

New Mexico LARC Access Working Group

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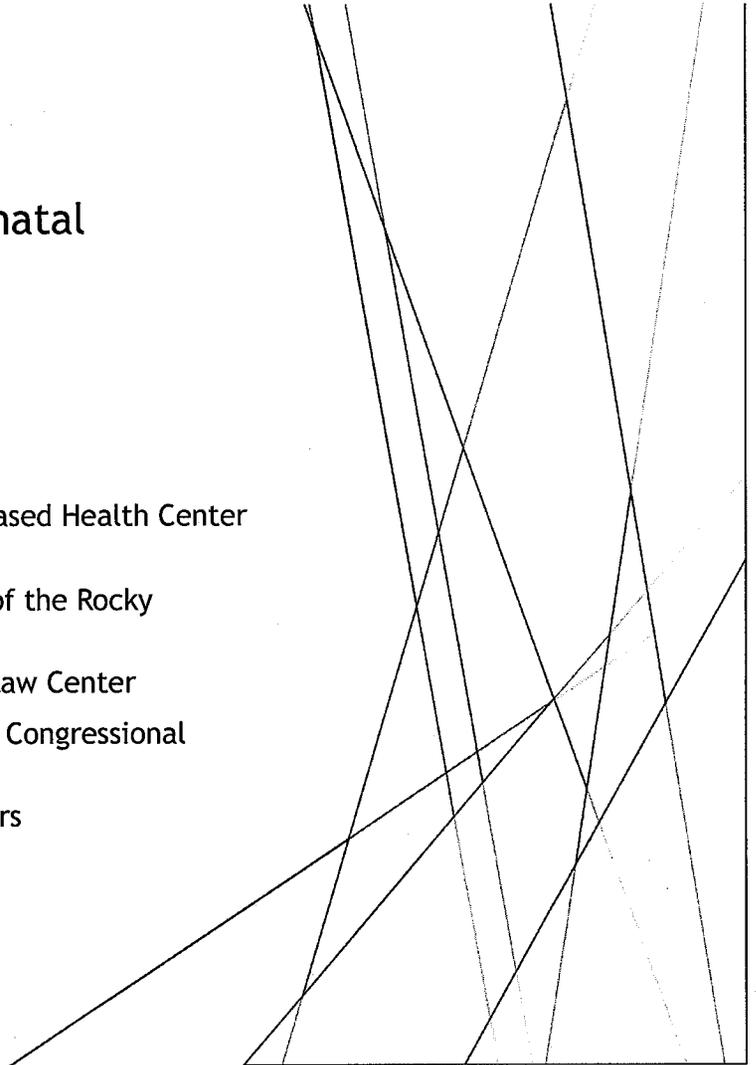
Program Director, New Mexico Perinatal Collaborative



