

Family Readiness Program

Together We Are



STRONGER



Family Readiness Program

Mission:

- To establish and facilitate ongoing communication, involvement, support, and recognition between Military Families and the Military in a partnership that promotes the best in both.

Goal:

- To facilitate through education, outreach services, and partnerships, using resources, training new capabilities and concepts



Family Readiness Program

NEW MEXICO FACs

State Family Program Director

505-853-5668
505-264-9705

Northwest/Arizona FAC Coordinator

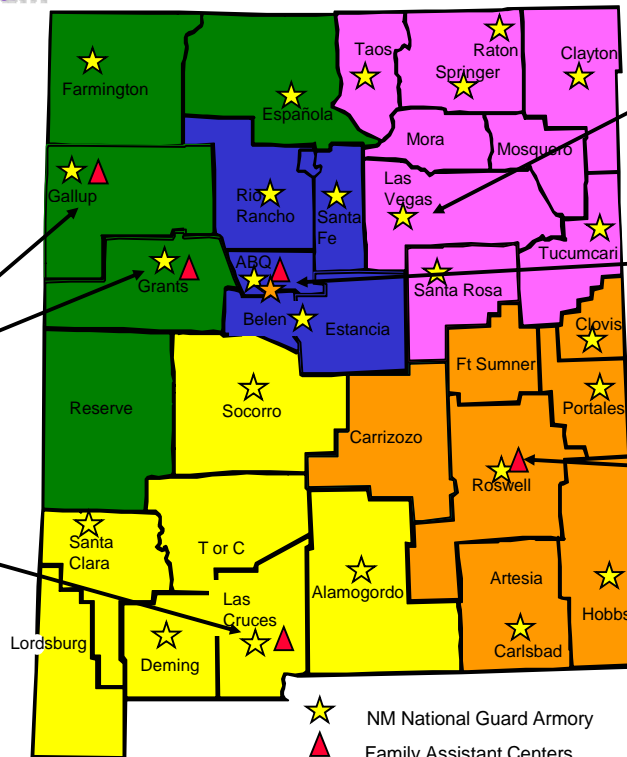
505-280-6051

Southwest

575-647-2471

Family Readiness Assistant

575-647-2456



- ★ NM National Guard Armory
- ▲ Family Assistant Centers
- ★ NM Air National Guard

Northeastern

505-231-5168
505-280-9943
505-474-2615

Greater Albuquerque

505-271-7190
505-280-7610
505-280-7551

Southeastern

575-347-3576

Youth

505-853-5128



Family Assistance Center (FAC)

Regional focal point for all Service Members and their Families

- Connection between Chain of Command and Families
- Referral, resources and outreach
- Ongoing contact with Families of deployed Service Members
- Financial, legal, education, employment/re-employment and crisis intervention assistance.
- Provide literature, books, and reference material



Yellow Ribbon Deployment Programs

Pre-deployment.

Mid-deployment.

Pre-Reunion
Home Coming Preparation

Post Deployment.

Reintegration

All cycles of deployment workshops are clinically based to support
Family, Physical, Emotional, Social, and Spiritual



Yellow Ribbon Deployment Programs

Pre-deployment.

Workshop events covering:

- Deployment issues
- Family readiness
- Parenting
- Youth (age appropriate breakouts)
- Finances
- Communication
 - Yellow Ribbon Ceremony



All cycles of deployment workshops are clinically based to support
Family, Physical, Emotional, Social, and Spiritual



Yellow Ribbon Deployment Programs

Mid-deployment:

- Monthly supportive contact with families
- Mid-deployment and pre-reunion specialty workshops
 - Youth (age appropriate breakouts)



All cycles of deployment workshops are clinically based to support
Family, Physical, Emotional, Social, and Spiritual



Yellow Ribbon Deployment Programs

Post Deployment.

