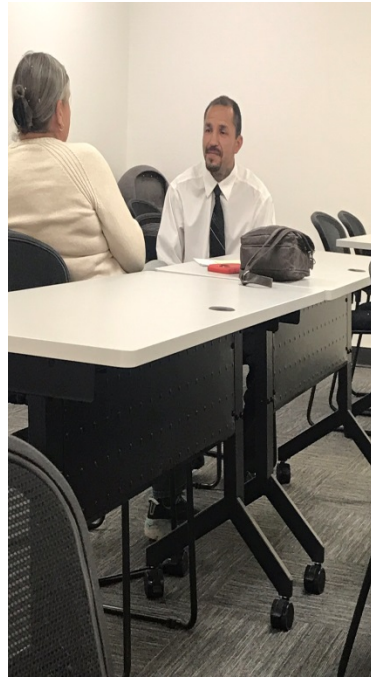
February 9, 2019

During conversation with the clients his words to them stayed close to their hearts and they still use it in group.

“You will change more lives than I ever could”



At the Facility Job Interview



At the facility Job Interview



OUTPATIENT



Does this work?

What does the research say?

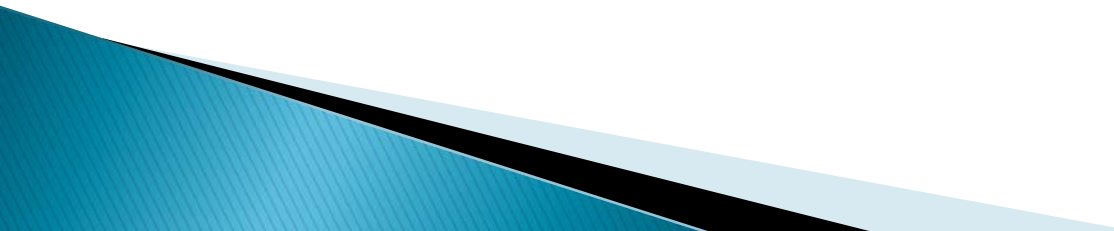
In terms of Programmatic impact, depression scores decreased as did self-reported stress & adverse symptomology. Self esteem scores decreased but was not statistically significant.

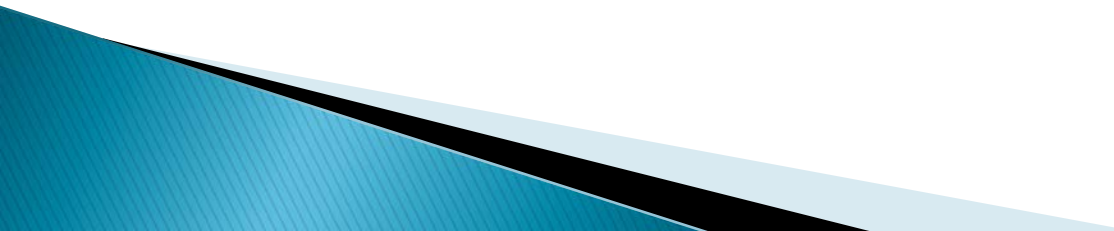
Qualitatively, clients expressed their gratitude towards the Program which they attributed to their success in staying sober.

Krystal and Sarah's names repeatedly came up when clients talked about "support".

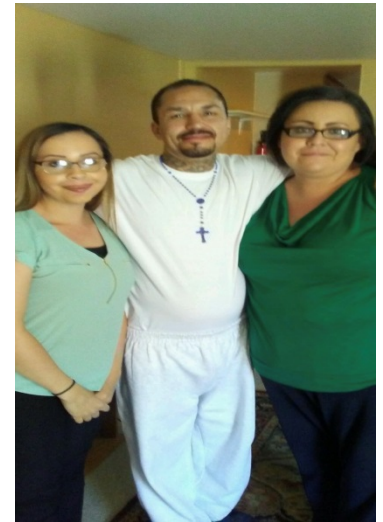
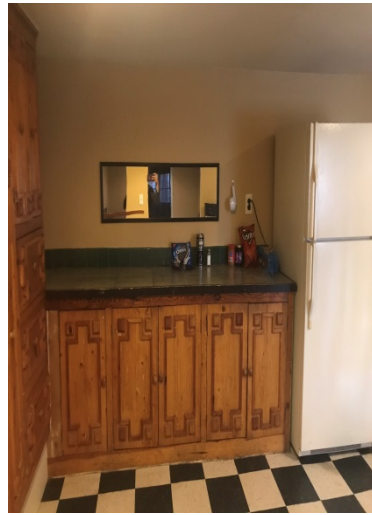


