



HOLE
in the
HEART

Have you ever fainted, passed out or had an unexplained seizure suddenly and without warning, especially during exercise?

Has anyone in your immediate family or distant family died of heart problems or had an unexpected sudden death before age 50?

Includes unexpected drownings, unexplained car accident or sudden infant death syndrome.

**IF YES,
TO ANY
ONE (1)**



Have you ever had exercise-related chest pain or shortness of breath?

Are you related to anyone with heart related issues or anyone younger than 50 years with a pacemaker or implantable defibrillator?

***AAP Heart Screen Policy**

Please speak
to your
Primary Care
Provider
for next steps
in the
AAP policy
&
request a
thorough
heart
screen



*Promoting awareness of
congenital heart defects*

HoleInTheHeartASD.org



AAP Policy - resource

Policy: Incorporate cardiac risk screening for all youths at least every 3 yrs

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