

# Maternal Mortality and Morbidity Review

New Mexico Legislative Health and Human  
Services Committee

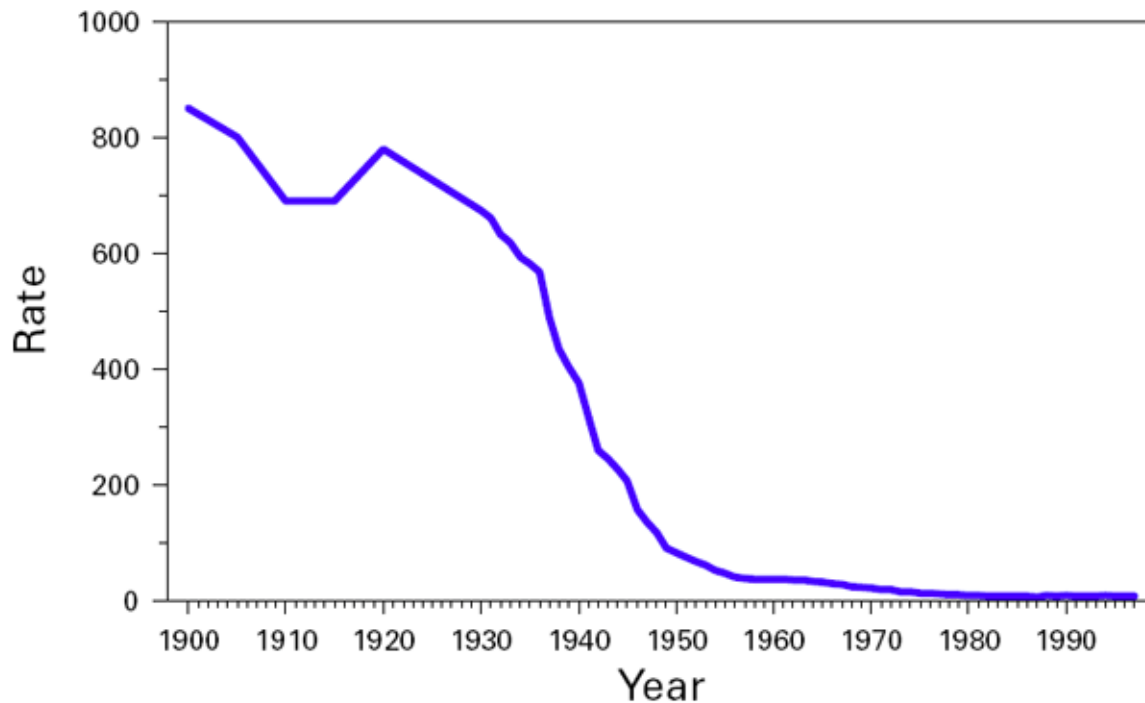
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# Maternal Mortality in the U.S.

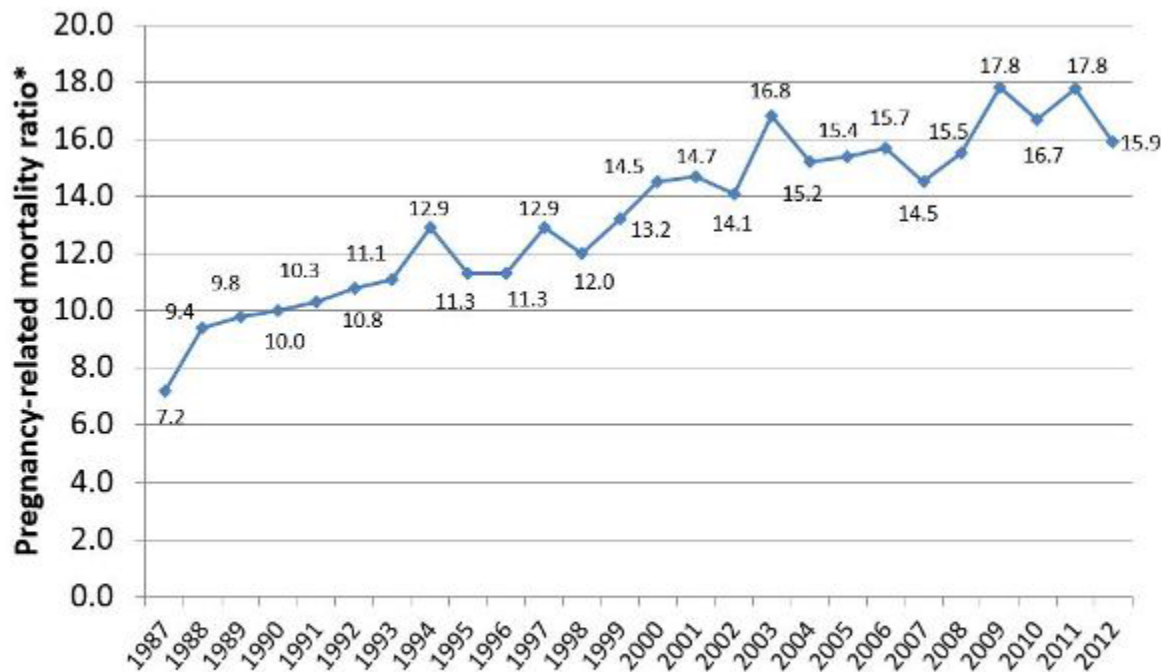
FIGURE 2. Maternal mortality rate,\* by year — United States, 1900–1997



\* Per 100,000 live births.