Participating Organizations

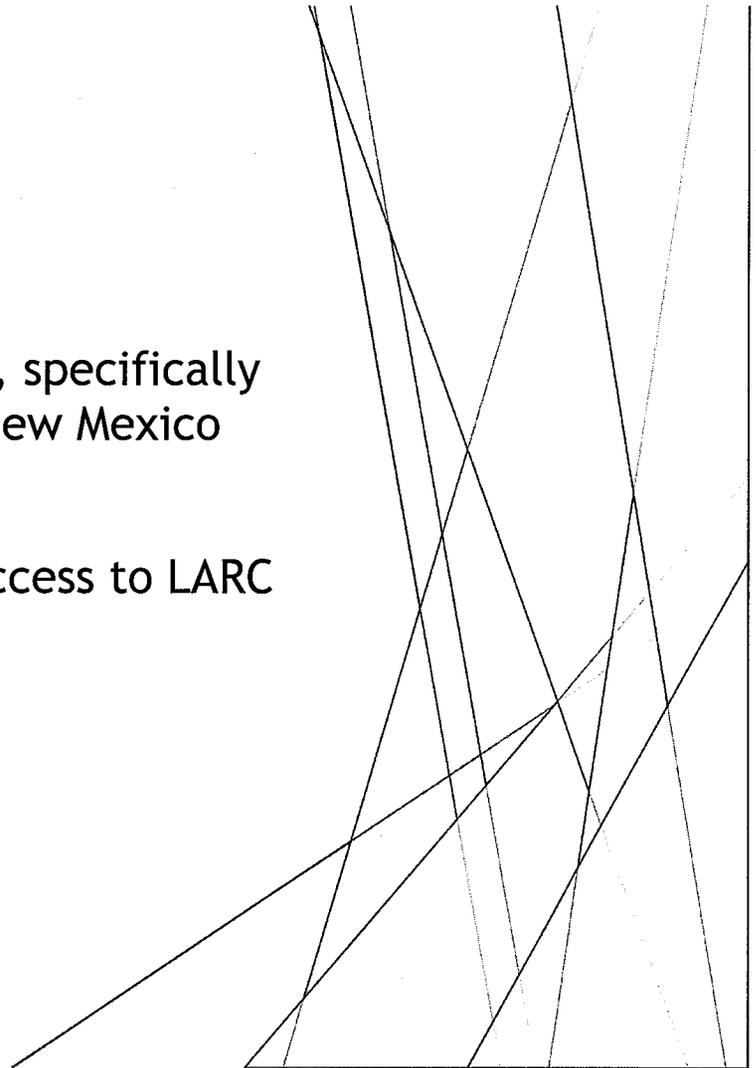
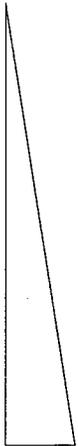
Conveners: Young Women United & New Mexico Perinatal Collaborative

- ▶ New Mexico Human Services Department/ Medical Assistance Division
- ▶ New Mexico Department of Health
- ▶ University of New Mexico/Departments of OB/Gyn and Family & Community Medicine
- ▶ New Mexico Section of the American Congress of Obstetricians & Gynecologists
- ▶ Envision New Mexico/UNM Adolescent Medicine Division
- ▶ La Clinica de Familia/Healthy Start Program
- ▶ New Mexico Affiliate of the American College of Nurse-Midwives
- ▶ ACLU of New Mexico
- ▶ March of Dimes
- ▶ New Mexico School-Based Health Center Alliance
- ▶ Planned Parenthood of the Rocky Mountains
- ▶ Southwest Women's Law Center
- ▶ Representatives from Congressional Offices
- ▶ New Mexico Legislators



Shared Values that Guide Our Collaboration

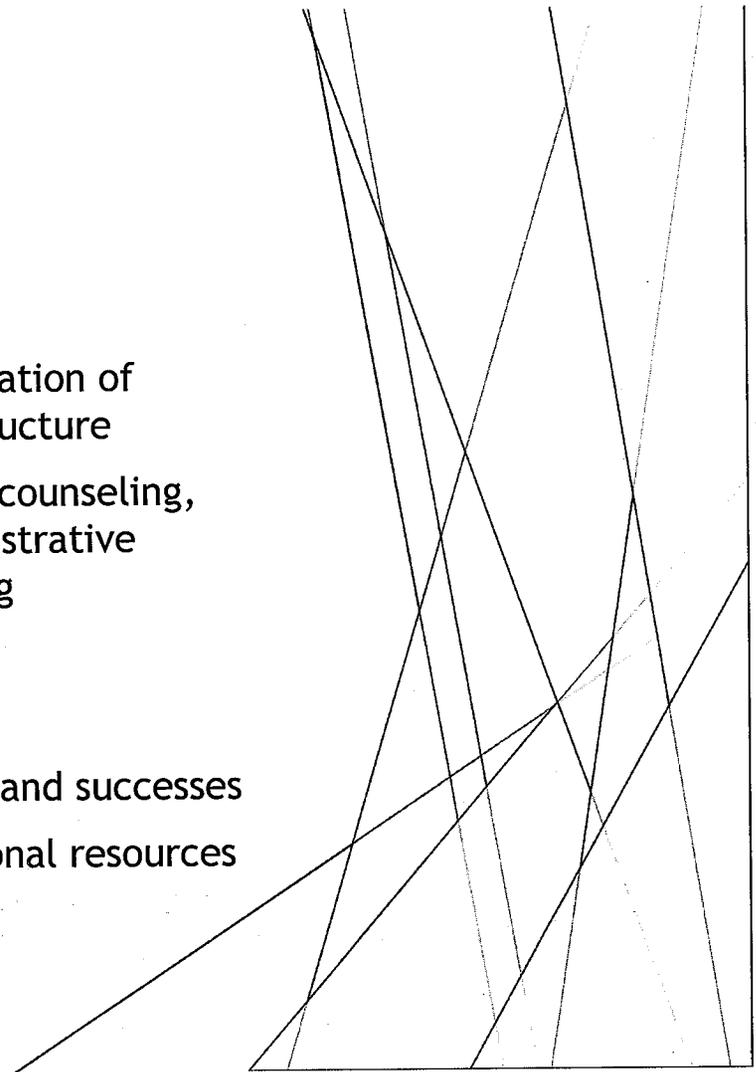
- ▶ Improving access to reproductive health care, specifically contraception, for women and all people in New Mexico
- ▶ Leveraging resources to effectively expand access to LARC in appropriate and impactful ways



