New Mexico Hospitals: Pandemic Impact

New Mexico Hospital Association Legislative Health and Human Services Committee November 22, 2021



Troy Clark

President and CEO tclark@nmhsc.com

New Mexico Hospital Association (NMHA)

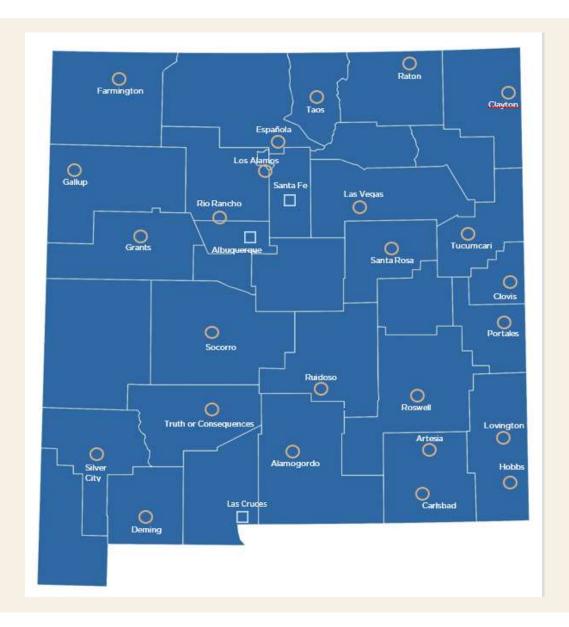


What is the New Mexico Hospital Association?

New Mexico Hospital Association (NMHA)

- Trusted voice and resource for reliable, accurate information on hospital practice, finance, workforce and data—all the complexities of healthcare
- Thought leader and partner that creates space for collaboration and innovative solutions by hospital members, government officials, organizations and stakeholders
- Advocate and supporter of 47 hospitals and the patients and communities they serve—and of hospital healthcare champions in public office.
 We advance public policy to create a healthier New Mexico by ensuring access to quality care.

NMHA Member Map



Christina Campos, MBA, FACHE

Administrator ccampos@gchnm.org

Guadalupe County Hospital, Santa Rosa



About New Mexico's Hospitals

- Rural, urban, academic, specialty (i.e., behavioral health, long-term care)
- Private, nonprofit, independent ALL serve patients Medicaid, Medicare, private and uncompensated
- Range of services, service lines –
 emergency, inpatient and outpatient
 procedures, surgery, primary care clinics,
 school-based health clinics, behavioral health
 and substance use treatment, long-term care

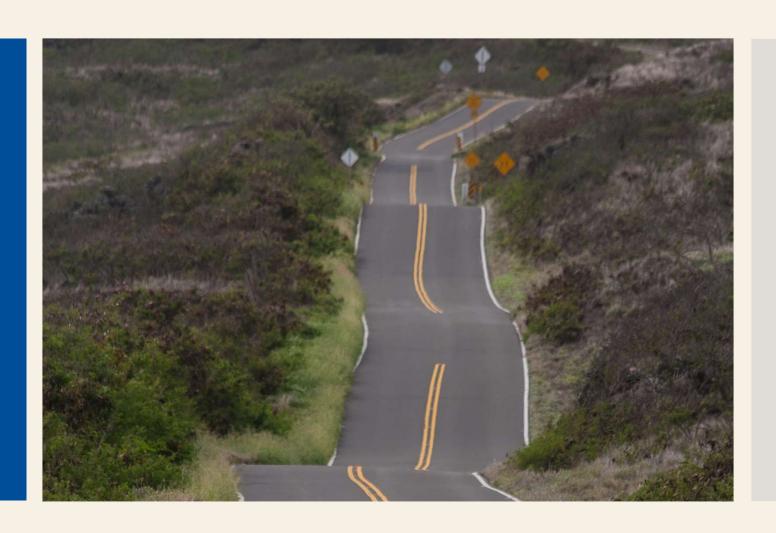
NM Hospitals: State & Community Leaders

- Largest employer in most communities, livable wage jobs
- Employer of 31,500 healthcare workers
- Rural communities: Some are 12% of county GDP
- Hospitals help contribute to increased community homeownership, marker of economic stability and growth

