

LOCAL COLLABORATIVE 5

Local Collaborative 5

LC 5 continues to have monthly meetings via teleconference among the three counties. Consumer involvement during the meetings is above 50 % of the total membership. The sub committees continue to generate considerable community participation along with the young adult/ adolescent involvement within the Unity Center project (Roswell see below). The three Core Service Agencies in LC 5 support the Local Collaborative through active participation in the meetings and the admin support of the LC.

- Total Community Approach (Youth Substance Abuse treatment and prevention) in Lea County is continuing to be very involved in the schools and communities. The ongoing evaluations of the project show considerable success both in the IOP settings and prevention activities. The project has expanded to Eddy and Chaves counties.
- Housing efforts across the LC5 region are being discussed. Housing committee meets every month in Chaves County. This subcommittee is working at addressing the lack of affordable housing stock available for BH consumers and families. It is currently planning a "Mental Health First Aid" training for identified Land Lords in the area who are willing to rent to BH members including recently emancipated youth. The LC 5 Core Service Agencies are able to support consumers who are their clients with services in achieving success in keeping their housing.
- Teen Suicide prevention working with the community including the school districts to deliver this resource. LC 5 will expand this to Hobbs schools in the fall. The LC 5 Teen Suicide Prevention team has presented to the three Roswell high schools over the past three years. Current= the team presented at Goddard High School in the freshman Health classes during the week of September 17 to 8 classes and approximately 200 students. The team is scheduled to present at Roswell High School the week of September 24 to 8 classes approx 200 students. These efforts will be duplicated during the second semester of the current school year. The team consists of Independent licensed therapists from Counseling Associates, Dept of Health, CYFD and Optum Health.
- LC 5 budget; the budget is discussed at the meetings in the form of a report out to the membership. The membership is able to request financial support from the LC in attending meetings which require travel. A new line item in the budget is funding to help persons who have completed peer specialist training to receive assistance in paying the fees associated with the certification exam.
- LC report to BHPC as needed. The LC representatives to the BHPC subcommittees are active in their participation and report back to the LC.

- Unity Center project funding through reinvestment money. Implementing a Reconnecting Youth program model in order to have youth who are at risk of substance abuse, gang homelessness connect with Peer youth and professional counselors while attending Unity Center programs (band concerts)
- Provider reimbursement issues; these issues are discussed at the LC meeting as needed. The LC has sent letters of support to various state entities in the past.
- Implementation of Centennial Care; The LC membership continues to receive information on Centennial care as it becomes available.

Special projects of your Local Collaborative currently (e.g. Quality Service Review, Systems of Care, Local Initiatives):

Building and developing housing for consumers in the region
Expanding Teen suicide prevention to Lea and Eddy Counties.

Local Collaborative 9: Curry and Roosevelt Annual Report

Local Collaborative 9 has accomplished the following during the past fiscal year and is pleased to present these accomplishments to the Behavioral Health Planning Council for the 2011-2012 year.

Accomplishments:

- Local Collaborative 9 was able to complete several fund raising activities during the past fiscal year. Recovery Walk and a Linking of Resources Chain were some of the community events which not only helped the LC financially but also addressed stigma and acceptance in the LC 9 communities.
- Mental Health First Aid training was held in and sponsored by LC9 in various settings during the fiscal year. Each of the training settings were full, several law enforcement personnel participated in the trainings.
- The community established several evaluation beds in the local hospital as a result of stigma work and collaboration within the LC. These beds are an alternative to persons in a BH crisis being placed in the detention center.
- Mapping documents for the BHPC central database were completed for Curry and Roosevelt Counties. The area's 211 line was a good resource in this activity.
- The Local Collaborative was consistent in keeping the monthly meeting date and time which helped in meeting attendance. The fourth Thursday of the month beginning at 10:30 am is the set date and time for the meeting.
- The LC membership voted to adjust the stipend reimbursement rate down and even suspended several months of giving out stipends in order to have the LC funding remain solvent throughout the fiscal year.
- The Local Collaborative meeting membership consistently consisted above 50% consumer participation.
- The LC membership voted a consumer co-chair of the local collaborative.
- Rocky Banda and Nate McGown represented LC 9 at the BH Symposium. Rocky was a guest speaker in the Crisis track.

LC 9 Goals for FY 12.

- Sustain the Local Collaborative through fund raising events and continued member recruitment.
- Work on anti stigma within the LC
- Have the LC represented in the BHPC sub committees
- Work on transportation issues within the LC.
- Work on developing alternative treatment of persons in Crisis within the LC.

Local Collaborative 10: De Baca, Harding and Quay

LC 10 functions as a collaborative through its monthly teleconference meeting. The LC 10 meeting is held on the last Monday of the month beginning at 4:30. Three LC voting members from each county participate in the meeting giving. Each county has their own individual meetings in whatever setting they have available. Quay Co has their LC meeting during the Health Council monthly meeting. De Baca co has their monthly meeting as needed for the work that they are needing to complete. The student council at the Ft Sumner schools is the proxy youth subcommittee for the county LC. Harding co meets during the LC 10 meeting. The active meeting membership including the county meetings is approximately 20. Consumer/ family membership is about 25%.