Strategic Priorities

Determined by consensus

- ▶ Policy and advocacy related to reimbursement, explanation of benefits, coverage policies, training & support infrastructure
- ▶ Provider/staff education and training on non-coercive counseling, insertion, and removal technique in addition to administrative components related to billing, stocking, and scheduling
- ▶ Cultural humility in outreach and education
- ▶ Social and new media
- ▶ Comprehensive evaluation strategy to track outcomes and successes
- ▶ Shared fundraising strategy to leverage local and national resources



What is LARC?

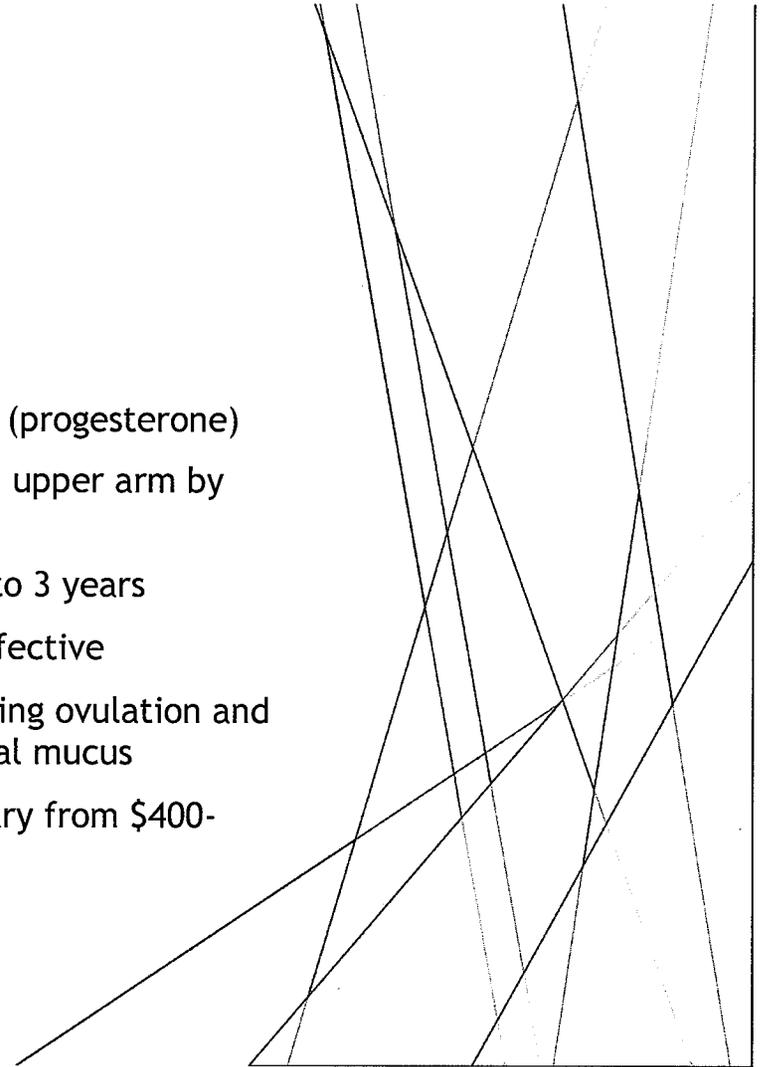
Long Acting Reversible Contraception

Intrauterine Device (IUD)

