



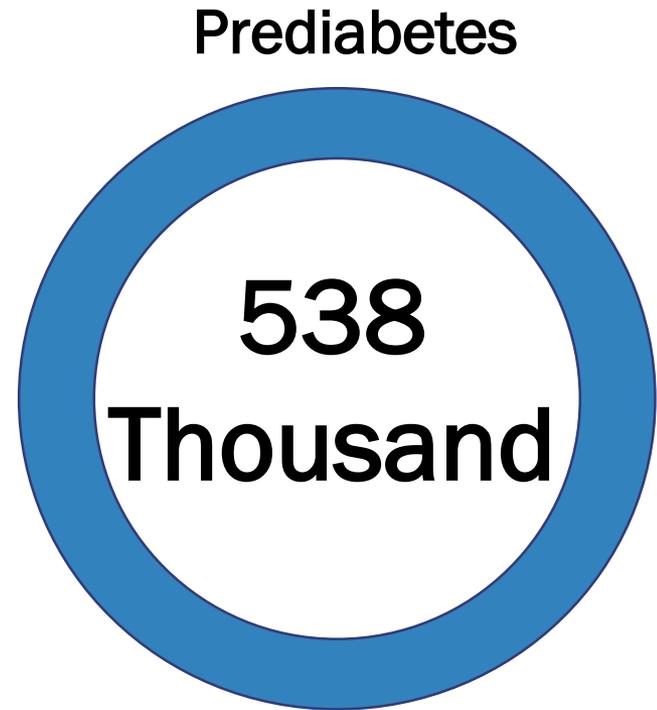
Presentation to the Tobacco Settlement Revenue Oversight Committee August 13, 2018

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Population and Community Health Bureau**

A Snapshot: **Diabetes** In New Mexico Adults (2016)



8 in 10 were aware of it



3 in 10 were aware of it

Costs of **Diabetes** in New Mexico



Estimated costs for people with diagnosed diabetes.

**\$2 billion
a year**



Deaths listed as diabetes being primary cause in 2016.

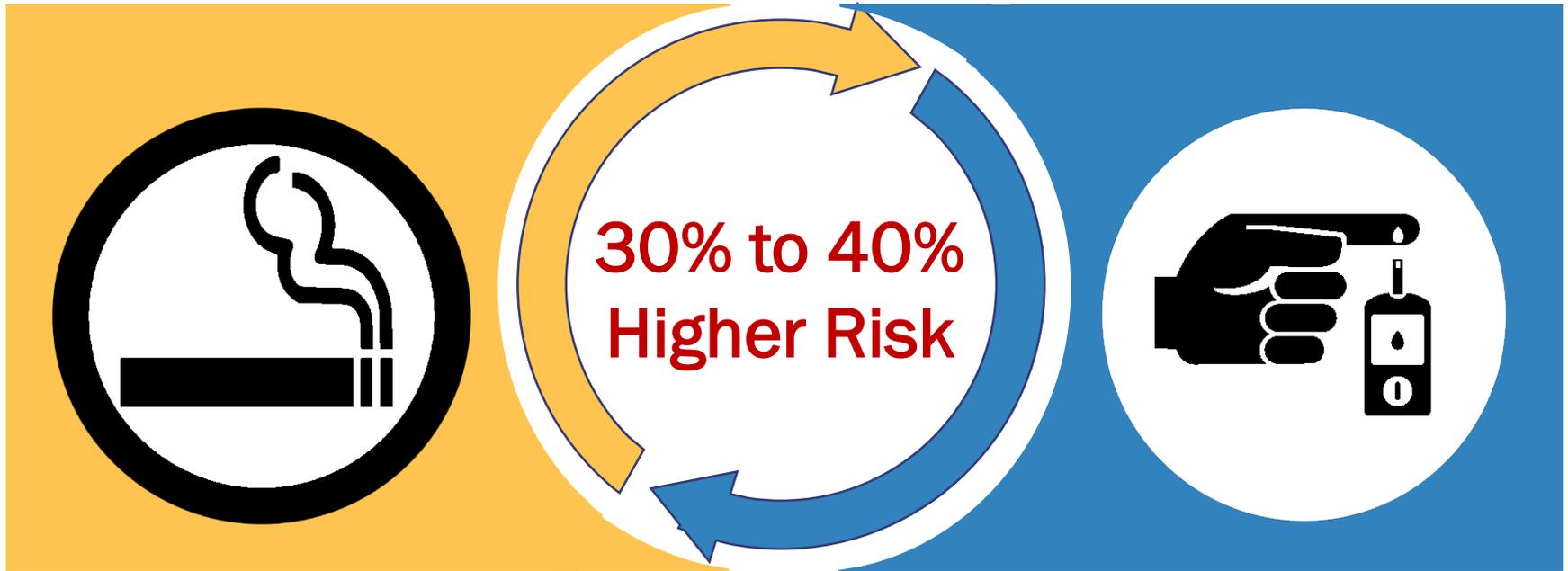
RIP
671

Diabetes Prevention and Control Program

GOALS:

- 1) Prevent or delay diabetes
- 2) Prevent complications, disabilities and burden associated with diabetes and related chronic conditions
- 3) Advance health equity to improve health outcomes and quality of life among all New Mexicans

Smoking and Diabetes



How Tobacco Settlement Funds were Spent in FY18

- \$473,000 – state and community contracts
 - Diabetes prevention and self-management services
 - Professional development for health care professionals
 - Marketing, Promotion and Referral
- \$242,500 – personnel
 - Tribal Outreach Coordinator
 - Nurse Consultant
 - Marketing and Communication Specialist

Reducing the Burden of Diabetes by:

Increasing access to, and participation in, proven diabetes prevention and self-management education services.

- National Diabetes Prevention Program
- Diabetes Self-Management Program
- Chronic Disease Self-Management Program
- Kitchen Creations



FY18 Achievements

Diabetes and Chronic Disease Self-Management Programs

Diabetes Self-Management

- English
 - 179 participants
 - 153 completers (85%)
 - 14 workshops
- Spanish
 - 67 participants
 - 58 completers (87%)
 - 5 workshops

Chronic Disease Self-Management

- English
 - 378 participants
 - 308 completers (81%)
 - 35 workshops
- Spanish
 - 101 participants
 - 81 completers (80%)
 - 8 workshops

FY18 Achievements

National Diabetes Prevention Program

- Number of classes: 9
- Number of participants: 105
- Number of program delivery sites: 8
- Number of lifestyle coach Trainings: 1
- Number of new lifestyle coaches trained: 15
- Number of lifestyle coach refresher trainings: 1
- Number of new program sites: 2

FY18 Achievements

Kitchen Creations

- Number of cooking classes: 36
- Number of participants: 539
- Number of counties served: 19
- Percent of surveyed participants who self-report satisfaction with the Kitchen Creations classes:
100%

Marketing, Promotion and Referral



Paths to Health 
Tools for **Healthier** Living



Caminos de Salud 
Técnicas para Vivir **Mejor**

www.pathstohealthnm.org

(505) 850-0176

or

(575) 703-2343

FY18 Achievements:

New Mexico Diabetes Advisory Council

- Number of Trainings : 3
- Number of attendees: 196
- Percent of survey respondents who express overall satisfaction: 89%
- Percent of survey respondents who report an increase in knowledge/skills: 74%
- Percent of attendees who receive continuing education units: 60%

Moving Forward

- Implement the New Mexico Diabetes Prevention Action Plan
- Align work in tribal communities
- Expand diabetes prevention and self-management education services
- Educate health care providers
- Engage Community Health Workers
- Engage pharmacists



Thank You

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