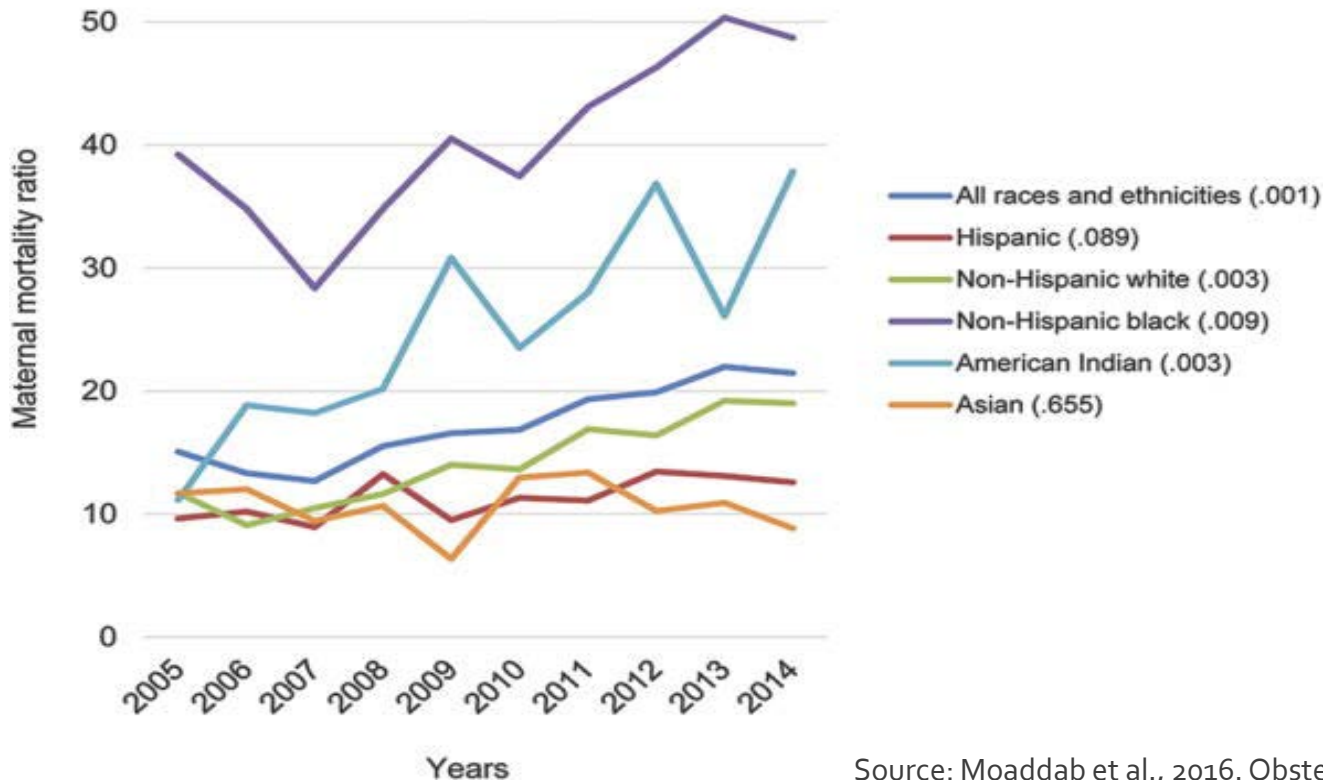
Source: CDC

# PRMR Trends in the U.S., 1987-2012



\*Note: Number of pregnancy-related deaths per 100,000 live births per year.