- ▶ 2 types: Copper T & hormonal (progesterone)
- ▶ Placed directly in the uterus by a clinician
- ▶ Copper approved for up to 10-year use/ Hormonal up to 5 years
- ▶ More than 99% effective
- ▶ Works by preventing sperm from contacting egg. (Hormonal IUD can also prevent ovulation.)
- ▶ Retail cost can vary from \$50-\$930.

Implant

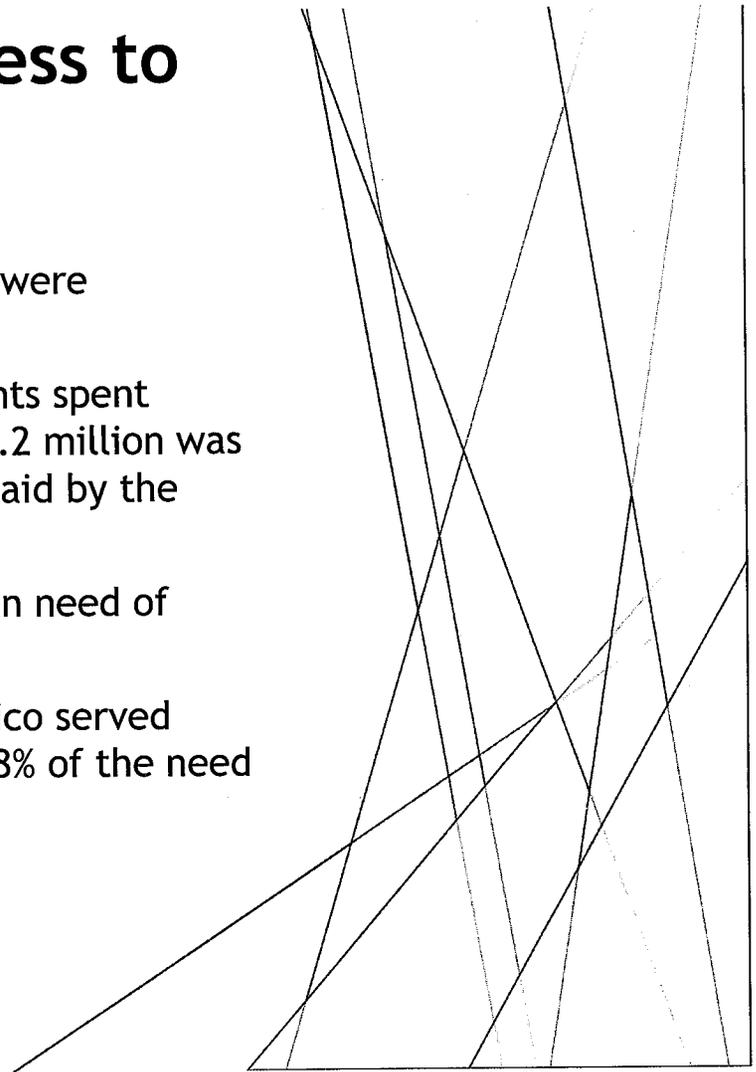
- ▶ 1 type: hormonal (progesterone)
- ▶ Placed directly in upper arm by clinician
- ▶ Approved for up to 3 years
- ▶ More than 99% effective
- ▶ Works by preventing ovulation and thickening cervical mucus
- ▶ Retail cost can vary from \$400-\$850.



Why do we need to expand access to LARC in New Mexico?

- In 2010, 55% of all pregnancies (22,000) in New Mexico were unintended.
- In New Mexico in 2010, the federal and state governments spent \$239.1 million on unintended pregnancies; of this, \$191.2 million was paid by the federal government and \$47.9 million was paid by the state.
- In 2014, 151,950 New Mexico women aged 13-44 were in need of publicly funded family planning services.
- Publicly supported family planning centers in New Mexico served 42,640 female contraceptive clients in 2014, meeting 28% of the need for contraceptive services and supplies.