Today's Focus: Our NM Hospital Community

- Hospital finance basics
- Covid financial impact and hospital response - Hospitals are on the frontline of Covid and its far-reaching impacts
- Our current health crisis has exposed our healthcare environment weaknesses and brought them to crisis levels. Strained workforce.
- What hospitals need is short-term relief and long-term solutions to address our workforce shortage

Hospital Budgets



Hospital Budgets

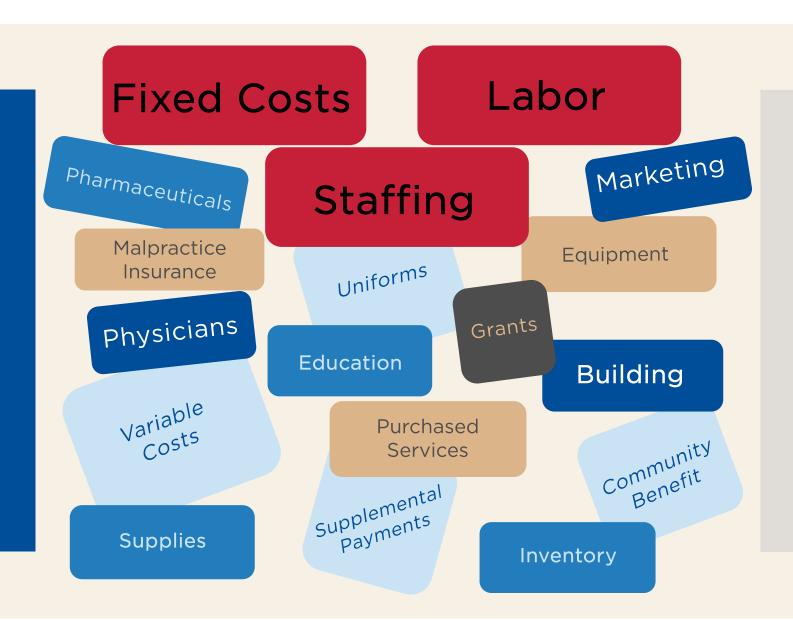
Hospital leaders need:

- Stability
- Predictability
- Staff

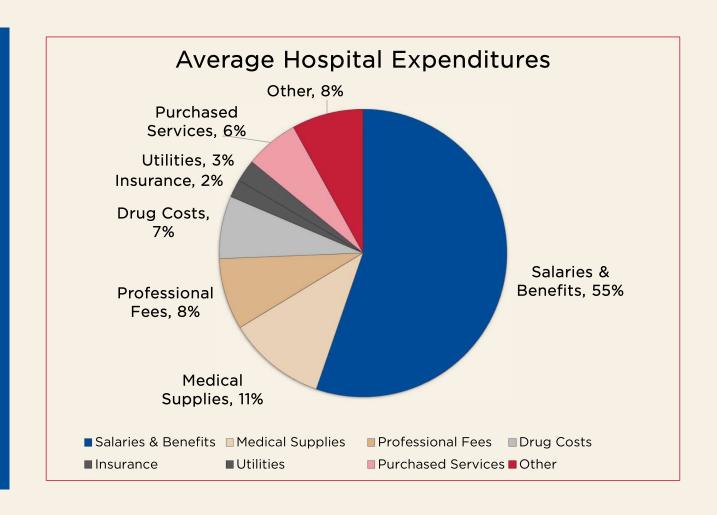
As they budget and set a vision and strategy for providing healthcare to their communities.

NM Hospitals, their clinicians and staff have had two-years of speed bumps, windy mountain roads and road closures.

