

Are you...

- Not receiving the services you need?
- Trying to obtain housing or a job?
- Thinking about getting out of a nursing home?

Please call or come by our office!

Be part of the movement to change our communities so that, as people with disabilities, we can all live and work with dignity and pride in a barrier free society.

*Discover the endless possibilities!*

This brochure is available in Braille or large print, on disc or tape.

ILRC does not discriminate with regard to disability, race, color, national origin, ancestry, culture, religion, age, gender, sexual orientation or gender identification in its services or hiring practices.

# ILRC

## Independent Living Resource Center

### Albuquerque Business Office

*Serving Bernalillo, Valencia, Sandoval, and Cibola Counties*

4665 Indian School Rd. NE, Suite 100

Albuquerque, New Mexico 87110

(505) 266-5022 v/tty

(505) 266-5150 FAX

Statewide toll-free 800-260-5022 v/tty

### East Mountain Office

*Serving Tarrant, Guadalupe, and DeBaca Counties*

Melody Ranch Plaza

1208 Route 66, Suite E

Moriarty, New Mexico 87035

(505) 832-1128 v/tty

(505) 832-1153 FAX

### Socorro Office

*Serving Socorro County*

120 Plaza

Socorro, New Mexico 87801

(575) 835-2486 v/tty

(575) 835-2972 FAX

Statewide toll-free 866-835-2486 v/tty

### Alamogordo Office

*Serving Lincoln and Otero Counties*

700 E. 1st St., Suite 772

Alamogordo, New Mexico 88310

(575) 439-1112 v/tty

(575) 439-1113 FAX

Statewide toll-free 877-439-1112 v/tty

# ILRC

## Independent Living Resource Center

*Providing advocacy and services, promoting equality and opportunity for all people with disabilities.*

## About *ILRC*

The Independent Living Resource Center (ILRC), is a private, nonprofit, consumer-controlled agency. It was founded in 1989 to encourage and empower individuals with disabilities to participate fully in family, community, and work life.

ILRC serves individuals with disabilities in a sixteen county service area by providing advocacy and removing barriers that prevent people with disabilities from full and equal participation in all aspects of community life. Services are designed to increase independence and self-sufficiency.

Centers for Independent Living are part of a nationwide disability rights movement through which control is vested in persons with disabilities.

### **We believe people with disabilities:**

- ▣ belong in the community.
- ▣ are not patients to be cured, children to be taken care of, nor brave souls to be admired.
- ▣ should be in charge of the assistance they may require, that is, free to be independently dependent.
- ▣ Are victimized by a prejudiced society, not by the disabilities they happen to have.

*From "A People's History of the Independent Living Movement"  
by Chava Levy (1988)*

## *ILRC's* Programs and Services

### Independent Living Services

ILRC provides advocacy, independent living skills training, and peer counseling as well as information and referral regarding housing, benefits, transportation, education, and employment.

- ▣ **Housing:** ILRC provides information on rights and responsibilities of a renter or buyer and explains affordable housing resources, including Section 8, public housing, and home ownership, including first time homebuyer classes.
- ▣ **Benefits:** ILRC provides benefits applications and eligibility information, assistance with applications; counseling on how benefits will be affected by employment, and support in appeals and fair hearings.
- ▣ **Transportation:** ILRC provides information on transportation resources and how to use public transportation, and assists with documenting incidents of discrimination and filing complaints.
- ▣ **Education:** ILRC provides support obtaining equal and appropriate public education in school (K-12), or in a college or training program.
- ▣ **Employment:** ILRC provides assistance with obtaining DVR and other employment services; as well as information on employee rights and responsibilities, requesting reasonable accommodations, and filing discrimination complaints.

### Technical Assistance Program

ILRC assists eligible individuals to pay for home modifications, vehicle modifications, computer technology and equipment to help maintain or improve independence.

### Attendant Services Program

ILRC supports consumers' control over their own lives by providing assistance accessing personal attendant services.

### Nursing Home Transition

ILRC works with nursing home residents who want to move back into the community, providing support and assistance in obtaining housing, services and equipment that will enable the individual to make a successful transition.

### Education and Awareness

ILRC provides training and presentations to businesses, community organizations, hospitals, clinics, and government agencies on the Americans with Disabilities Act (ADA), Disability Awareness, and other independent living related topics.

**We believe in freedom, choice,  
and human dignity for  
individuals with disabilities.**