# Trends in Maternal Mortality by Race/Ethnicity, U.S. 2005-2014



Source: Moaddab et al., 2016. Obstet Gynecol

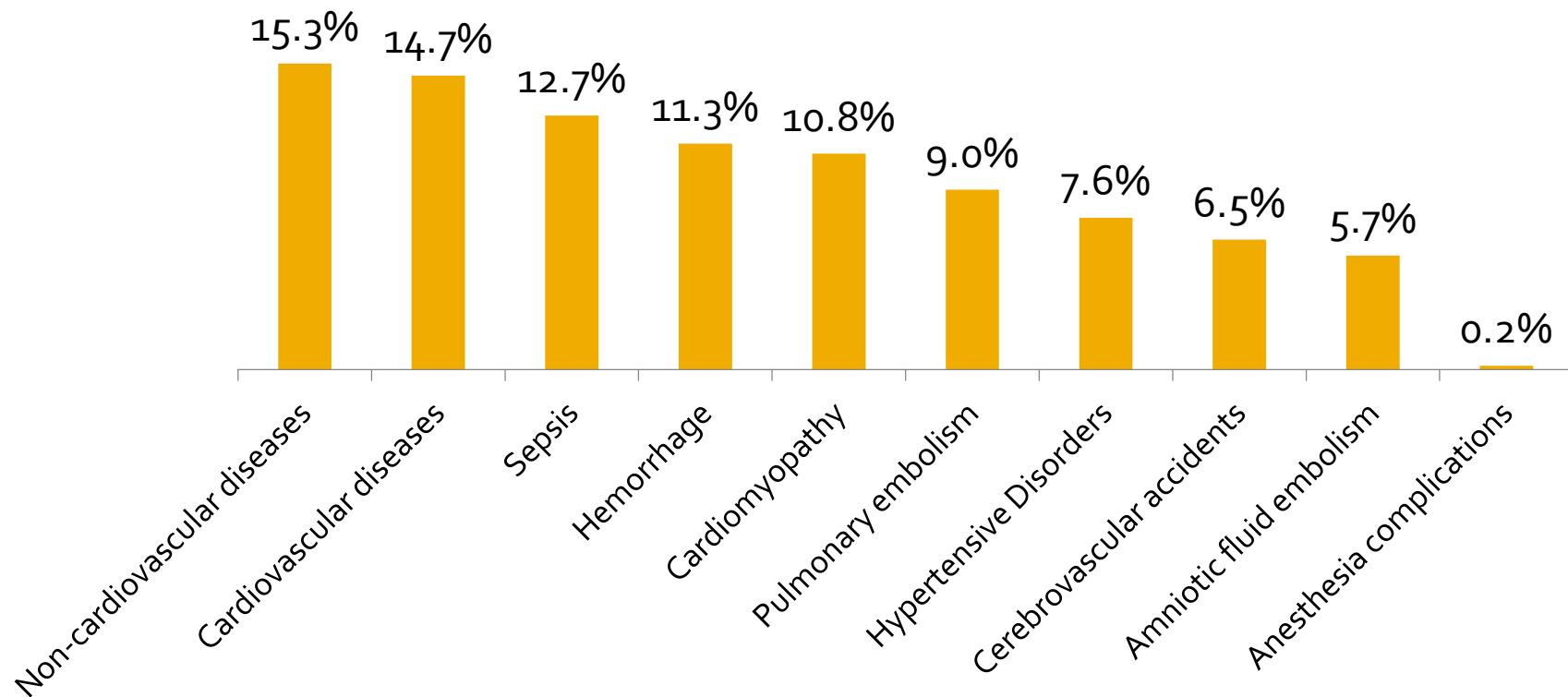
# State Maternal Mortality Ratios by Race/Ethnicity, U.S. 2005-2014

State	Total	Hispanic	NH White	NH Black	Native American	Asian
#1 – Massachusetts	5.6	6.9	3.9	17.0	0	4.9
#17 – Illinois	12.4	7.4	9.5	29.9	0	10.3
<b>#41 – New Mexico</b>	<b>23.0</b>	<b>25.5</b>	<b>14.9</b>	<b>83.0</b>	<b>23.7</b>	0
#51 – Washington DC	38.8	7.4	0	70.6	0	0
U.S. Overall	17.2	11.3	14.1	40.2	25.1	10.6

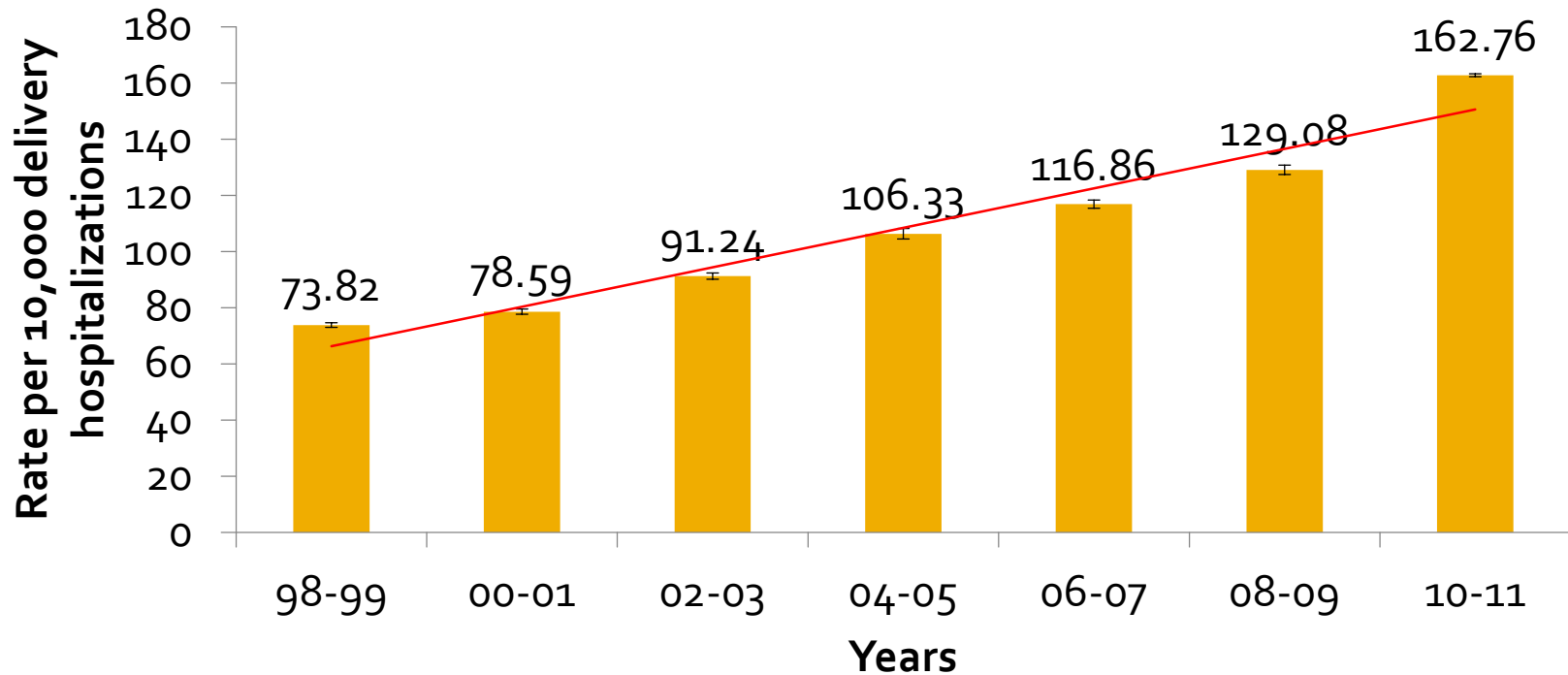
Maternal Mortality Ratio = Maternal Deaths/100,000 Live Births