- Multi-issue round-robin reintegration workshop with special topics for:
 - Couples
 - Family activities
 - Singles
- Continued monthly phone calls to families for one year after Service Member's return



All cycles of deployment workshops are clinically based to support Family, Physical, Emotional, Social, and Spiritual



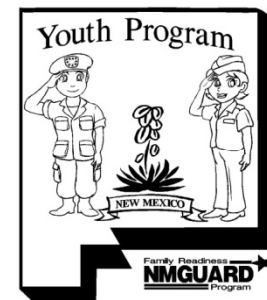
Youth Program

Mission

To provide a voice for all military youth, offering advocacy, understanding, and education for the children of military members.

Programs Offered:

- Summer youth camp
- State Youth Council Workshop
- Youth volunteer opportunities
- Regional Leadership forums
- Scholarship opportunities
- Community Service Programs
- Etiquette Training
- Resiliency Training
- Life Skills Workshop
- Character Education



SouthWest Assistance Team (SWAT)

Multi-disciplinary team to address issues of importance to Service Members and Families.

Members of the SWAT team:

- Chaplain
 - Director of Psychological Health
 - ESGR
 - Family Readiness Program
 - Financial Management
 - Joint Substance Abuse Program
 - New Mexico Vet Centers
 - Military Family Life Consultant
 - Military OneSource
 - Red Cross
 - PMS
 - Santa Fe Solace Center
 - Sexual Assault Coordinator
 - Survivor Outreach
 - Transition Assistance Advisor
 - Tricare
- other resources as needed



DIRECTORS PSYCHOLOGICAL HEALTH

- 24/7 access to behavioral health resources
- Referral, case management & follow up services
- Leadership & Guard Member training:
 - Wellness education
 - Critical incident management

Members Cannot Be Command Directed To See DPH



MILITARY & FAMILY LIFE CONSULTANTS (MFLC)

- Anonymous & Confidential
- Short-term, non-medical, solution focused
- Individual, couples, families & groups
- Commonly occurring life circumstances
 - Parenting
 - Relationships
 - Stress
 - Personal loss
 - Deployments & Reunions

Members Cannot Be Command Directed To See MFLC



SURVIVOR OUTREACH SERVICES (SOS)

Services to Families of fallen Service Members

- Multi-agency referrals
- Holistic approach to multiple issues
 - Access to garrisons & communities
 - Financial counseling
 - Benefits counseling



ESGR

- Started in 2011 to assist Guard/Reserve members in getting a meaningful job
- Human Resources Managers Association (HRMA NM) are volunteers to help
 - Work with unemployed military members to enhance their resumes, improve their interview skills, and also network their skills with other HR's to find jobs.
- Hero's Hiring Hero's Job Fairs
 - Web-based with job opportunities
- Close collaboration with
 - Department of Workforce Solutions
 - ❖ Virtual job fairs
 - New Mexico Department of Veterans Services
 - ❖ Job Fairs



Military One Source (MOS)

24/7 Call Center staffed by Masters Level Consultants

- Web site offers 24/7 access to information
- Confidential non-medical counseling in-person in the community, on-line or by phone.
- Information & resources on multiple topics
 - Finances
 - Education Resources
 - Spouse Career Center
 - Relocating



Special Initiatives

Resiliency, Risk Reduction
and

Suicide Prevention
(R3SP)

Sexual Assault Response Coordinator



Collaborative Initiatives

Wellness

- Awareness training for Health Providers and clergy not associated with the Guard.
- New Mexico Legislature funded NM Veteran and Family Support Services (Presbyterian Medical Services)
- International Fellowship of Chaplains (IFOC)
- Substance Abuse and Mental Health Services Administration (SAMHSA) Access to Recovery (ATR)
- New Mexico Department of Veterans Services



Commitment to Quality

For questions or comments concerning your Family Program experience we encourage you to contact the State Family Program Director

Therese Sanchez

(866) 464-1822 Toll Free

(505) 853-5668 Office

(505) 264-9705 Cell



“One Stop Shop”

