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HOUSE MEMORIAL 14

**49TH LEGISLATURE - STATE OF NEW MEXICO - FIRST SESSION, 2009**

INTRODUCED BY

Mimi Stewart

A MEMORIAL

PROCLAIMING FEBRUARY 6, 2009 AS "WEAR RED DAY" AT THE HOUSE OF REPRESENTATIVES.

WHEREAS, diseases of the heart are the nation's leading cause of death, and stroke is the nation's third-leading cause of death; and

WHEREAS, cardiovascular diseases claim the lives of more than four hundred fifty-five thousand American women each year, which is an estimated one death per minute; and

WHEREAS, each year, fifty-three percent of all cardiovascular-disease deaths occur in women as compared to forty-seven percent in men; and

WHEREAS, the estimated costs, both direct and indirect, of cardiovascular diseases and stroke in the United States in 2008 were estimated to be four hundred seventy-five billion three

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1 hundred million dollars (\$475,300,000,000); and

2 WHEREAS, more women die of cardiovascular disease than the  
3 next five leading causes of death combined, including all  
4 cancers; and

5 WHEREAS, only twenty-one percent of women consider  
6 cardiovascular disease their greatest health risk; and

7 WHEREAS, February is designated as "American Heart Month";  
8 and

9 WHEREAS, "go red for women" is the American heart  
10 association's national call to increase awareness about heart  
11 disease, the leading cause of death for women, and to inspire  
12 women to take charge of their heart health; and

13 WHEREAS, all women should learn their own personal risk  
14 for heart disease, using tools such as the American heart  
15 association's "go red for women" heart checkup and by talking  
16 to their health care providers;

17 NOW, THEREFORE, BE IT RESOLVED BY THE HOUSE OF  
18 REPRESENTATIVES OF THE STATE OF NEW MEXICO that, in recognition  
19 of the importance of the ongoing fight against heart disease  
20 and stroke, Friday, February 6, 2009, be proclaimed "Wear Red  
21 Day" at the house of representatives; and

22 BE IT FURTHER RESOLVED that all New Mexicans be encouraged  
23 to show their support for women and the fight against heart  
24 disease by commemorating this day by wearing the color red.