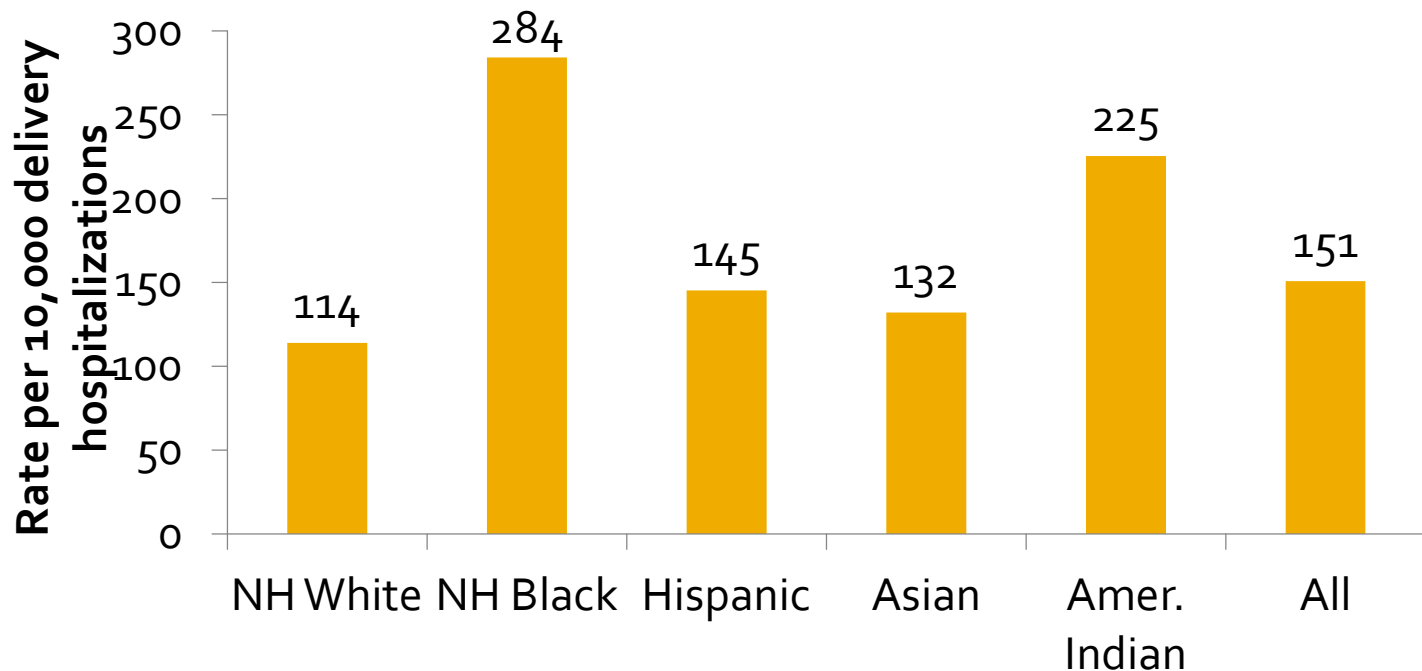
# Causes of Pregnancy-Related Death in the U.S., 2011-2012



# Trends in Severe Maternal Morbidity in the U.S., 1998-2011



# Racial/Ethnic Disparities in SMM





# Maternal Mortality and Morbidity Review: Lessons from Illinois

# Regionalized Perinatal System

- 10 perinatal centers supervise all obstetric hospitals in Illinois since 1976
  - 6 in Chicago metro area (UIC, Rush, Northwestern, U of Chicago, Loyola, Stroger)
  - Rockford
  - Peoria
  - Springfield
  - St. Louis