Program Statistics

- ▶ 37 individuals have been enrolled in the MAT Program.
 - ▶ 8 Intensive Inpatient component of the program in the Detention Center.
 - ▶ 9 Outpatient where they are receiving the wrap around services after release.
 - ▶ 3 sentenced to the Department of Corrections.
- 

- ▶ 17 individuals are no longer in the program
 - 5 of these were in the after care program and recidivated after leaving the program
 - 2 recidivated while in the program
 - ▶ 1 passed away from a tragic accident in which he had no fault in.
 - ▶ We are at 52% of clients that are still active since the start of the program.
 - ▶ First year recidivism rate for those in the program 43% (85% for those not in program)
- 

Housing Cont...



Housing Cont...



Family

Christmas Family Dinner



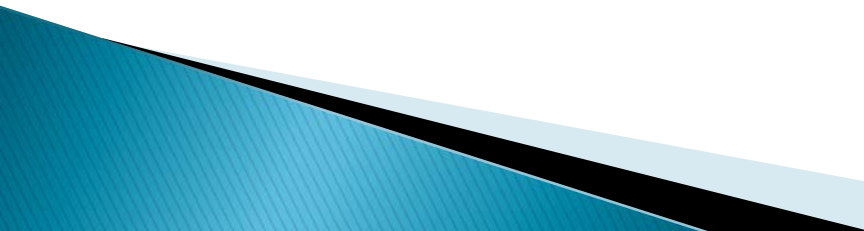
Family Cont...



Family Cont...



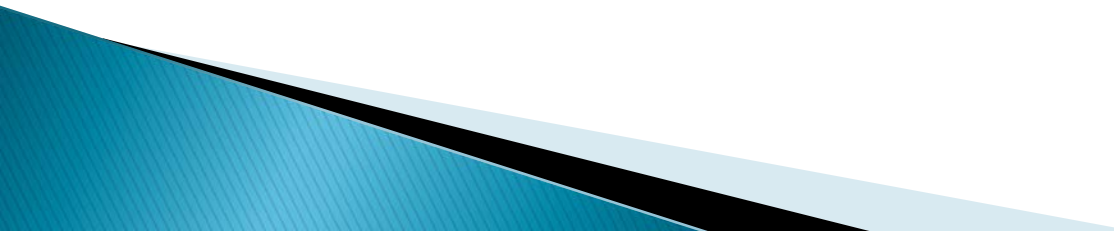
Accomplishments

- ▶ 5 Homes/Apartment Established for the ones facing homelessness. (Bake Sales, Crochet, Donations [Blankets, Beds, Furniture, TV's, Pots, Pans, Plates, Cups])
 - ▶ 7 Full time jobs (3 with full benefits) (2 of them own their own business 1 Welder, 1 Flooring)
 - ▶ 3 Obtained Vehicles
 - ▶ 1 Was granted full custody of children through the courts.
 - ▶ 10 clients received reduction in sentences (1 was allowed to pull a 3 year plea that he had already agreed to) (Care team advocates at the clients courts)
 - ▶ Family reunification after multiple years of excommunication.
- 

