

**PRESBYTERIAN MEDICAL SERVICES (PMS)**

**REPORT ON BEHAVIORAL HEALTH SERVICES  
AND CAPACITY**

*BEHAVIORAL HEALTH SUBCOMMITTEE OF THE LEGISLATIVE  
HEALTH AND HUMAN SERVICES COMMITTEE*

*OCTOBER 2014*

DOUG SMITH, EXECUTIVE VICE-PRESIDENT  
BILL BELZNER, DIRECTOR OF BEHAVIORAL HEALTH

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**PRESBYTERIAN MEDICAL SERVICES (PMS)**

**HISTORY AND SUMMARY**

- Successor to the United Presbyterian Church's Mission work which began in 1901
- Incorporated in 1969 as a New Mexico-based 501(c)(3)
- While PMS began as a Community Health Center providing Medical services only, community need drove a focus on diversification and clinical integration

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## PRESBYTERIAN MEDICAL SERVICES (PMS)

### HISTORY AND SUMMARY

PMS is not affiliated with Presbyterian Healthcare Services, Presbyterian Hospitals or Presbyterian Health Plan

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## PRESBYTERIAN MEDICAL SERVICES (PMS)

### HISTORY AND SUMMARY

PMS today:

- 45 FQHC/Community Health/ School-based health centers
- Over 60,000 individuals seen annually
- Over 300,000 Outpatient Medical, Dental and Behavioral Health Visits per year
- NCQA PCMH Level 3 Recognized
- Providing services in 16 New Mexico counties

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## PRESBYTERIAN MEDICAL SERVICES (PMS)

### HISTORY AND SUMMARY

#### PMS today:

- Approximately 140,000 Outpatient BH visits Annually
- Behavioral Health Core Service Agency (LC 1, 7, 11, 13)
- 16 bed Adolescent Residential Treatment Center
- Veterans and Families Support Services (VFSS)
- Joint Commission Accredited
- Continuous Quality Improvement
  - Joint Commission, NCQA, MCOs, DHI, CYFD, DOH

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## PRESBYTERIAN MEDICAL SERVICES (PMS)

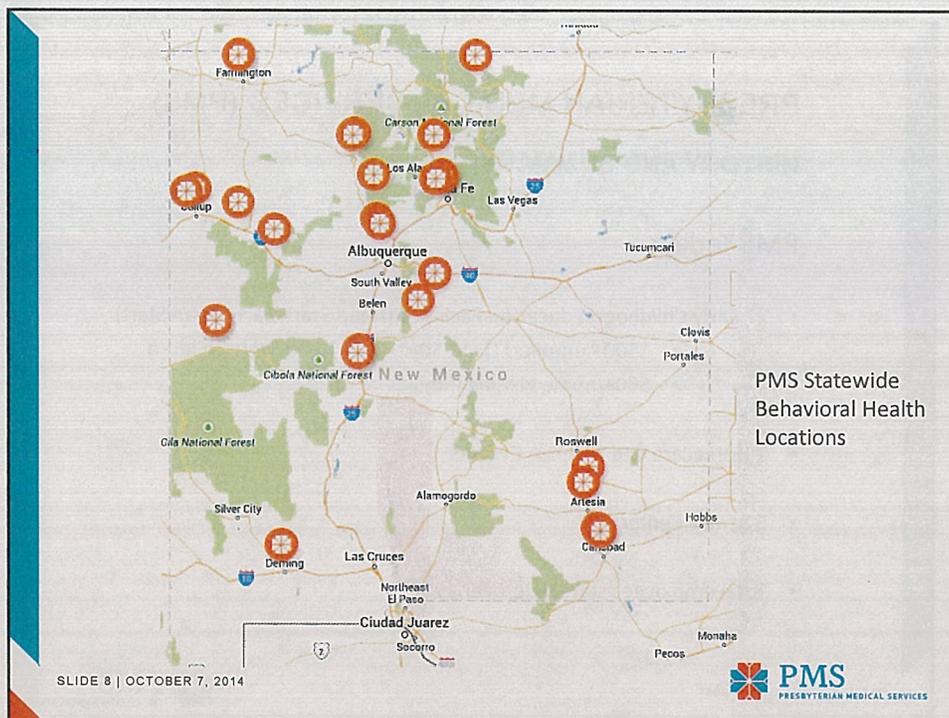
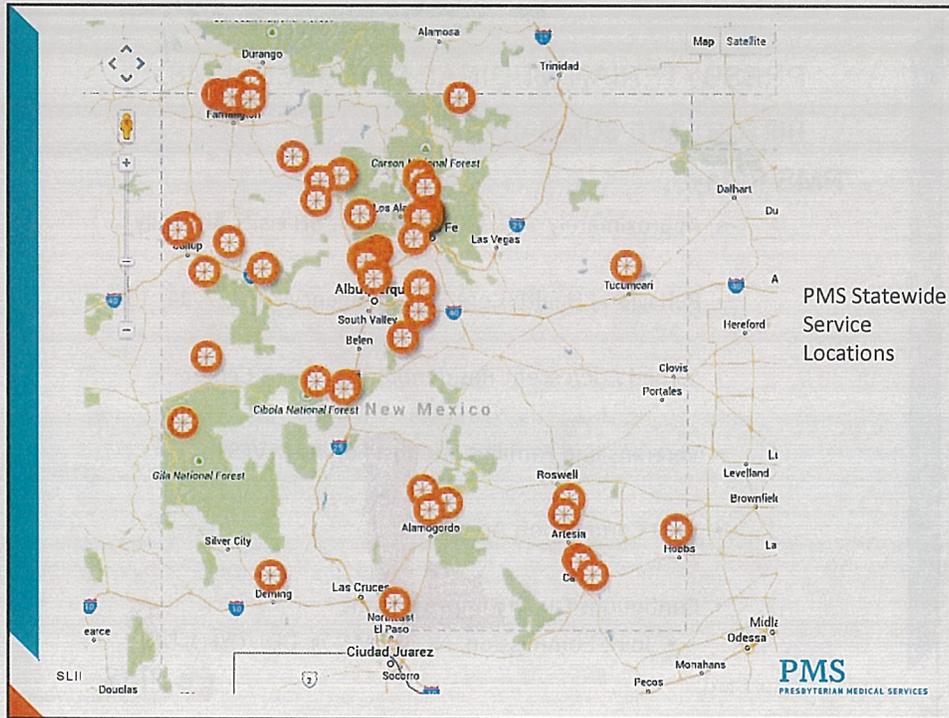
### HISTORY AND SUMMARY