# Background

- Surveillance for maternal mortality in Illinois began in 1982 under IL Admin Code 77 sec 57
  - Maternal death was defined “a death caused by direct or indirect complications of pregnancy occurring during the prenatal period or within 90 days after delivery or termination of the pregnancy”
- Pregnancy checkbox added to death certificate in 1989

# Background

- Perinatal Centers began reviewing maternal deaths to collect information beyond the death certificate (1992)
- Maternal Death Review section of IL code amended (2002)
  - Maternal death redefined as “the death of any woman of any cause while pregnant or within 1 year of termination of the pregnancy irrespective of the duration of the pregnancy at the time of the termination or the nature of its termination.”

# Identification and Record Collection

- Hospitals required to report any maternal death to IDPH within 24 hours
  - Maternal deaths are also identified using:
    - death certificate check box, vital records linkages, and review of obituaries and news reports
- IDPH collects records from hospital, coroner or medical examiner, and other health care providers
  - Must comply with request within 30 days

# Legal Protection for Maternal Mortality Review

- Medical records and the content of mortality review determinations are privileged and protected from legal discovery under the Medical Studies Act (735 ILCS 5/8-2101, [www.ilga.gov/legislation](http://www.ilga.gov/legislation))
- Model legislation can be found at AMCHP MMR Resource Portal (<http://www.amchp.org/programsandtopics/womens-health/Focus%20Areas/MMR>)

# Perinatal Center/Hospital Reviews

- Standardized abstract and review forms
  - Determination of death:
    - Directly, indirectly or associated to pregnancy
  - Potential preventability of death (Geller model)
    - “any action or inaction on the part of the health care provider, system, or patient that may have caused or contributed to progression to more severe morbidity or death”

# Assessing Preventability

- Assess patient, provider, and systems factors which resulted in progression along the continuum of morbidity
  - From point of entry of care to discharge



# Categories of Preventability

- Assessment/Entry to Care
- Refer to Expert
- Diagnosis
- Treatment
- Management hierarchy
- Education
- Communication
- Policies and procedures
- Documentation
- Discharge

# Maternal Mortality Review Committee

- Statewide Maternal Mortality Review Committee (MMRC) formed in 2000 to:
  - Improve maternal care in state
  - Reduce preventable maternal deaths
- Review a subset of maternal deaths to determine whether death was related to pregnancy and potentially preventable



# Maternal Mortality Review Committee

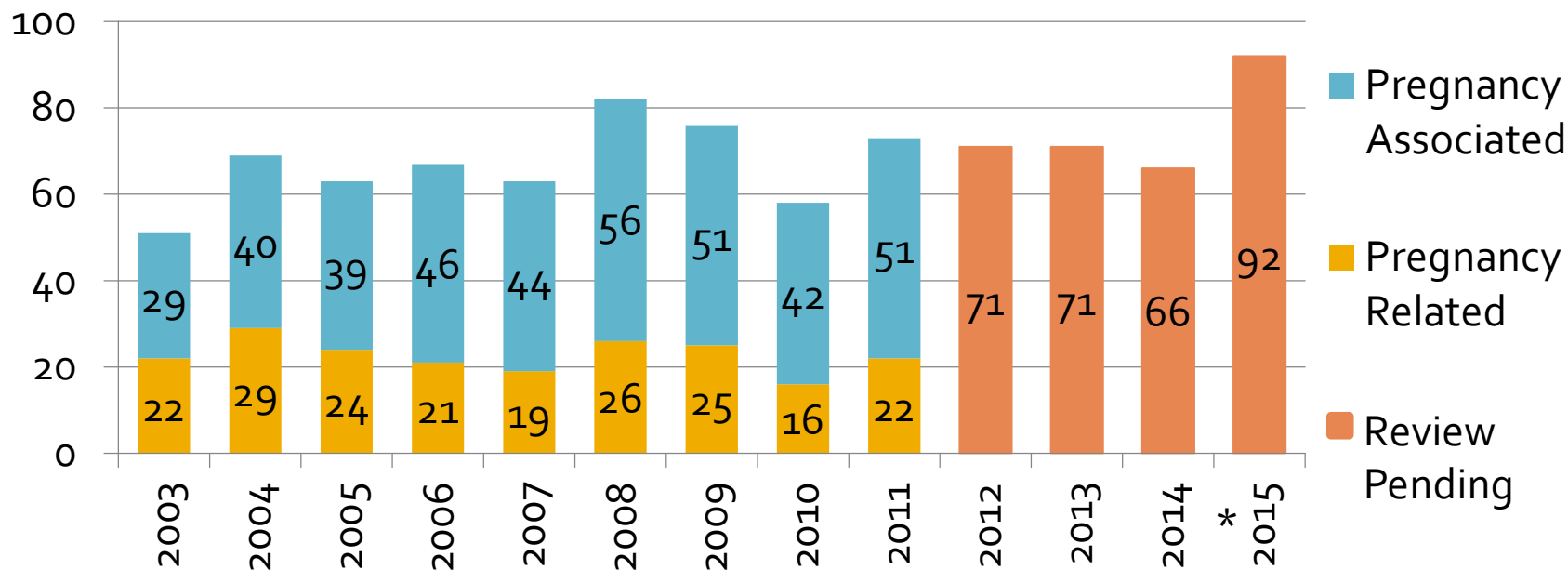
- Meets 4 times/year
- Reviews cases based on:
  - Specific topics (hemorrhage, hypertensive disorders)
  - At request of perinatal center
  - Mostly pregnancy-related in-hospital deaths
  - De-identified to patient, provider, and hospital
- Potential preventability of death