Six Month Follow up Completion



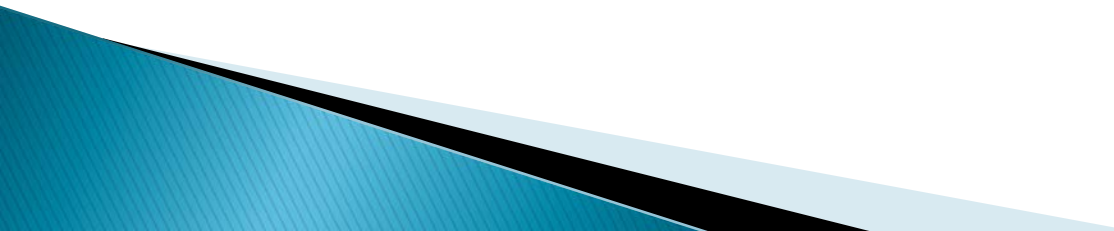
Stigma/Barriers

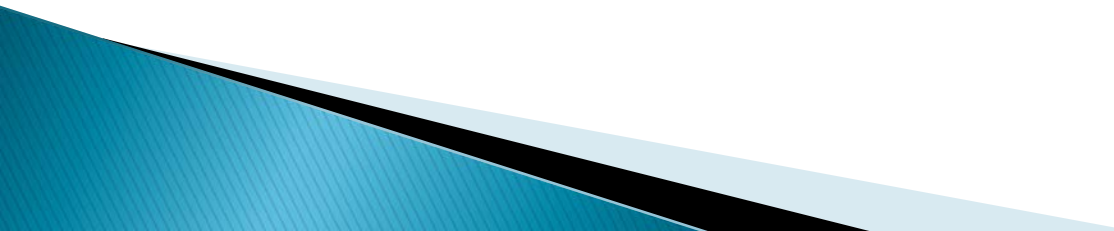
- ▶ They are “inmates”
 - ▶ Judicial System not accepting that a jail could offer treatment.
 - ▶ Probation and Parole Barriers.
 - ▶ Transportation
 - ▶ Jobs
 - ▶ Staff
 - ▶ Funding
 - ▶ Housing
 - ▶ Provider to help with medication
- 

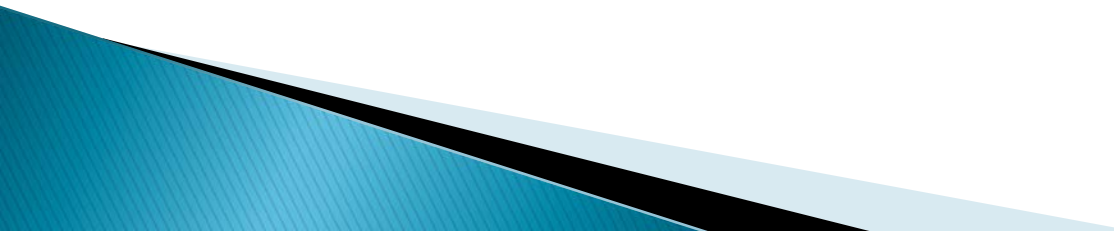
Stigma/Barriers turn to Advocacy by the Care Team

The team with much persistence stayed focused to tackle each barrier or stigma.

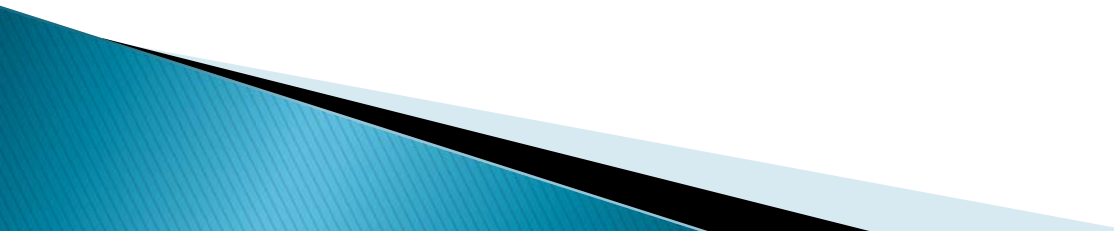
Advocacy Accomplishments

- ▶ We educate everyone we meet that our clients are human with a story of hurt and trauma and all they need is a chance given.
 - ▶ We have met with all local judges who now accept the program, use the program as a condition of release, and encourage clients coming through their courts to apply for the program.
 - ▶ Probation and Parole work closely with us to help keep mutual clients successful rather than being punitive and finding reason to violate them.
- 