Hospital Budgets



Hospital
Costs:
Healthcare
is a People
Business



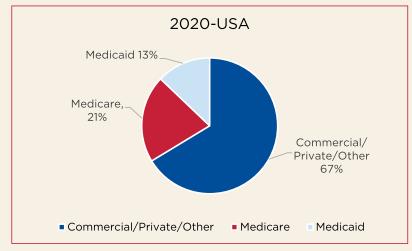
Hospital Staff: It takes a team

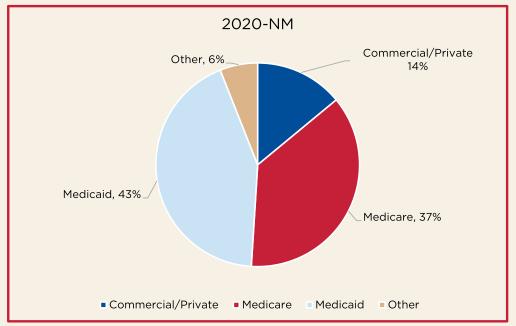


Hospital Revenue Sources



Hospital Patient Payer Mix





Hospital Revenue Sources

Medicare

Reimburses 90-100% of COST

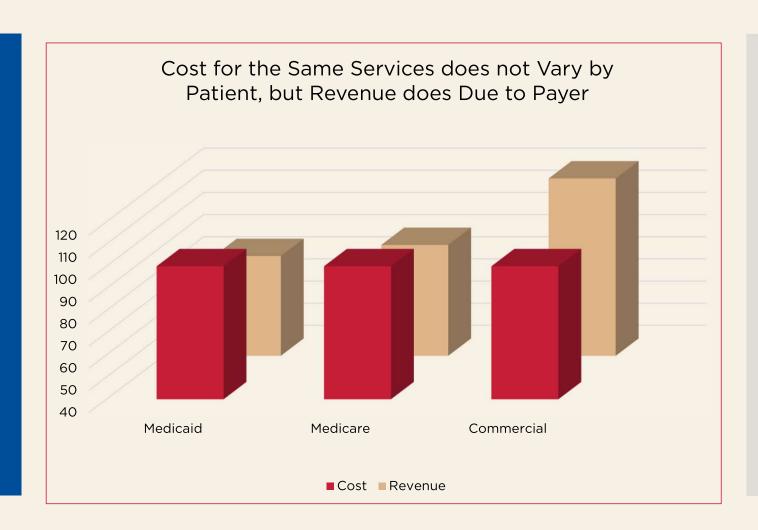
Medicaid

Reimburses
80-90%
of COST
without
supplemental
payments.

Commercial

Reimbursement usually exceeds cost but varies greatly from hospital to hospital and from payer to payer.

Hospital
Payers:
Reimbursement



Medicaid Data



Health risks in New Mexico's Medicaid population Chronic Acute Respiratory diseases 66,426 Respiratory infections 151,236 Trauma- and stressor-Musculoskeletal pain, not 58,734 102,925 related disorders low back pain Neurodevelopmental Other general signs and 48,994 99,767 disorders symptoms Diabetes mellitus with or Abdominal pain and other 47,522 90,536 without complication digestive symptoms Respiratory signs and Essential hypertension 45,478 89,529 symptoms Depressive disorders 44,825 Eye Disorders 60,348

Each year, NMHA member hospitals treat over 390,000 unique Medicaid patients.



Effects of COVID-19 on Medicaid Enrollment

NM Medicaid enrollment is up 13.97% since March 2020, now with over 947,000 enrollees.