# Maternal Mortality Review Committee

- Multidisciplinary expert panel
  - Obstetrician/Gynecologist
  - Maternal Fetal Medicine specialist
  - Advance practice nurse/certified nurse midwife
  - Cardiologist who specializes in pregnancy
  - Anesthesiologist
  - Coroner
  - Pathologist
  - Lawyer
  - Perinatal network administrator
  - Health educator
  - Maternal and child health epidemiologist

# Maternal Deaths in IL

- 752 Maternal deaths in database as of 6/20/14

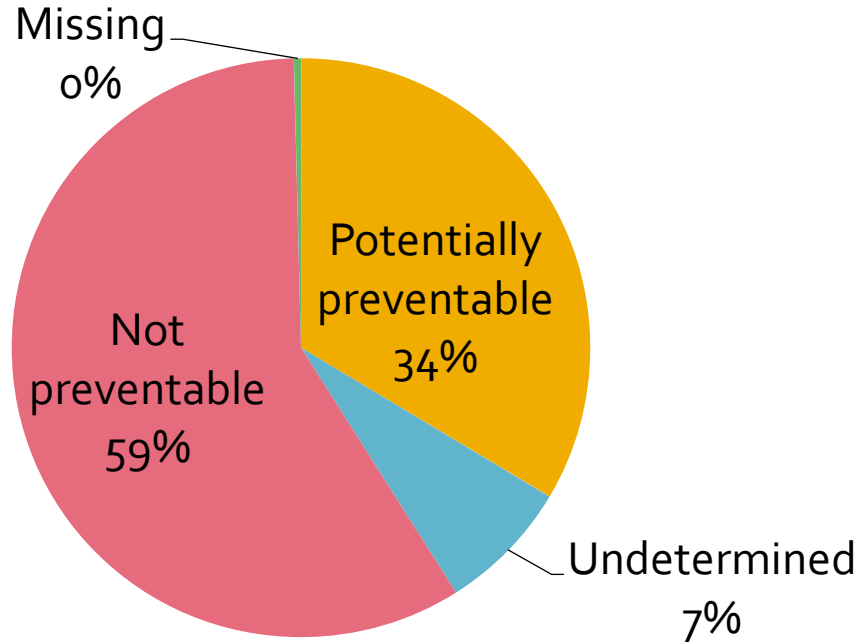


\*Data for 2012-2014 is not complete due to time required to obtain records.

# Major Causes of Pregnancy-Related Deaths in IL

Cause of Death	Examples	n	%
Vascular	AFE, PE, cerebrovascular events, chronic HT	77	30.0%
Cardiac	Cardiomyopathy, heart disease, dysrhythmias	46	17.9%
Hemorrhage	Uterine rupture, atony, lacerations	38	14.8%
Pre-eclampsia/ Eclampsia	Pre-eclampsia/ Eclampsia	18	7.0%
Infection	Puerperal, due to spontaneous AB	16	6.3%
Cancer	Breast, leukemia, lymphoma, melanoma	13	5.1%
Pulmonary	Pneumonia, asthma	13	5.1%
Other	Psychiatric, anesthesia, hematologic, hepatic	35	14.3%