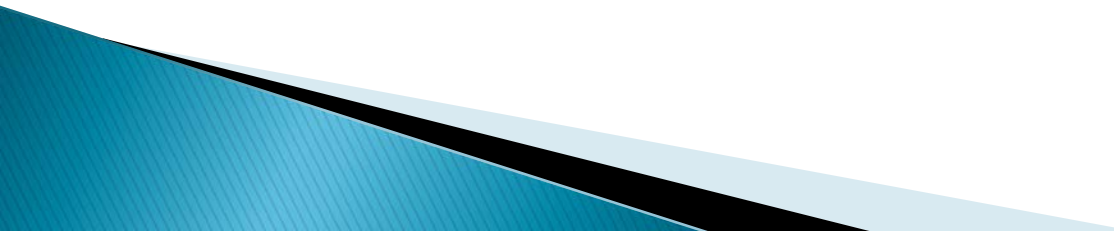
- ▶ We have written it as part of our program that we will provide transportation to our clients. (APO Visits, Doctor Visits, Outpatient Programming, work purposes).
 - ▶ Met with local employers and explained our program so that they can be open to hiring our clients.
 - ▶ Meetings with staff and educating them and communicating with them on what is happening and why we do the therapeutic services, has helped in many ways. We invite staff to be apart of their recovery and journey.
- 

- ▶ We are actively seeking grants to help continue our program efforts, as well as advocating through Board of County Commission Meetings to help sustain the program permanently.
 - ▶ We have met with community housing entities, to educate them on our program and how accountable we keep our program. We also provided the, with the new legislative law on HUD policies.
 - ▶ Met with a local Doctor who was excited to hear of our program and our medication choice and has been the provider in the community for our clients.
- 

Utilizing Outside Resources

- ▶ We collaborate with local community resources to come into the facility to help with programming. (AA, NA, Non-denominational religious services, art, exercise)
 - ▶ Local University provides interns to the facility at both BSW, and MSW levels.
- 

What have we learned through advocacy?

- ▶ Persistence is Key
 - ▶ Passion and drive is crucial
 - ▶ Understanding how Privilege is a tool
 - ▶ Challenging stigma through research
- 

Client Testimony

- ▶ “You girls saved my life” Client A.R. **(Male, Hispanic, 54)**
- ▶ “For the first time in my life I have 2 amazing women behind me to push me forward that actually care and are not just doing it because it’s your job” Client M.P. **(Female, Hispanic, 39)**
- ▶ “You girls taught me to be honest, and you kept a positive influence on my life so that when while I am out I stay well” Client G.G. **(Male, Hispanic, 38)**
- ▶ “Without you girls this wouldn’t be possible” Client J.R **(Male, Hispanic, 39)**
- ▶ “Having strong support when released made it easier to not go back to using or selling drugs. I knew it was possible with you girls the aftercare was crucial without it would have been a trap. The accountability factor is most important” Client G.G. **(Male, Hispanic, 29)**
- ▶ I know I have two tough ladies having my back and I know if I fall they will be there to catch me. I can’t do this without you two ladies.” Client F.B. **(Female, Hispanic 35)**
- ▶ “The girls helped me get my life back and more importantly my children now I will never have to know what life is without my children. I can trust the girls with anything and they support me with out judgement. I don’t know where I’d be with out them. They are more than counselors to me they are my family. Client M.L. **(Male, Hispanic, 29)**

Funding

- ▶ State Opioid Response Initiative – BHSD – UNM SOR Grant
 - MAT Services
- ▶ Behavioral Health Human Services Division Intervention Demonstration Project
 - Reduce re-incarceration and homelessness rates, as well as improve reentry services for incarcerated non-violent offenders; specifically those with behavioral health (BH) needs and disorders.

Thank You

Questions

Matthew A. Elwell, CJM
Warden
San Miguel County Detention Center
26 Hwy 283
Las Vegas, NM 87701
505-587-6174
melwell@co.sanmiguel.nm.us

