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HOUSE MEMORIAL 60

52ND LEGISLATURE - STATE OF NEW MEXICO - SECOND SESSION, 2016

INTRODUCED BY

Deborah A. Armstrong

A MEMORIAL

REQUESTING THE GOVERNOR TO PROCLAIM MAY 2016 "MENTAL HEALTH MONTH" IN NEW MEXICO.

WHEREAS, good mental health is essential to everyone's overall health and well-being; and

WHEREAS, all Americans experience times of difficulty and stress in their lives; and

WHEREAS, prevention is an effective way to reduce the burden of mental illness; and

WHEREAS, there is a strong body of research that supports specific tools that all Americans can use to better handle emotional challenges and protect their health and well-being; and

WHEREAS, mental illness is real and prevalent in the nation; and

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1 WHEREAS, with effective treatment, individuals living with
2 mental illness can recover and lead full, productive lives; and

3 WHEREAS, each business, school, government agency, health
4 care provider, organization and resident in New Mexico shares
5 the burden of mental illness and has a responsibility to
6 promote mental wellness and support prevention efforts; and

7 WHEREAS, the interagency behavioral health purchasing
8 collaborative is in its seventh year of a ten-year process to
9 streamline behavioral health services and to promote recovery
10 and resiliency through support services across the state in an
11 effort to build healthy families from infants to adults; and

12 WHEREAS, the national mental health association, the
13 federal substance abuse and mental health services
14 administration and the interagency behavioral health purchasing
15 collaborative and its eighteen local collaboratives observe
16 mental health month every May to raise awareness and
17 understanding of mental illness and mental health;

18 NOW, THEREFORE, BE IT RESOLVED BY THE HOUSE OF
19 REPRESENTATIVES OF THE STATE OF NEW MEXICO that the governor be
20 requested to proclaim May 2016 "Mental Health Month" in the
21 state of New Mexico; and

22 BE IT FURTHER RESOLVED that residents, government
23 agencies, public and private institutions, businesses and
24 schools throughout New Mexico be requested to recommit their
25 communities to increasing awareness and understanding of mental

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1 health, the steps that residents can take to protect their
2 mental health and the need for appropriate and accessible
3 services for all people living with mental illness; and

4 BE IT FURTHER RESOLVED that a copy of this memorial be
5 transmitted to the governor.

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