Some counties have seen even larger increases in Medicaid enrollment:

Lea: +24.29%

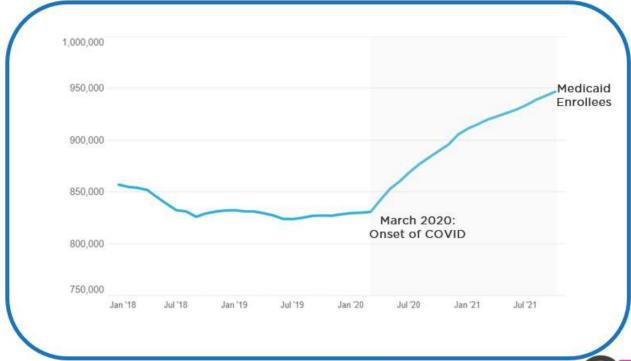
Curry: +21.72%

Eddy: +21.64%

Santa Fe: +19.13%

Torrance: +18.96%

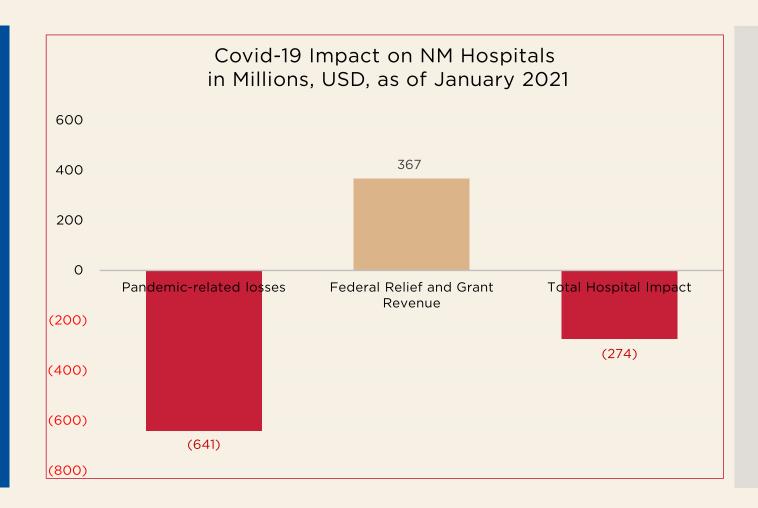
Sierra: +18.85%



Source: NM Human Services Department



Hospital Financial Losses



Tim Johnsen, RN, MBA, FACHE

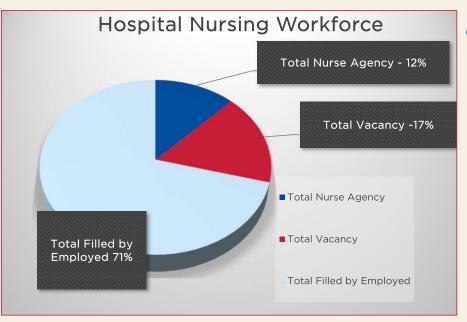
Senior Vice President and Chief Operating Officer tjohnsen@phs.org

Presbyterian Healthcare Services



Hospital Nursing Workforce

Nurses are nearly impossible to find and keep. Hospitals cannot sustain this.



- Nursing traveler contracts:
 - \$150-\$220/hour nurse
 - Pre-pandemic: \$70-\$80/hour nurse

 30 facilities have had one or more nurses leave their jobs to become traveler/nurses, providing care in other states

Source: NMHA Member Survey: Hospital staffing status (Sept. 2021)

Hospital Workforce, cont.

Hospitals have beds but not enough staff for the patients who need them.

Over 450
hospital beds are not available for patient care due to lack of staffing.

Hospital Workforce, cont.

State officials and hospital leaders predict worsening conditions.

Winter may bring more Covid variants, seasonal flu, respiratory illnesses and more—all coupled with the daily need for necessary surgeries and emergency care.

Hospital Staff Support Response



Hospitals have done all they can to retain, recruit and support clinical staff.

- Bonuses, raises, childcare, housing, flex scheduling, recognition, staff only rest and recuperate areas, meals, etc.
- Lost staff, risk losing more early retiring, staff with young families, loss to traveling agency work
- New training, cross train, shift staff to other roles
- Provide support, awareness training and care for moral injury and deep fatigue among healthcare workers

The work and strain has not let up. Now we head into winter.

