

1 A MEMORIAL

2 PROCLAIMING FEBRUARY 4, 2010 AS "WEAR RED DAY" AT THE SENATE.

3
4 WHEREAS, diseases of the heart are the nation's leading
5 cause of death, and stroke is the third-leading cause of
6 death; and

7 WHEREAS, cardiovascular disease claims the lives of
8 nearly four hundred sixty thousand American females each
9 year, which is approximately one death per minute; and

10 WHEREAS, each year, fifty-three percent of all deaths
11 due to cardiovascular disease and sixty-one percent of stroke
12 deaths occur in females; and

13 WHEREAS, too many women die each year because they are
14 unaware that heart disease is their number one killer; and

15 WHEREAS, in 2010, the direct and indirect cost of
16 cardiovascular diseases in the United States, including
17 stroke, is estimated to be five hundred three billion two
18 hundred million dollars (\$503,200,000,000); and

19 WHEREAS, nearly as many women die of heart disease,
20 stroke and all other cardiovascular diseases as the next five
21 leading causes of death combined, including all cancers; and

22 WHEREAS, only twenty-one percent of women consider
23 cardiovascular disease their greatest health risk; and

24 WHEREAS, February is designated as American heart month;
25 and

1 WHEREAS, "Go Red For Women" is the American heart
2 association's national call to increase awareness about heart
3 disease, the leading cause of death for women, and to inspire
4 women to take charge of their heart health; and

5 WHEREAS, all women should learn their own personal risk
6 for heart disease by using tools such as the American heart
7 association's "Go Red For Women" heart checkup and by talking
8 to their health care provider; and

9 WHEREAS, making the right choices relating to proper
10 nutrition and physical activity, as well as other healthy
11 lifestyle choices, is essential to living a heart-healthy
12 life; and

13 WHEREAS, by choosing to speak up about heart disease,
14 lives can be saved;

15 NOW, THEREFORE, BE IT RESOLVED BY THE SENATE OF THE
16 STATE OF NEW MEXICO that, in recognition of the importance of
17 the ongoing fight against heart disease and stroke, Thursday,
18 February 4, 2010, be proclaimed "Wear Red Day" at the senate;
19 and

20 BE IT FURTHER RESOLVED that all New Mexicans be
21 encouraged to show their support for women and the fight
22 against heart disease by commemorating this day by the wearing
23 of the color red. _____

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