# Preventability\* of Pregnancy-Related Deaths in IL



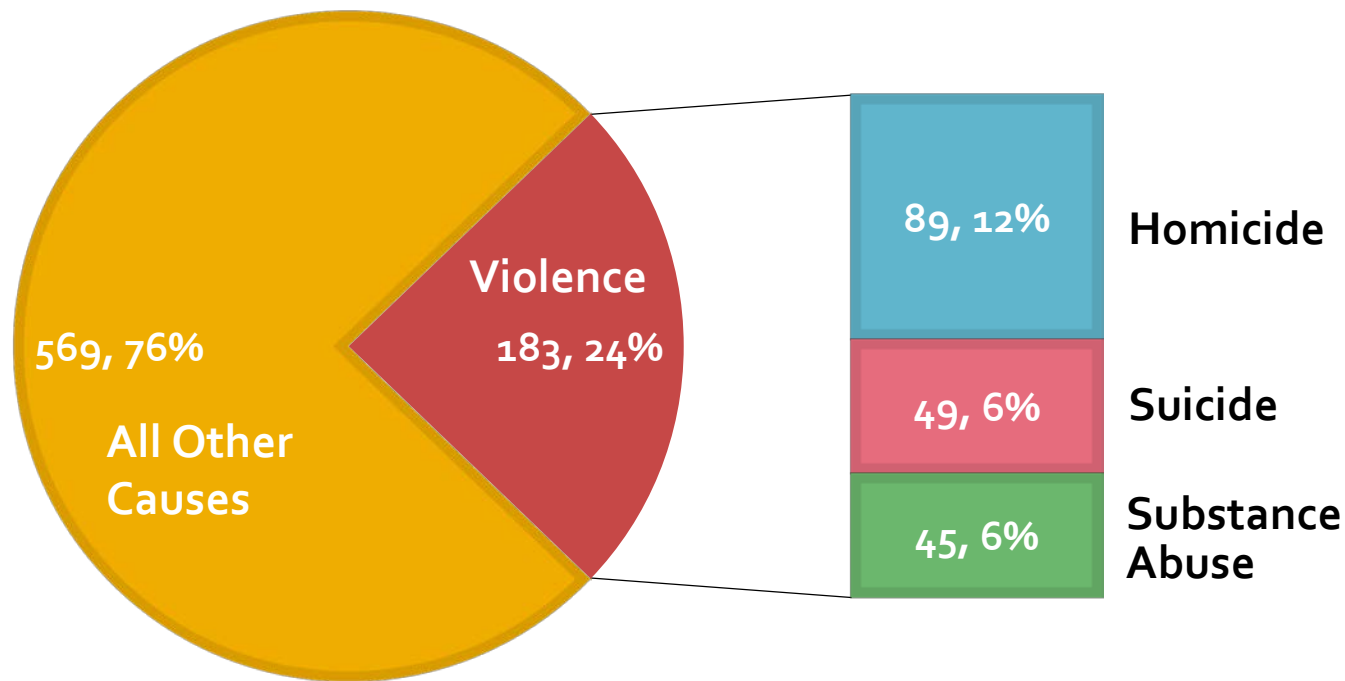
\*Preventability as determined by perinatal center review

# MMRC vs. Perinatal Center Reviews

- Compared 76 cases reviewed by both MMRC and Perinatal Centers
- MMRC disagreed with PC review on:
  - Cause of death (55.3%)
  - Potential preventability (48.7%)
- MMRC found more cases potentially preventable compared with PCs (70% vs. 41%)
  - Provider & system factors vs. patient factors



# Maternal Deaths in IL, 2002-2014



# Maternal Deaths Due to Violence

- MMRC-V formed to examine maternal deaths due to homicide, suicide, and substance abuse
  - Many deemed pregnancy-associated but not related
  - MM Review form re-aligned with relevant information
  - Expands capacity for state-level maternal mortality review

# MMRC-V

- Convened stakeholder meetings to:
  - Develop review process and data collection form to include social determinants of health
- Identified appropriate committee members
  - Added intimate partner violence advocates, psychologists, trauma specialists, and maternal substance abuse expert
- Data sharing agreements with Violent Death Reporting System and other IDPH data systems

# Translating Findings from Maternal Mortality Reviews

# Obstetric Hemorrhage Project

- Mandated education for all obstetric providers
  - Written pre-test
  - Didactic lecture
  - Skill stations (blood loss estimation)
  - Simulation drill
  - Debriefing
  - Hospitals developed obstetric hemorrhage policy and rapid response teams
  - Post-test 6 months after completion

# Obstetric Hemorrhage Project

- All providers across Illinois showed improvement in knowledge at post-tests
- Improvement in hospital preparedness
  - Decrease in time to stat labs and blood products
  - Increase in OB personnel & OB hemorrhage drills
  - Increase in policies on hemorrhage
- Provider behavior changed
  - Increase in use of appropriate interventions
  - Decrease in number of ICU admission for PPH

# Maternal Hypertension Initiative

- Reduce the rate of severe morbidities in women with severe preeclampsia, eclampsia, or preeclampsia superimposed on pre-existing hypertension by 20%

# Maternal Hypertension Initiative

- Readiness
  - Every unit must have protocols, drills, rapid access to medications, and system plan for escalation
- Recognition & Prevention
  - Standard protocol for assessment of all pregnant and postpartum women
  - Standard patient education on warning signs



# Maternal Hypertension Initiative

- Response
  - Facility-wide standard protocols with checklists and escalation policies for management and treatment of every case of severe hypertension/ preeclampsia
- Reporting/Systems Learning
  - Post event debriefs
  - Multidisciplinary review for systems issues of all cases admitted to ICU

