

# Colorado Family Planning Initiative

## A Colorado Success Story

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**COLORADO**  
Department of Public  
Health & Environment

# At-A-Glance: Colorado Family Planning Initiative (CFPI)

Between 2008 and 2014

- Provided over 30,000 LARCs to low-income women
- Teen birth rate dropped 40% and abortions fell 35%
- Medicaid avoided a median of \$79 million in related health care costs over the first 3 years of CFPI\*
- Cost of the program was \$27 million over 7 years
  - Training for health care providers
  - Support for operational infrastructure
  - Reduced or eliminated cost of LARCs

\*Based on population estimates, the range is \$49-\$111 million.

\*Source: Colo. Dept. of Public Health and Environment, Health Statistics and Evaluation Branch. "Estimated Medicaid Births Averted and Costs Averted for Colorado Women Ages 15-24, 2010-2012." November 2014.



# Background:

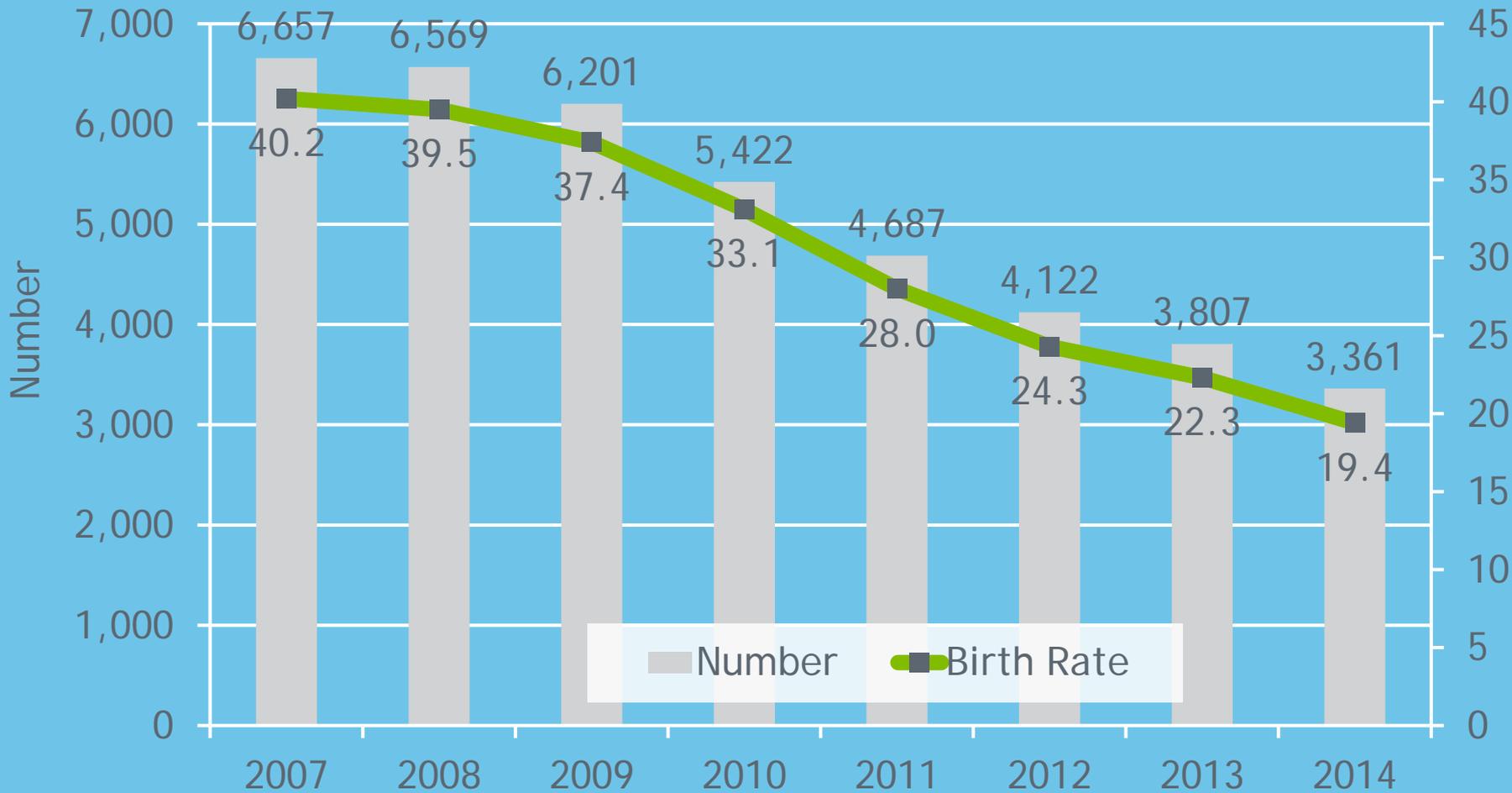
## Colorado Family Planning Initiative

- Why Colorado?
  - Politics
  - Strong Title X network
- Why LARC?
- Activities
  - Provider and health center staff training
  - Funds for LARC devices
  - Outreach & education
  - Infrastructure development