Hospitals and their staff need your help.

Photo: Alta Vista Regional Hospital, Las Vegas, NM

Jamie Silva-Steele, RN, BSN MBA, FACHE

President and CEO and Chair, NMHA Board of Directors jsilva@srmc.unm.edu

UNM Sandoval Regional Medical Center



New Mexico Healthcare Workforce Education Hospitals are about people caring for vulnerable patients. It takes more than 4 people to fill one staff role for 24/7 coverage.

Clinical staff from NM, trained in NM, tend to practice in NM.

Nursing Education Support



Nursing Education Support

- \$15 million in reoccurring funds managed by the NM Department of Higher Education (HED).
- Distributed via competitive grant process for NM institutions of higher education
- Funds must be used to increase the number of nursing graduates at each school. HED would design a menu of items for which funds could be used.
 - (e.g., faculty and preceptor stipends, student and faculty stipends for travel and housing to encourage clinical training in rural communities, wrap around student services, I-BEST instruction.)
- · Advisory group with local healthcare employers.
- Measure outcomes, show that funds did increase workforce practicing in NM.

Separate capital outlay request for simulation lab equipment, infrastructure

Hospital Needs:

2022 Legislative Session

Workforce shortage relief

- Short-term Funding to retain current workforce, recruit more through winter
- Long-term Support funding that expands nursing and allied health education programs.
- Recruitment. Retention. Growth.

Behavioral health funding support

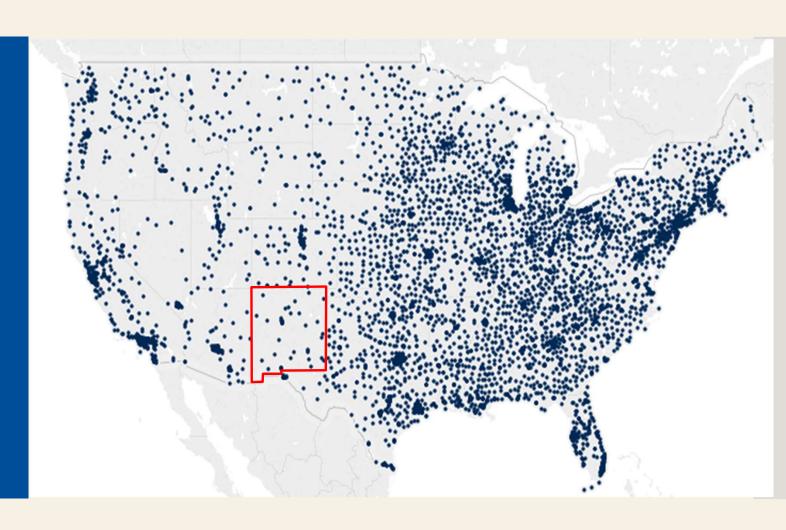
- Funding that sustainably increases access to BH services that are integrated and coordinated throughout the state
 - Tele-consult, group therapies, mobile crisis triage, etc.
- BH transport service
- HSD Budget / Medicaid rates

Recap:

Our NM Hospital Community

- Hospital finance basics
- Covid financial impact and hospital response - Hospitals, their doctors, nurses and all staff are on the front line of Covid and its far-reaching impact
- Pandemic exposed our healthcare environment weaknesses and brought them to crisis levels. Workforce shortage.
- What hospitals need
 - Stability
 - Funding support for staff through winter and long-term through education

In NM, financial sustainability IS access to care.