(Guttmacher Institute, September 2016)



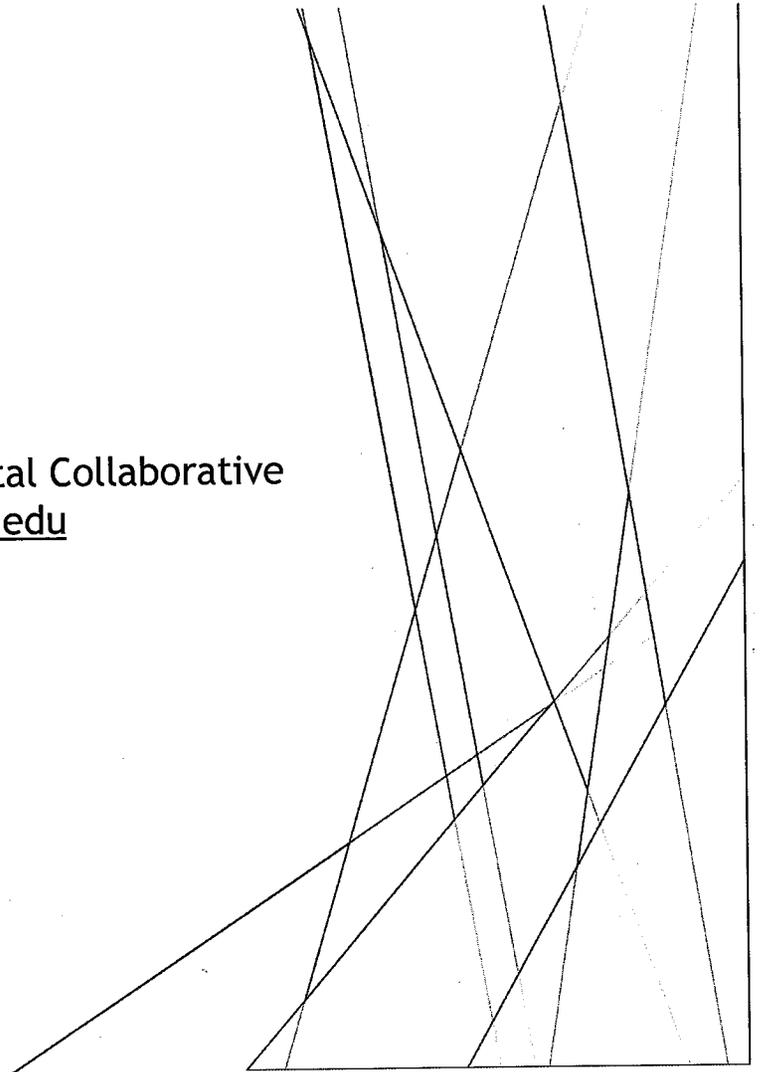
Working Group Successes to Date

- ▶ Established shared values and strategic priorities.
- ▶ Held 3 well attended meetings with targeted goals and objectives.
- ▶ Encouraged HSD efforts leading to the unbundling of fees for insertion and device from the encounter rate paid in the FQHC/RHC setting.
 - ▶ *(This achievement places New Mexico HSD among the national leaders in achieving across the board unbundling of LARC fees within a state Medicaid program.)*
- ▶ Collaborating to bring evidence-based clinical and administrative training to sites in northern and southern parts of the state.

Contact Information

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Who we are

- A non-profit organization developed by a coalition of stakeholders with the goal of improving the health of New Mexico women and children. We aim to identify best practices in the care of women and children and share those best practices with clinicians and hospitals state-wide.
- Current initiatives:
 - **Immediate postpartum LARC**: technical assistance and clinical training
 - **Neonatal Abstinence Syndrome**: state-wide capacity and standardization of care
 - **Obstetric Hemorrhage**: technical assistance on the implementation of systems and standardized protocols to prevent and/or rapidly intervene in the case of hemorrhage

