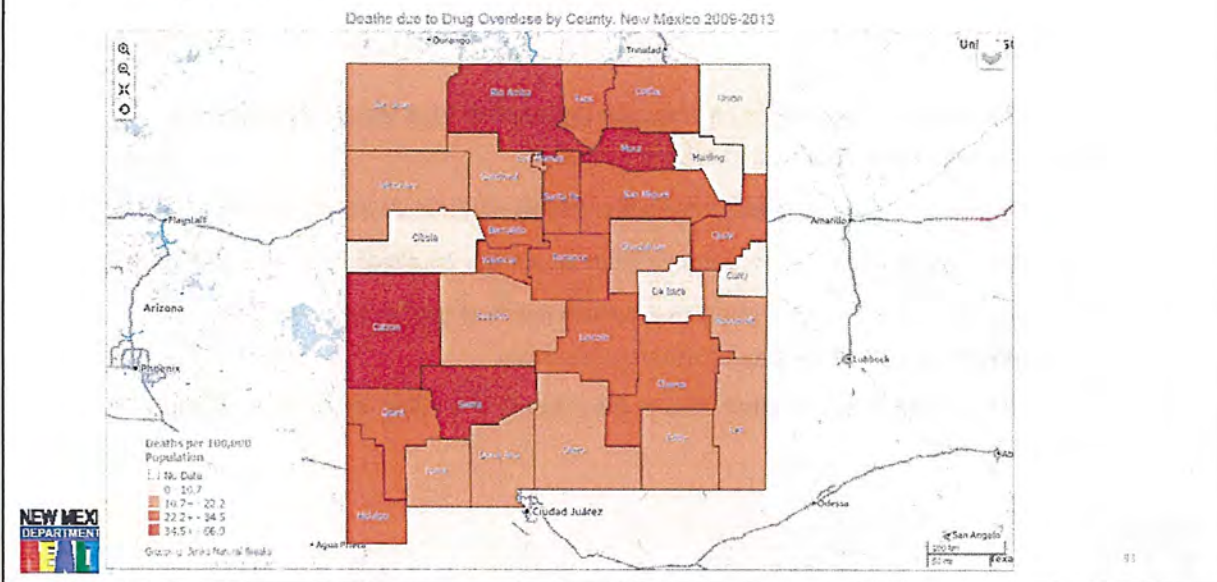


Drug Overdose Deaths



Chronic Pain Study



Background

- The NM Department of Health administers the Prescription Drug Misuse and Overdose Prevention and Pain Management Advisory Council
- A pain management specialist and a consumer health advocate sit on the Advisory Council
- The Advisory Council adopted recommendation for a study on needs of chronic pain patients
- House Memorial 98 called for a study to ascertain needs of chronic pain patients
 - However, there was a lack of resources to conduct the study
- The Department of Health is committed to the concept of a study on needs of chronic pain patients



Context of Chronic Pain

Several definitions of chronic pain

- Pain \geq 3 months
- Pain \geq 6 months
- Definitions may include duration and severity

Prevalence of chronic pain in previous studies

- 19% in 2014 US national study conducted by National Center for Health Statistics
- 26% in 2007 Kansas state Behavioral Risk Factor Surveillance System
- 30.7% in Internet-based national survey conducted by Research Triangle Institute Health Solutions



Possible Sample Designs

Survey Methods

- Mailed questionnaire
- Telephone interview
- Computer-assisted telephone interview (CATI)

Survey Questions

- Screening questionnaire to estimate prevalence of chronic pain
- In-depth interviews to understand causes of pain, sites of pain, and treatments



Possible Instruments

Behavioral Risk Factors Surveillance System (Kansas questions)

- *Example: Do you suffer from any type of chronic pain, that is, pain that occurs constantly or flares up frequently?*

National Health Interview Survey Quality of Life Supplement

- *Example: Do you have frequent pain?*

Brief Pain Inventory

Short Form 36 (from the Danish Health Interview Survey)

Chronic Pain Grade Questionnaire



Resources & Costs

- Major investment of staff time and resources
- Survey development
- Four full-time equivalents for one year to conduct & analyze survey
- Resources for survey dissemination



THANK YOU!