Q&A



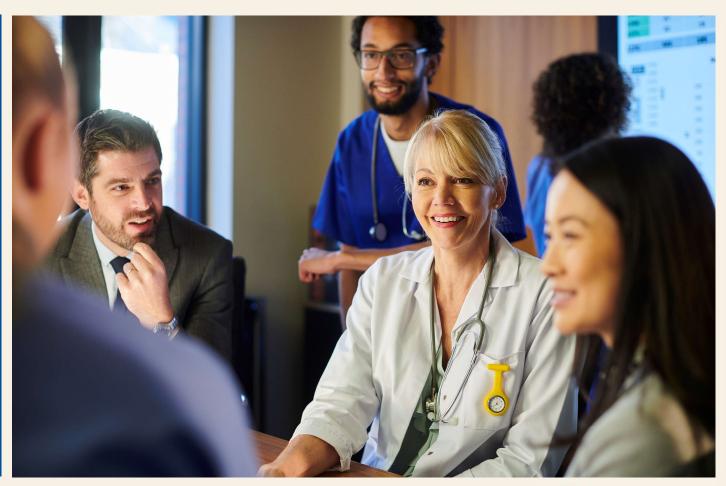
Thank you.

Contact: Troy Clark, President & CEO tclark@nmhsc.com

Pamela Blackwell, Director Policy & Communications pblackwell@nmhsc.com

New Mexico Hospital Association 7471 Pan American W Frwy NE Albuquerque NM 87109

505.343.0010





Appendix



Hospitals by Congressional District CD 1

Central Desert Haven Behavioral Health Center	505-980-4582
Haven Behavioral Hospital of Albuquerque	505-254-4503
Encompass Health Rehabilitation Hospital of Albuquerque	505-563-4078
Kindred Hospital of Albuquerque	505-242-4444
Lovelace Medical Center	505-727-2801
Lovelace UNM Rehabilitation Hospital	505-727-4729
Lovelace Westside Hospital	505-727-2001
Lovelace Women's Hospital	505-727-6805
Presbyterian Hospital	505-724-7041
Presbyterian Kaseman Hospital	505-291-2114
Presbyterian Rust Medical Center	505-253-1143
UNM Sandoval Regional Medical Center	505-994-7000
University of New Mexico Hospital	505-272-2263

Hospitals by Congressional District CD 2

Advanced Care Hospital of Southern NM	575-521-6634
Artesia General Hospital	575-748-3333
Carlsbad Medical Center	575-887-4105
Cibola General Hospital	505-287-5301
Eastern New Mexico Medical Center	575-624-8722
Gerald Champion Regional Medical Center	575-443-7845
Gila Regional Medical Center	575-538-4100
Guadalupe County Hospital	575-472-3417
Lea Regional Medical Center	575-492-5103
Lincoln County Medical Center	575-257-8250
Lovelace Regional Hospital - Roswell	575-627-7000
Memorial Medical Center	575-521-2291
Mesilla Valley Hospital	575-382-6699
Mimbres Memorial Hospital & Nursing Home	575-546-1318
MountainView Regional Medical Center	575-556-7611
Nor-Lea General Hospital	575-396-6611
Peak Behavioral Health Services	575-589-3000
Rehabilitation Hospital of Southern NM	575-521-6416
Sierra Vista Hospital	575-743-1202
Socorro General Hospital	575-835-8700
Three Crosses Regional Hospital	800-421-8274
THICC CLOSSES REGIONAL Flospital	000 421 0274

Hospitals by Congressional District CD 3

Alta Vista Regional Hospital	505-426-3930
CHRISTUS St. Vincent Regional Medical Center	505-913-5271
Holy Cross Hospital	575-751-5714
Los Alamos Medical Center	505-661-9158
Miners' Colfax Medical Center	575-445-3661
Plains Regional Medical Center	575-769-2141
Dr. Dan C. Trigg Memorial Hospital	575-461-7007
Presbyterian Española	505-753-1502
Presbyterian Santa Fe Medical Center	505-923-6333
Rehoboth McKinley Christian Health Care Services	505-863-7001
Roosevelt General Hospital	575-356-3412
San Juan Regional Medical Center	505-609-6110
Union County General Hospital	575-308-7682