

1 A MEMORIAL

2 DECLARING MARCH 10, 2011 "WORLD KIDNEY DAY" IN THE SENATE.

3
4 WHEREAS, March 10, 2011 marks the sixth anniversary of
5 world kidney day, an event jointly sponsored by the joint
6 international society of nephrology and the international
7 federation of kidney foundations; and

8 WHEREAS, in 2011, the celebration of this day will be
9 focused on the often overlooked role that kidney dysfunction
10 plays in premature heart disease; and

11 WHEREAS, the main functions of kidneys are to filter
12 toxins and wastes out of the blood, maintain body fluid and
13 composition and secrete hormones to assist in red blood cell
14 production; and

15 WHEREAS, kidneys play a central role in regulating blood
16 pressure by balancing important electrolytes that help
17 maintain the heart's rhythm; and

18 WHEREAS, properly functioning kidneys are essential to
19 life; and

20 WHEREAS, chronic kidney disease is becoming more common,
21 with a thirty percent increase in its prevalence in the
22 United States over the last ten years, resulting in one in
23 ten people suffering from chronic kidney disease; and

24 WHEREAS, individuals with kidney disease are three times
25 more likely to suffer from heart disease, heart attack or

1 stroke as a result of a buildup of waste products leading to
2 uncontrolled high blood pressure; and

3 WHEREAS, many people suffer a heart attack or stroke
4 before they become aware that they have kidney disease; and

5 WHEREAS, healthy lifestyle choices, including not
6 smoking or the cessation of smoking, maintaining blood
7 pressure, cholesterol and blood sugar at appropriate levels,
8 maintaining a healthy weight through diet and exercise and
9 drinking plenty of water and fluids, help to reduce the risk
10 of kidney disease; and

11 WHEREAS, with early detection and treatment, kidney
12 disease can be slowed down before it progresses to kidney
13 failure or heart disease; and

14 WHEREAS, the department of health currently has no
15 programmatic effort dedicated to the prevention of chronic
16 kidney disease or to promoting public awareness of the
17 dangers of kidney disease and its relationship to heart
18 disease; and

19 WHEREAS, recognition and support of world kidney day
20 will help raise awareness among the general public and
21 government health officials about the dangers of kidney
22 disease, especially chronic kidney disease;

23 NOW, THEREFORE, BE IT RESOLVED BY THE SENATE OF THE
24 STATE OF NEW MEXICO that March 10, 2011 be declared "World
25 Kidney Day" in the senate; and

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BE IT FURTHER RESOLVED that a copy of this memorial be
transmitted to the secretary of health. _____