

New Mexico's Pharmacists: Improving People's Health

By 2020 there will be an estimated shortage of 20,400 primary care physicians in the U.S. Even if nurse practitioners and physician assistants are fully utilized, patient needs will not fully be met.¹

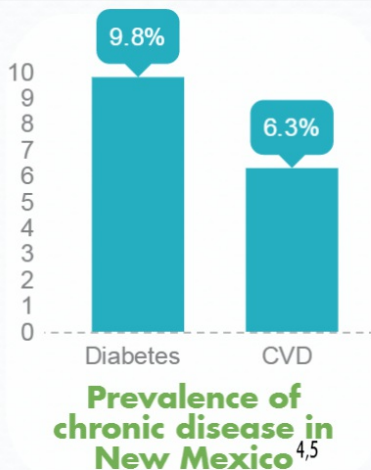
New Mexico has a shortage of 163 physicians. The 1,690 highly trained New Mexico pharmacists are ready to bridge the gap by providing chronic disease management and wellness and prevention services.²

Meeting Patients' Needs in New Mexico

2.0
Million
people³

42%
of the physicians
needed to
deliver care¹

1,690
Pharmacists
ready to help²

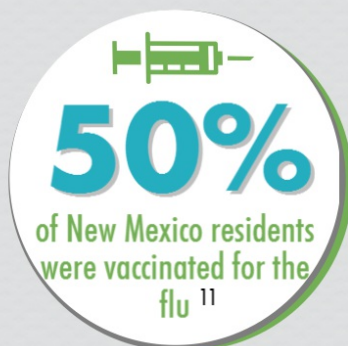


Diabetes

Diabetes is a complex condition that is often managed by multiple medications. Pharmacists can optimize care and help patients understand their medications and their condition in order to improve outcomes and avoid complications.⁶⁻⁹

Cardiovascular Disease (CVD)

For patients with uncontrolled high blood pressure, waiting even two months to optimize medications increases the risk of complications, including hospitalizations. Pharmacists are highly accessible members of the care team who significantly improve blood pressure control and can provide timely follow-up and monitoring to improve outcomes.¹⁰



Immunization rates across the U.S. have continued to increase since pharmacists began vaccinating.¹¹

Smoking causes nearly 1 of every 5 deaths in the U.S. each year.¹² Pharmacists are qualified and capable of providing smoking cessation counseling.



50% of people with chronic diseases do not take their medicines correctly.¹³



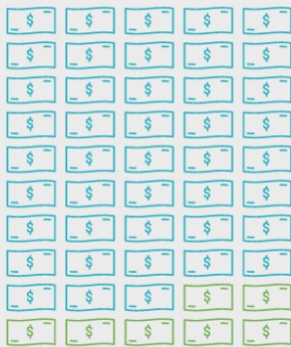
Medications are critical for the treatment of chronic conditions. Pharmacists can help patients use them safely and effectively to avoid medication related problems.¹⁴



New Mexico spends **\$1,586,800,000** annually on prescription medications.⁵

Investing in pharmacists' services optimizes the use of those prescription medications. Decades of research have proven the value of including pharmacists on healthcare teams. Improved health outcomes, lower costs, and increased access to care could be a reality for New Mexico residents if pharmacists were fully empowered to serve as patient care providers.

Healthcare \$\$ Spent on Chronic Conditions



■ Chronic Conditions
■ Other

15

On average
\$1,000
per patient per
year is saved

with pharmacist
interventions for patients
with chronic conditions.^{6-8, 16}

Pharmacists' counseling and
adherence programs can save the
healthcare system



\$164
per patient
in the 6 months following
the start of a new
prescription medication.¹⁷

**45% of New
Mexico hospitals
were penalized
for high
readmission rates.**⁵



**New Mexico
spends 15.4% of
its General Fund
Expenditures on
Medicaid.**⁵

Patients are

3X

more likely to
stay out of the
hospital

when pharmacists
provide clinical services
after discharge.¹⁸

Pharmacists in Ohio
delivered a **4.4:1 ROI**
when providing
medication therapy
management services to
Medicaid patients. New
Mexico pharmacists
could do this too!¹⁹

\$4.40

saved per \$1 spent
on pharmacists'
services

This information was developed through a collaboration between APhA and NASPA with generous support from the Community Pharmacy Foundation.