#### PMS Today:

- 27 Early Childhood Education Facilities (Head Start/Early Head Start)
  - 1500+ enrolled Head Start/Early Head Start Children
  - 500+ home visiting families
- 2 Homecare and Hospice Centers
- 5 Senior Centers
- Total employees statewide over 1150

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## PRESBYTERIAN MEDICAL SERVICES (PMS)

### INTEGRATED DELIVERY MODEL

- PMS vision of integration is based on:
  - A fully integrated electronic health record – “Golden Thread”
  - Universal screening for depression and substance abuse
  - Warm handoffs in co-located medical & BH programs
  - Telephonic psychiatric consultation for primary care providers
  - Telehealth services maximized to improve access to services
  - Interdisciplinary Team approach to Care
  - BH community programs stress illness self-management and health activation
  - Population Health Management (Health Informatics)

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## PRESBYTERIAN MEDICAL SERVICES (PMS)

### INTEGRATED DELIVERY MODEL

- Patient-centered medical homes (PCMH)
- Care management for all patients, with full integration of medical & BH
- Outreach to difficult-to-reach communities and populations
- Behavioral health home pilot
- Cross training of Community Support Workers as Community Health Workers
- Coordination with Project ECHO

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## PRESBYTERIAN MEDICAL SERVICES (PMS)

### INTEGRATED DELIVERY MODEL

- CMHCs and CSAs provide comprehensive BH services:
  - 24/7 crisis services
  - Psychiatry and medication management
  - Therapies (individual, group, family, specialty)
  - Comprehensive Community Support Services (CCSS)
  - Housing and employment support
  - Psychosocial Intervention
  - Evidenced based Practices

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## PRESBYTERIAN MEDICAL SERVICES (PMS)

### EVIDENCED BASED PRACTICES

- Assertive Community Treatment (ACT)
- Cognitive Behavioral Therapy (CBT)
- Community Reinforcement Approach (and CRAFT)
- Mental health, drug and other specialty court programs
- Peer Support for Serious Mental Illness
- Primary Care-BH co-located in integrated care settings
- Supported Housing for Chronically Homeless Adults
- SBIRT (Brief Intervention)
- Dialectical Behavioral Therapy (DBT)
- Matrix Intensive Outpatient
- Seeking Safety
- Relapse Prevention Therapy
- Suboxone

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PRESBYTERIAN MEDICAL SERVICES (PMS)

**CAPACITY**

• PMS Behavioral Health Users by Quarter

- » 2013 Quarter 2 – 5,400
- » 2013 Quarter 3 – 5,000
- » 2013 Quarter 4 – 4,800
- » 2014 Quarter 1 – 5,400
- » 2014 Quarter 2 – 6,000

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RESISTANCE TO TENSILE STRESS

Fig. 1. Tensile strength of polyethylene

Temperature, °C	Tensile strength, kg/cm <sup>2</sup>
20	1.5
40	1.4
60	1.3
80	1.2
100	1.1

Fig. 1

Fig. 1