Accomplishments:

- Budget for the fiscal year 2ng the 012 was completed.
- Mapping documents for the BHPC central database were completed for De Baca, Harding and Quay Counties.
- The first annual “Total, Mind, Body & Soul Fair” and blood drive was held in conjunction with the De Baca County Fair.
- Quay County sponsored a “Fun Run” in October; the event had over 200 participants and 50 volunteers. Special invitation outreach was made to behavioral health consumers and families.
- Harding County hosted a Health Fair.
- Diabetes self-management education services began in November in Quay County.
- An Alzheimer’s caregiver support group meeting monthly in Quay has been formed.
- Elizabeth Sena was selected to represent LC 10 as the STAR nominee at BH Day at the Legislature. Paul Sena, Theresa Ramirez and Joe Ramirez also represented LC 10. LC 10 was awarded exhibitor space and shared a table with LC 3; Mary Campbell of LC 10, who also served on the planning committee, put together the display for LC 10 which was manned by LC 10 attendees.
- LC 10 hosted its March meeting in Harding County with a dinner and presentation on Meth awareness at the Roy Schools in efforts to address addiction and recruitment of new members to LC 10. The “No Exceptions” video was presented to the community with considerable discussion following the presentation. Harding is planning to use the video in the schools to help get the message out to the community about using prescription meds and the dangers of opioid addiction.
- Quay County hosted its annual Wellness Fair with over 600 in attendance, making it a very successful event. Local Collaborative 10 had a booth manned by consumers and family members.
- Plans were made to hold events in the counties for children’s mental health day and May mental health month. Harding followed up on their meth awareness presentation and dinner that was hosted earlier. De Baca used a public bulletin board at the local family practice clinic to promote mental health month. Counselors went in to the school the week of prom and talked to youth and

about meth awareness and dating violence. Quay plans to use the Hero of Hope for next year's event.

- Quay County is working on a home visit program for prenatal and post-partum families through CYFD under the Affordable Care Act. When counties were ranked on basis of need and intervention programming, Quay topped the list in need. The goal is 40 families working with a set curriculum.
- Harding County is working on plans for an assisted living facility.
- Representatives to the various BHPC subcommittees have been selected.

2012-2013 Goals:

- Possible grant funding to help combat meth addiction, to help people understand what a serious problem that this has become. The Attorney General's Office training will be utilized also.
- Quay County is working to host the 3rd annual "Get Moving Quay County!" Fun Run/Walk in October.
- The LC plans to continue its efforts toward sustainability.
- Continue to keep representation on BHP subcommittees.
- De Baca is working to host a community wide dinner at the Fort Sumner Schools with a meth awareness presentation.
- Harding County is working to identify owners of abandoned properties, in hopes to make them habitable again to ease housing concerns.
- To provide more Mental Health First Aid trainings.
- Preparing the LC to adequately handle the responsibility of patient centered medical homes.

Challenges:

- LC Sustainability- LC 10 wants to remain together. The LC 10 counties work well together and want to continue that way.
- Transportation and housing are still immediate needs of this frontier setting and has had a significant impact on consumers living with limited resources.
- Eliminating stigma toward behavioral health and how to better respond to those in crisis situations.
- Ongoing going Meth awareness for communities.

LOCAL COLLABORATIVE 12

LC 12 meets on a Bi monthly bases. The first Wednesday of the month the cabinet meets which amounts to the LC leads meeting. They deal with the LC business, voting and preparing for materials which will be presented to the general LC meeting. Attendance at this meeting is usually the cabinet members who have been voted into this position by the general LC membership.

General meeting consists of the public meeting held on the second Wednesday of the month. In the general meeting various topics are presented to the community in the areas of mental health, substance abuse and any ongoing issues in behavioral health. The attendance in this setting ranges from 15 to 30+ persons gaining information on the topic being presented and giving feedback. Several of these meetings have begun community actions and discussion. Consumer family participation in this setting is 20 to 40%, depending on the topic. The LC has a current program which it is preparing for an October presentation. The LC will provide a team of therapists who will be presenting a Teen Suicide Prevention presentation in the Alamogordo High School. The LC has also begun to gather resources and public input in response of combat veterans needs in the community.

The following are other actions on the part of the LC.

Behavioral Health Local Collaborative 12 Otero and Lincoln Counties

- Provided monthly informative programs to our community and members on the Otero County Detention Center, Adult Probation & Parole, Restorative Justice, CAPP Community Alternative Placement Program, Schizophrenia, NET Network to Empower Teens, and we provided a 4-part series exploring the many aspects of behavioral health issues and resources.
- Supported "Soberfest", a community block party attended by over 900 people celebrating National Recovery month.
- Continued our support of the Bicycle Recycling program that provides restored bicycles to people in half-way or recovery houses, the homeless and the disabled.
- Maintained a presence at the Otero County Community Health Council.
- We continue to work for increased attendance and participation by consumers, consumers' family, advocates, community members, elected representatives and faith leaders. One successful tactic toward this goal was inviting prospective members to be part of a forum providing the program as when we invited local ministers and assistant district attorney to be part of Restorative Justice forum. We also invited two NM State Representatives to attend and they did.

Challenges and future plans include the following:

- Sustaining the Behavioral Health Local Collaborative, including possible fundraising.
- Educating our community about behavioral health needs and resources.
- Increasing collaboration among all community resources.
- Enlarging our membership pool