# IL Perinatal Quality Collaborative

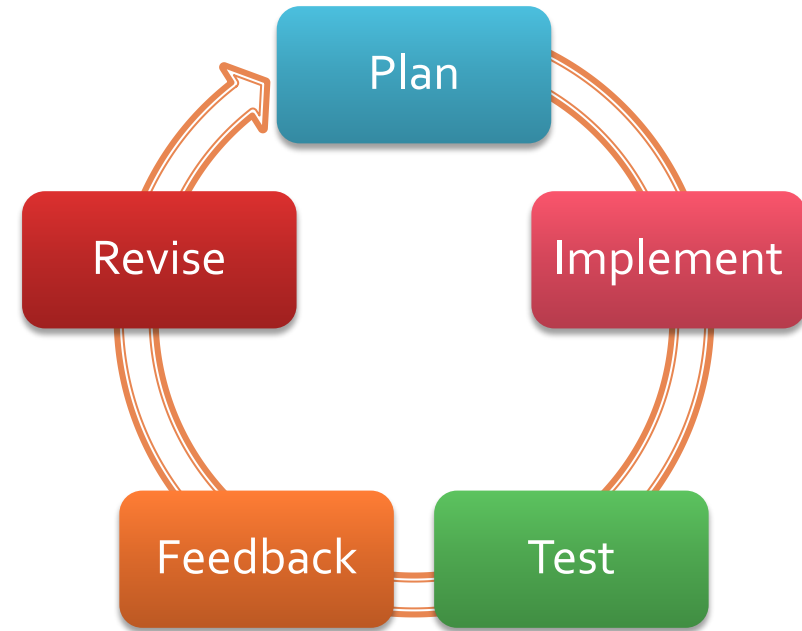
- Birth Certificate Accuracy Initiative
  - Accuracy went from 87% in 2014 to 97% in 12/2015
- Reducing Early Elective Deliveries
  - EED went from 2.32% in 2013 to 1.81% in 12/2014

# Severe Maternal Morbidity Review

- Facility-level review recommended by CDC and ACOG
  - Identify opportunities for improvement and successes
- SMM defined as ICU admission and/or transfusion  $\geq 4$  units
  - From conception to 6 weeks postpartum
  - 50:1 ratio of SMM to maternal mortality

# Implementing Severe Maternal Morbidity Review

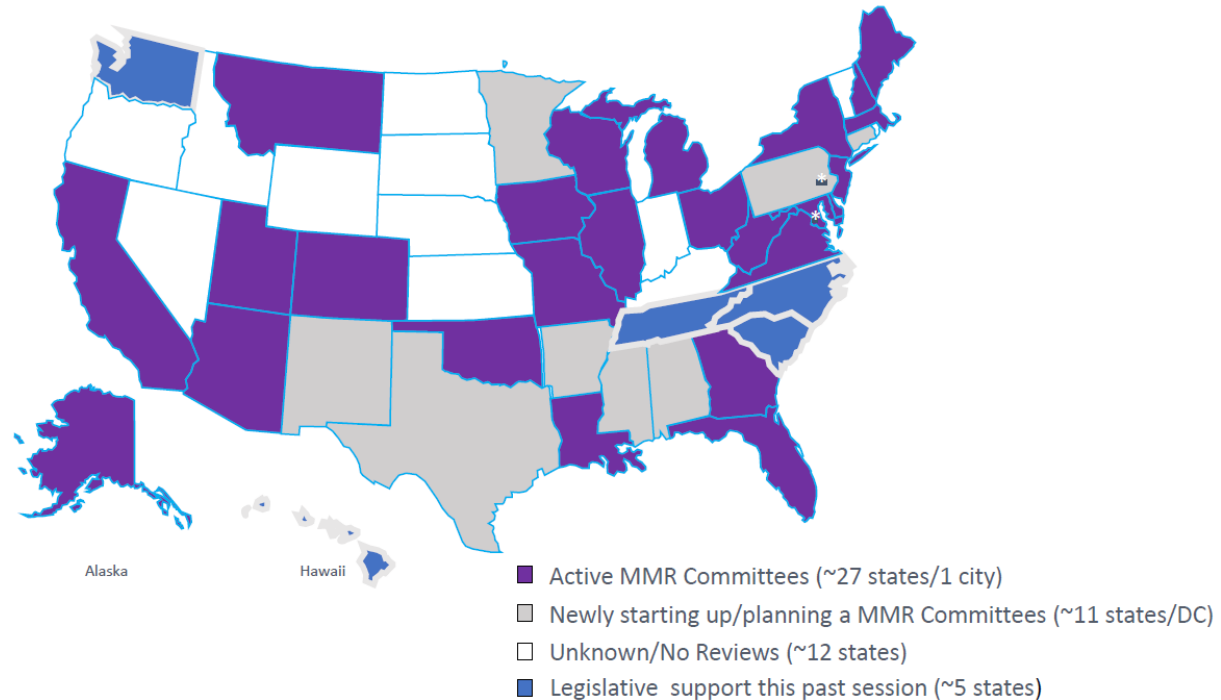
- Convened stakeholders for monthly planning meetings
  - Title V director
  - IDPH Office of Women's Health and Family Services
  - Perinatal network administrators and nurse educators
  - Implementation Scientists



# Key Steps for Review of Deaths and Morbidities

- Legislation
  - Mandate reporting of maternal deaths
  - Protect records and committee from legal discovery
- Infrastructure
  - Personnel for collection of medical records and data abstraction
- External Multidisciplinary team
  - Explore system and community factors

# The Maternal Mortality Review Universe: Today ♦



♦ Our Best Estimate

# Thank You