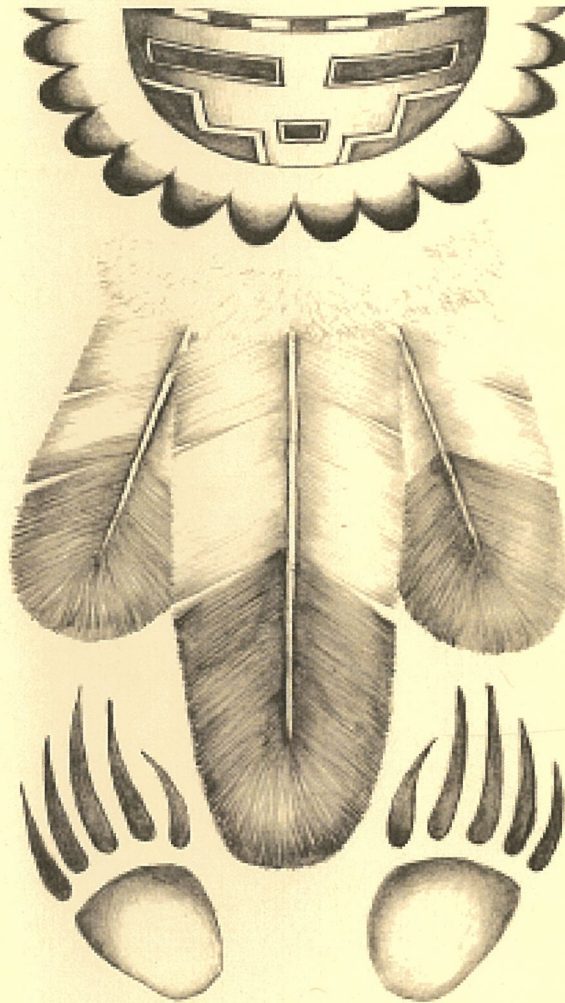


Cultural Perspective

The mission of the Urban Native American Healing to Wellness program is to create an atmosphere of healing through best practices and traditional methods in pursuit of spiritual and physical recovery for Native Americans with two or more DWI convictions.

We know that for a participant to be successful in the program his or her needs must be met. To accomplish this, we include cultural activities like talking circles, encourage peer support, and build a sense of community within the program and within traditional Native American communities. The goals of the program are to reduce incidents of DWI, reduce the number of victims, and improve our community's safety, while changing the lives of each participant through healing, treatment, and so that he or she can build a support system.

This is truly an inter-tribal Healing to Wellness Court unifying Native Americans convicted in the Bernalillo County Metropolitan Court who meet the Healing to Wellness Court criteria.



J. Aragon
A signature with a feather graphic below it.

Urban Native American Healing to Wellness Court

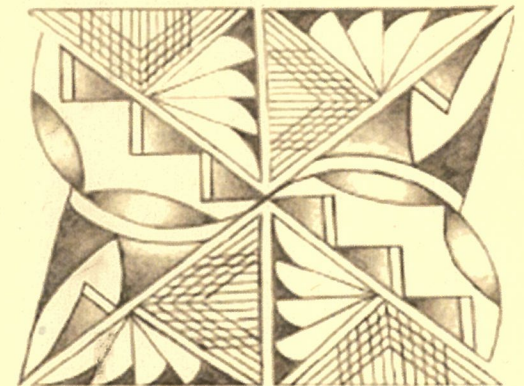
Bernalillo County

Metropolitan Court

Probation Division Programs

401 Lomas NW

Albuquerque, NM 87102



DWI Recovery Court Program Director

Gary Markel 505-938-4230

What You Have To Look Forward To

A New Life of Sobriety Where You Will:

- Build a support system in a caring, culturally sensitive environment;
 - Learn about other customs, traditions, and cultures;
 - Have a chance to improve your life situation and enjoy new opportunities;
 - Avoid going to jail if you participate successfully in the program;
 - Have a chance to stop using and live a clean and sober life through individualized treatment and healing;
 - Help your family and our community;
 - Join in traditional customs while participating in probation and treatment; and
 - Experience Native American customs and rituals to achieve your goals.
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PROGRAM PHASES

PHASE 1 - STABILIZATION AND ENGAGEMENT

- Each participant will attend 2 Native American groups* and/or individual sessions per week focusing on substance abuse
- Attend a face-to-face Healing to Wellness Court session with the Judge every 2 weeks
- Report to designated probation officer once a week
- Submit to random and frequent drug screening and alcohol testing
- Attend at least 1 community self-help group such as Alcoholics Anonymous
- Obtain and meet with a self-help sponsor once a week

Talking circles available

PHASE 2 - TREATMENT

- Treatment focuses on substance abuse and family history of abuse and/or other issues
- Attend Healing to Wellness Court session at least once monthly and complete 24 hours community service
- Report to probation officer once a week
- Continue all other program activities

PHASE 3 - BEGINNING OF MAINTENANCE

- Treatment will continue to focus on substance abuse and include integrity work
- Attend Healing to Wellness Court session monthly
- Report to probation officer once every 2 weeks
- Complete mandatory statutory community service hours
- Continue all other program activities

PHASE 4 - TRANSITIONAL CARE AND MAINTENANCE

- Attend MADD (Mothers Against Drunk Driving) Victim Impact Panel
- Treatment will include relapse prevention and understanding family systems
- Attend Healing to Wellness Court session at least once every 6 weeks
- Substance abuse counseling will occur weekly
- Report to probation officer monthly
- Random weekly drug and alcohol testing
- Continue community self-help support meetings and sponsorship
- Each participant must give a brief presentation on his/her tribal genealogy to Healing to Wellness Court participants and the Judge
- Turquoise Ceremony - Graduation from Program