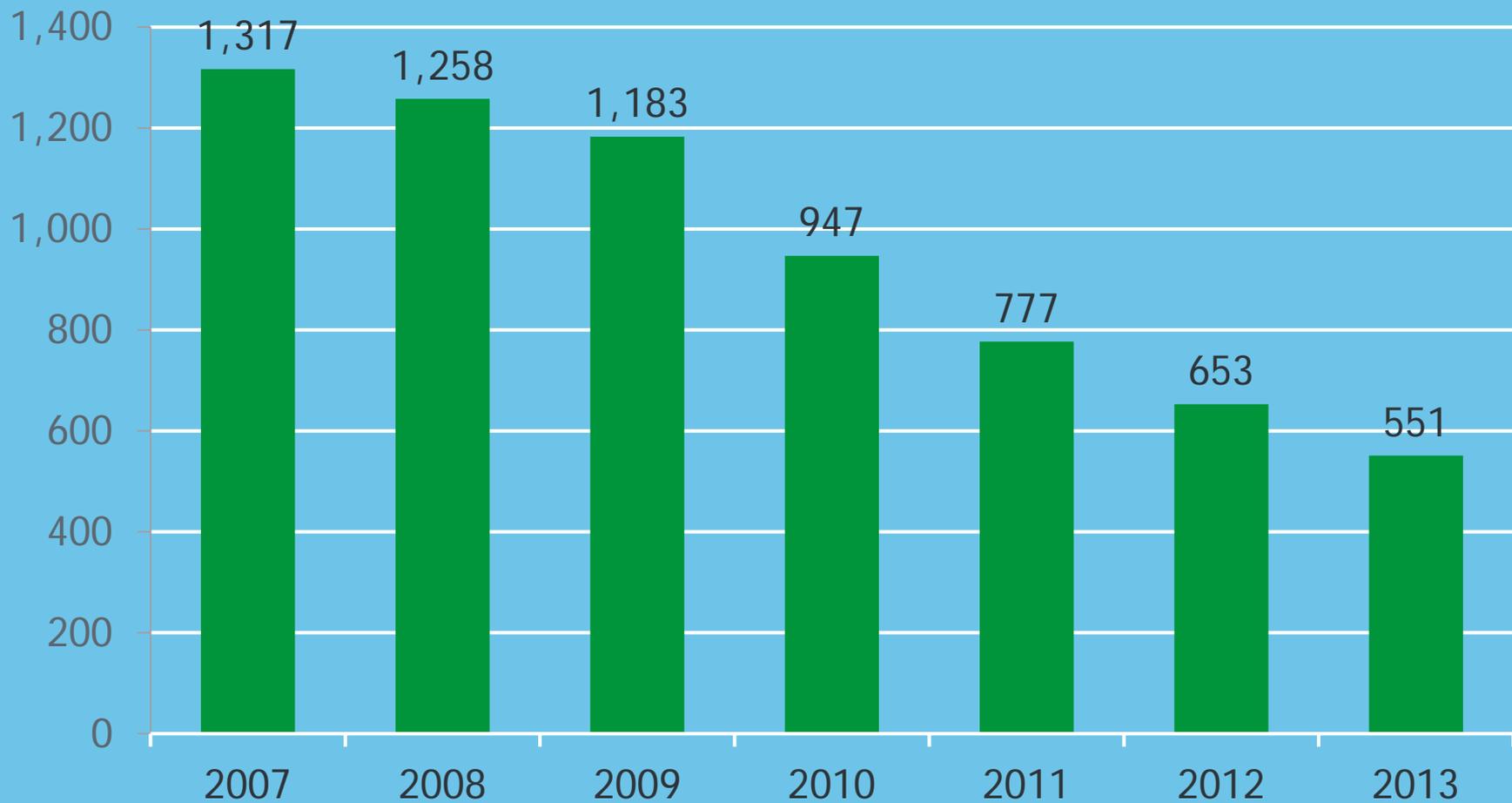
# Game Changer: Measurable Outcomes

	2008	2014
Title X LARC insertions (ages 15-24)	.5%	9.6%
Title X IUD & implant use (ages 15-24)	4%	29.6%
Title X Oral contraceptive use (ages 15-24)	44%	29.9%
State Fertility rates (per 1,000 women 15-19)	39.6	19.4

# Total Number of Births and Fertility Rates Ages 15-19, Colorado, 2007-2013



# Number of second and higher order births, ages 15-19, Colorado, 2007 to 2013



# Other Impacts

42%  
reduction

In teen abortion rates statewide

25%  
reduction

In WIC infant enrollment (all ages)

\$79  
million

Median Medicaid costs averted\*

20%  
reduction

In infant mortality

\*Based on population estimates, the range is \$49-\$111 million.

\*Source: Colo. Dept. of Public Health and Environment, Health Statistics and Evaluation Branch. "Estimated Medicaid Births Averted and Costs Averted for Colorado Women Ages 15-24, 2010-2012." November 2014.



# Insights & Lessons Learned

- Maximize existing systems (low hanging fruit)
  - Title X
  - FQHCs
- Champions are key to meaningful change
- Clinical training doesn't end with providers
  - Clinic efficiency
  - Billing/coding
- Follow best clinical practices and guidelines

# Insights & Lessons Learned (cont.)

- Policy work is key
  - Supportive minor consent laws
  - Insurance & Medicaid
    - Confidentiality
    - Benefits and reimbursement
    - Essential community providers
    - Contracting
  - Media and normalizing the issues

# Insights & Lessons Learned (cont.)

- Challenges

- Late adopters and skeptics
- Provider limitations
- Confidentiality and insurance

- What about STI risk?

- CG/GC rates actually went down
- Condom use didn't change (went up among teens)

# The Future

- Funding

- Past legislative work to increase existing line item in the general fund (failed)
- Funders Forum hosted at CDPHE will bring 14 Colorado Foundations to support project \$2,000,000
- National Foundation will support with \$500,000
- Working on 2015-2016 legislative decision item

- Activities

- Provider training
- Post partum LARC
- Research

Questions?  
Contact Us

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THANK YOU!

